

**VALUE ADDED COURSE
REPORTS**

ACADEMIC YEAR

2023-2024



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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VALUE ADDED COURSE

ENTERPRENEURSHIP DEVELOPMENT

REPORT

Date: 13.05.2024 TO 14.05.2024

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 50P

Attendees: IV B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Entrepreneurship Development**” for IV B.Sc. Nursing students from **13th to 14th May 2024** in the **Auditorium, III Floor**. The program aimed to enhance students' understanding of entrepreneurship principles and their application in the healthcare sector. A total of **50 students** participated. Course was coordinated by **Ms. G. Velangini**. The resource person **Mr. K. Dinesh**, an MBA from the HR Department at NMCH, delivered insightful sessions covering key topics such as identifying business opportunities, developing business plans, and marketing strategies specific to healthcare services. Interactive sessions facilitated group discussions and practical exercises, allowing students to apply their theoretical knowledge to real-world scenarios. Feedback was collected from participants to assess the effectiveness of the course, with responses indicating high levels of satisfaction and appreciation for the content and delivery. All students received certificates upon completion, and the event concluded with the National Anthem, marking a successful and enriching experience for everyone involved.

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ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on **Entrepreneurship Development** among participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	12	24	20	40
B	18	36	22	44
C	10	20	6	12
Fail	10	20	0	0
TOTAL	50	100	50	100

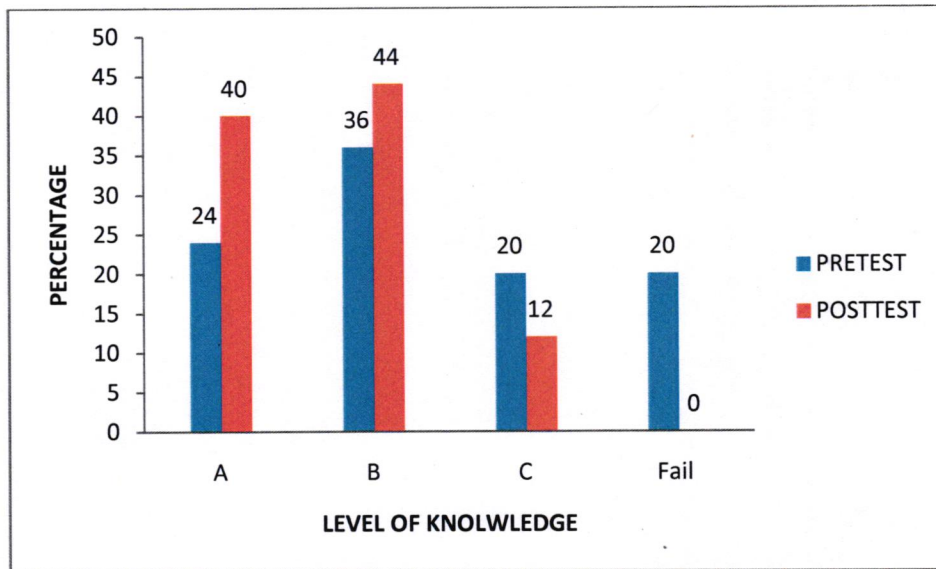


Fig No: 2. Percentage distribution of level of knowledge among participants

Dr. Babu
Principal
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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=50)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	30	58.8
VERYGOOD	15	29.4
GOOD	5	9.8
AVERAGE	1	2
POOR	0	0
TOTAL	50	100

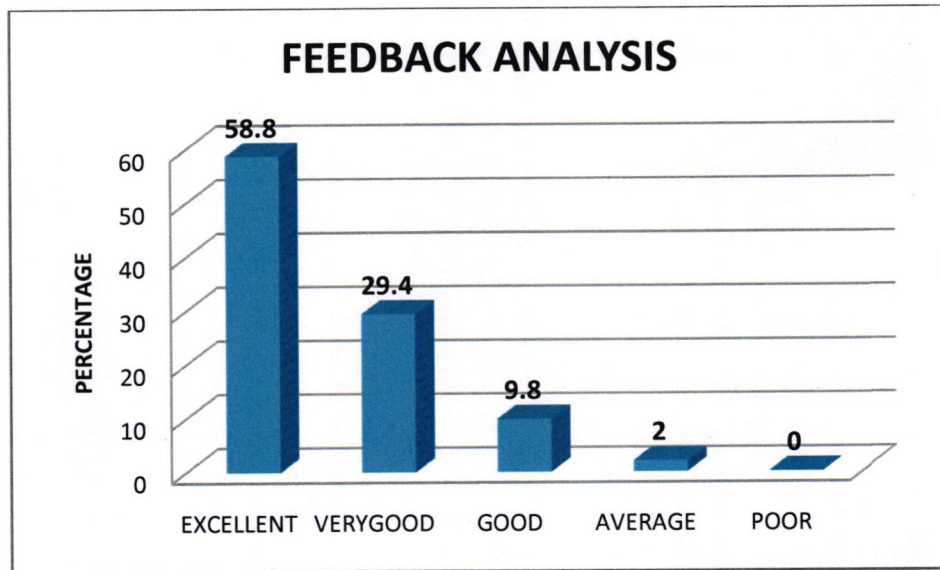


Fig No 3: Percentage distribution of feedback analysis among students

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"Lamp lighting ceremony by dignitaries for the value-added course on May 13, 2024."



"Mr. Dinesh presented a topic on Entrepreneurship development on May 13, 2024."

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VALUE ADDED COURSE ON ENTREPRENEURSHIP DEVELOPMENT

FEEDBACK FORM

Date: 14.05.2024

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Excellent presentation

T. Nissi Moulik
Name of the Participant

T. Nissi
Signature of the Participant

D. B. Anji
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VALUE ADDED COURSE

ENERGY HEALING THERAPY

COURSE CODE: VAC-MHN10

DATE: 29.04.2024 to 30.04.2024

REPORT

Date: 29.04.2024 - 30.04.2024

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 49

Attendees: IV B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Energy Healing Therapy**” for IV B.Sc. Nursing students from 28th to 29th April 2024. The course aimed to enhance the understanding of energy healing techniques and their application in nursing practice, emphasizing the importance of holistic patient care.

The esteemed speaker for the course was Dr. Anand Reddy, Professor of Psychiatry at Narayana Medical College and Hospital. He delivered comprehensive lectures and interactive sessions covering various essential topics, including the significance of energy healing therapy and its role in promoting overall well-being. Students learned about different energy healing techniques and their integration into clinical practice. The course included practical activities and discussions, allowing students to apply their theoretical knowledge to real-world scenarios. Students actively engaged with the content, which heightened their awareness of the importance of energy healing in enhancing patient care.

The program concluded with a feedback session, where students shared their experiences and insights gained from the course. Mrs. Suchithra, Course coordinator delivered a vote of

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thanks, acknowledging the contributions of Dr. Anand Reddy and the enthusiastic participation of the students. The program ended with the National Anthem.

ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on Energy Healing therapy among participants (N=49)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	11	22	28	57
B	16	33	18	37
C	21	43	03	6
Fail	1	2	0	0
TOTAL	49	100	49	100

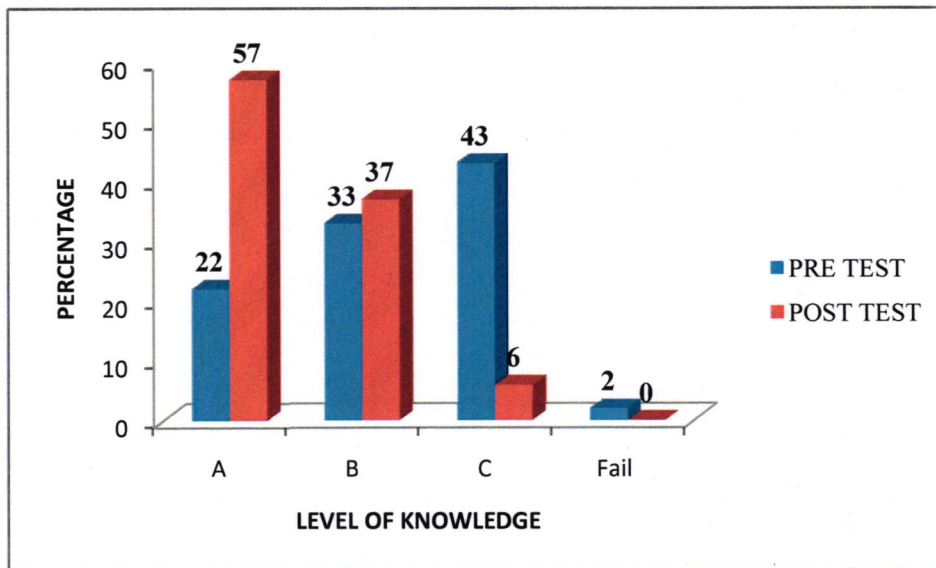


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=49)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	41
VERYGOOD	15	31
GOOD	13	26
AVERAGE	1	2
POOR	0	0
TOTAL	49	100

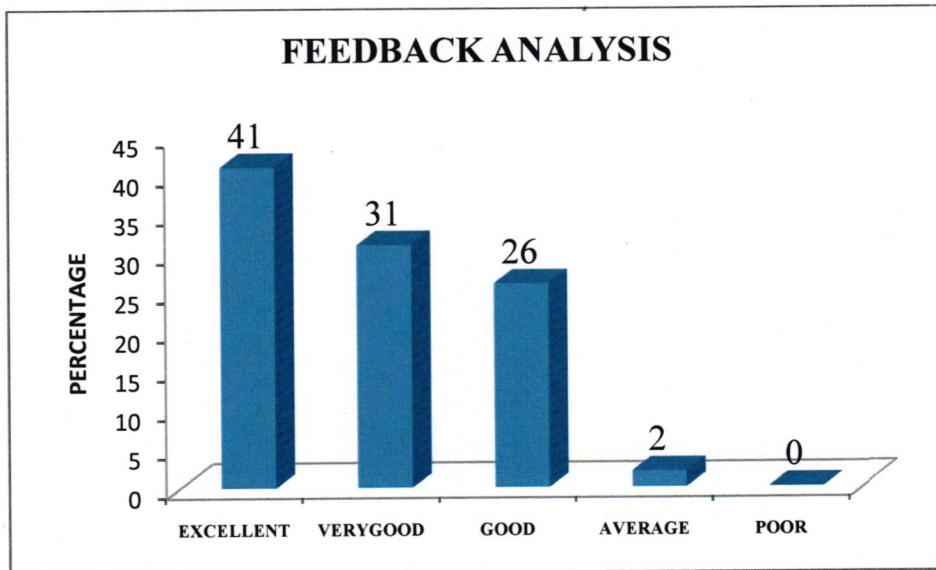


Fig No 3: Percentage distribution of feedback analysis among students

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"Dr. Anand Reddy (Professor department of Psychiatry) interacted with participants in a value-added course on the topic of energy healing therapy on April 29, 2024."

D.V.S. Princy
Principal

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VALUE ADDED COURSE ON ENERGY HEALING THERAPY

FEEDBACK FORM

Date: 30.04.2024

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Excellent presentation

Ateena Shaji
Name of the Participant

Signature of the Participant

Dr. B. Anuraj
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VALUE ADDED COURSE

PEDIATRIC DENTAL CARE

DATE: 12.04.2024 to 13.04.2024

REPORT

Course Title: Pediatric Dental Care

Course Code: VAC-CHN8

Date: 12.04.2024 - 13.04.2024

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 47

Attendees: III B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Pediatric Dental Care**” for III Year B.Sc. Nursing students from 12th to 13th April 2024. The course aimed to enhance the understanding of pediatric dental health, emphasizing the importance of preventive care, assessment, and management of dental issues in children.

The esteemed speakers for the course were **Dr. Sivakumar Nuvvula, Professor of Pediatric and Preventive Dentistry** at Narayana Dental College and Hospital, They delivered comprehensive lectures and interactive sessions covering various essential topics, including: **importance of pediatric dental care**, emphasizing its role in promoting lifelong oral health. Students learned about **dental anatomy and physiology in children**, focusing on the development of primary and permanent teeth. The course included **assessment techniques** for evaluating children's dental health, equipping students with practical skills to identify common dental issues.

Students actively participated in discussions and practical activities, which allowed them to apply theoretical knowledge to real-world scenarios. The course was well-received, with students expressing a heightened awareness of the significance of pediatric dental care. The

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program concluded with a feedback session, where students shared their experiences and insights gained from the course. The course coordinator, **R.T. Girijarani, Assistant Professor**, delivered a vote of thanks, acknowledging the contributions of **Dr. Sivakumar Nuvvula** and the enthusiastic participation of the students. The program wrapped up with the National Anthem.

ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on palliative care among participants (N=51)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	14	29.8	25	53.2
B	19	40.4	17	36.2
C	14	29.8	5	10.6
Fail	0	0	0	0
TOTAL	47	100	47	100

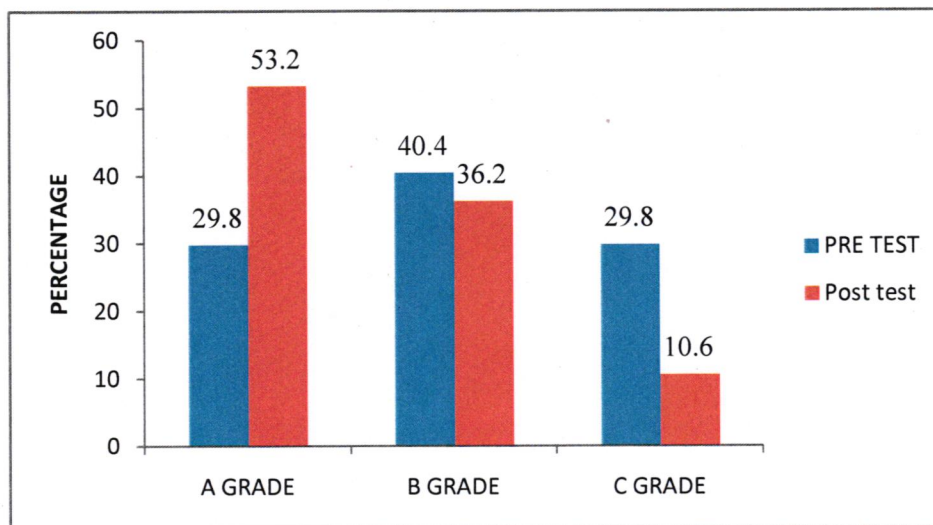


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=47)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	25	53.2
VERYGOOD	15	31.9
GOOD	5	10.6
AVERAGE	2	4.3
POOR	0	0
TOTAL	47	100

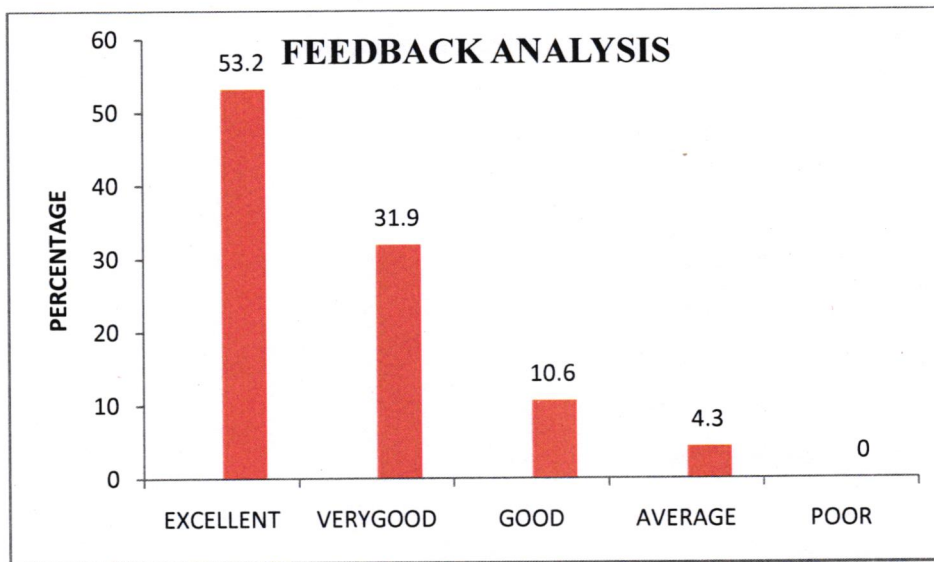


Fig No 3: Percentage distribution of feedback analysis among students

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Participants are actively involving in value added course on 12.04.2024



"Postgraduate dental students presented case scenarios on pediatric dental care on April 13, 2024."

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VALUE ADDED COURSE ON PEDIATRIC DENTAL CARE

FEEDBACK FORM

Date: 13.02.2024


S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				


5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Program organization was in a good manner.

Jeslin
Name of the Participant


Signature of the Participant


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VALUE ADDED COURSE

ECOLOGY HEALTH CARE NURSING

DATE: 12.02.2024 TO 13.2.2024

REPORT

Date: 12.02.2024 - 13.02.2024

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 51

Attendees: III B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Ecology Health Care Nursing**” for III B.Sc. Nursing students from **12th to 13th February 2024** in the **Auditorium, III Floor**. Pretest was conducted prior to the commencement of the program. The course aimed to enhance students' understanding of the interconnections between ecology and health care practices, which are essential for nursing professionals. The course was coordinated by **G. Pavithra**, Associate professor, Department of Community health Nursing. **Dr. C. Jyothi**, Professor in the SPM Department at Narayana Medical College, served as the resource person. Key topics covered included understanding ecology in health care, the ecosystem and patient health, environmental factors affecting health, and sustainable practices in nursing.

Interactive sessions allowed students to engage in group discussions and apply their theoretical knowledge to real-world scenarios, thereby enhancing their competency in providing holistic and sustainable care. The course was well-received, with **51 students** actively participating in discussions and practical activities, enriching their understanding of this critical area of nursing. Upon completion, all students received certificates recognizing their participation. Feedback was collected from all the participants. The event concluded with the National Anthem, marking a successful and informative experience for all involved.

Dr. Bahini
Principal

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ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on palliative care among participants (N=51)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	12	23.5	20	39.2
B	20	39.2	25	49
C	10	19.6	6	11.8
Fail	9	17.6	0	0
TOTAL	51	100	51	100

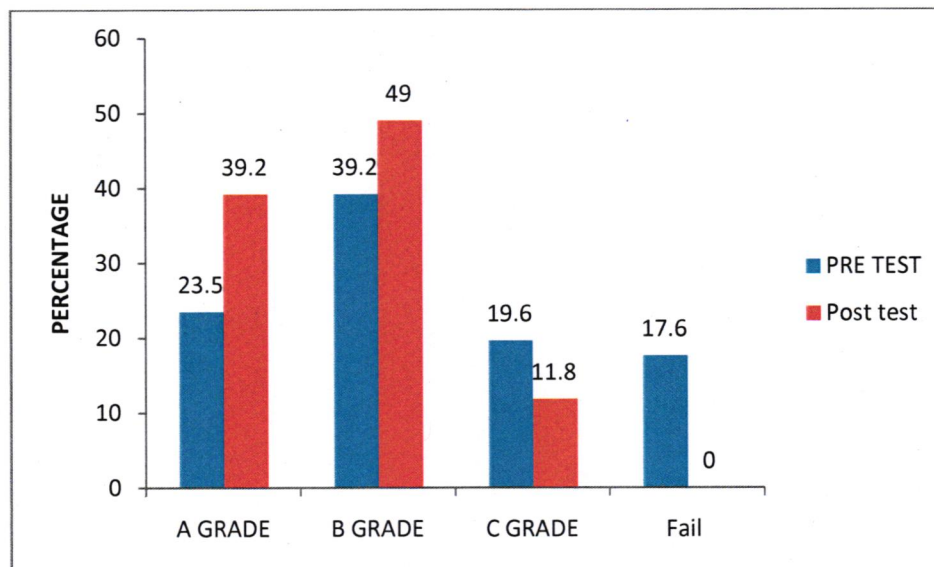


Fig No: 2. Percentage distribution of level of knowledge among participants

Dy. B. Chinn
Principal

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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=51)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	30	58.8
VERYGOOD	15	29.4
GOOD	5	9.8
AVERAGE	1	2.0
POOR	0	0
TOTAL	51	100

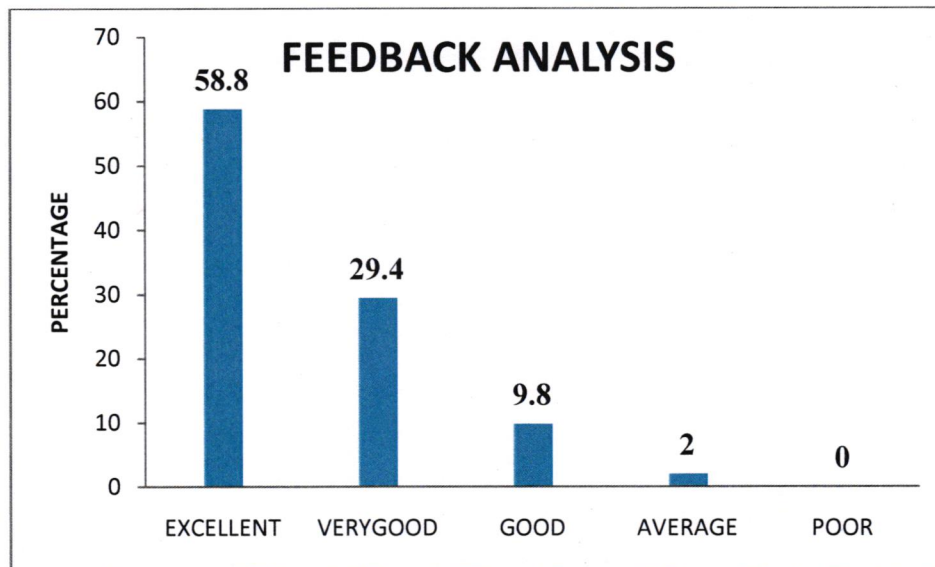


Fig No 3: Percentage distribution of feedback analysis among students

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"Dr. C. Jyothi, professor, presented a topic in ecological health care nursing on February 13, 2024."

Dr. B. Anuj
Principal

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Dr. B. Anuj
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VALUE ADDED COURSE ON ECOLOGY HEALTH CARE NURSING

FEEDBACK FORM

Date: 13.02.2024

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		/			
2	Organization of program		/			
3	Session of the resource persons A) Presentation B) Time management		/			
4	The content is communicated effectively and clearly by speaker	/				
5	Voice audibility	/				
6	The audio-visual aids were effective and creative		/			
7	Group interaction and involvement	/				
8	Learning resource materials are adequate		/			
9	Overall knowledge about the topic	/				
10	Overall opinion on program	/				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good.

Aleena P. Jordan.
Name of the Participant

[Signature]
Signature of the Participant

[Signature]
Principal

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VALUE ADDED COURSE ON DATA ANALYSIS

DATE: 5.01.2024 TO 6.1.2024

REPORT

Date: 05.01.2024 to 06.01.2024

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 14

Attendees: M.Sc. Nursing Students

Narayana College of Nursing successfully conducted a value-added course on "**Data Analysis**" from **January 5 to January 6, 2024**, for a total of **14 M.Sc. Nursing students** (6 from I M.Sc. and 8 from II M.Sc.). The resource person, **Dr. Vina Vaswani, MD**, from **Yenepoya University, Mangalore**, provided essential insights into data analysis techniques relevant to healthcare research. The course covered key topics such as **descriptive statistics, data visualization, and inferential statistics**, enabling students to understand the practical applications of data analysis in nursing. Through interactive discussions and hands-on activities, students were able to apply theoretical concepts to real-world scenarios, enhancing their competency in research and evidence-based practice.

Feedback collected from participants indicated a high level of satisfaction with the course content and delivery. Students appreciated Dr. Vina Vaswani's engaging teaching style and the clarity of her explanations, which made complex concepts more accessible. Many participants highlighted the importance of data analysis skills for their future nursing careers. The course concluded with a **certificate distribution ceremony**, recognizing the efforts and participation of all students. The successful execution of the program was made possible by the coordination of **G. Tejovathi**, ensuring a smooth learning experience. Overall, the course significantly contributed to the professional development of nursing students in the area of data analysis.

Dr. Bodhanj
Principal

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ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on Data Analysis among participants (N=14)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	3	21.4	10	71.4
B	4	28.6	3	21.4
C	7	50.0	1	7.1
TOTAL	14	100	14	100

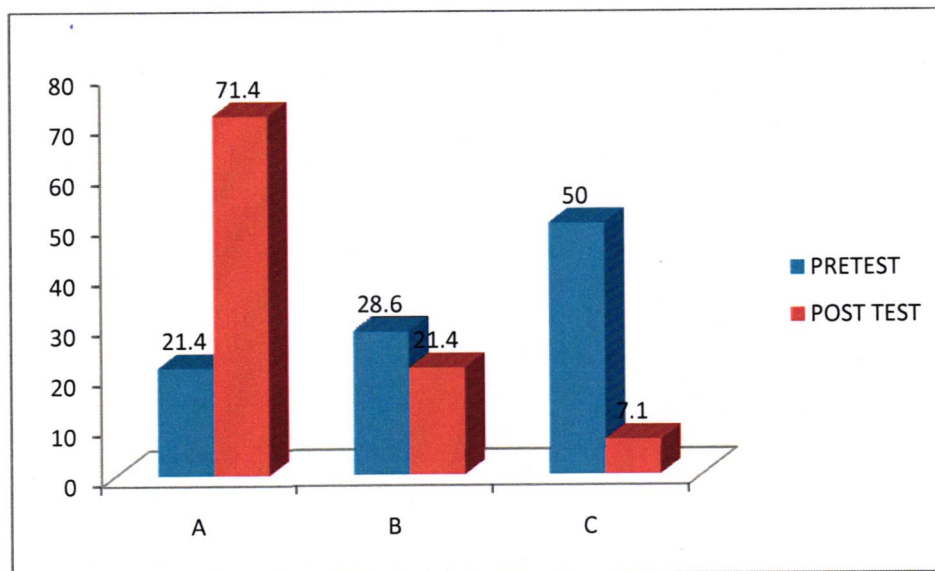


Fig No: 2. Percentage distribution of level of knowledge among participants

Dr. B. B. B. B.
Principal

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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=14)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	6	42.9
VERYGOOD	5	35.7
GOOD	2	14.3
AVERAGE	1	7.1
POOR	0	0
TOTAL	14	100

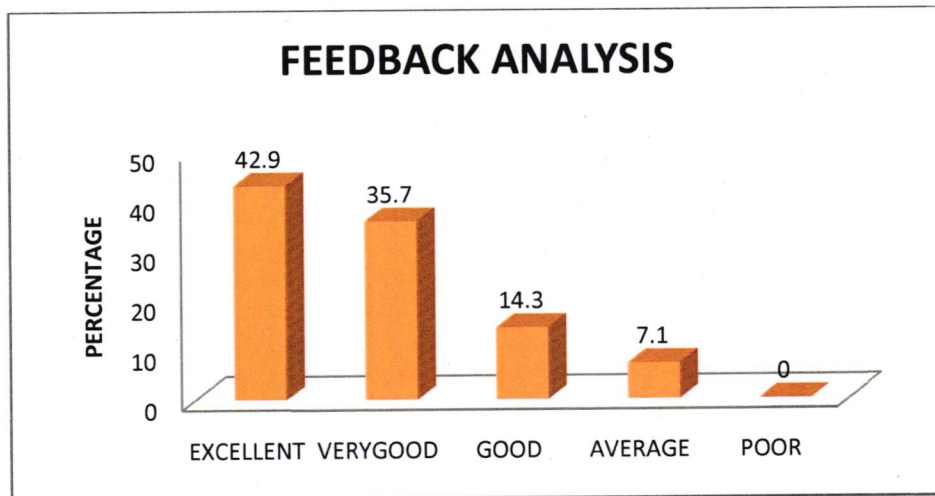


Fig No 3: Percentage distribution of feedback analysis among students

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Dr"Vina Vaswani receiving a token of love from the Principal after her presentation in the value-added course."

Dr. B. Anji
Principal

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Dr. B. Anji
Principal

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VALUE ADDED COURSE ON DATA ANALYSIS

FEEDBACK FORM

Date: 06.01.2024

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

nice presentation.

K. Perathi
Name of the Participant

K. Perathi
Signature of the Participant

D. B. Anuj
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**VALUE ADDED COURSE
PATIENT SAFETY (VAC-COHN9)
DATE: 08.12.2023 to 09.12.2023
REPORT**

Date: 08.12.2023 to 09.12.2023

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 47

Attendees: PB B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Patient Safety**” for PB B.Sc. Nursing students from **8th to 9th December 2023**. The course aimed to enhance the understanding of patient safety principles and practices essential for nursing professionals. The resource person, **Mr. Haftom Ghiwot, Lecturer, College of Health Sciences School of Nursing, Mekelle University, Ethiopia**, focused on vital topics including the importance of patient safety in healthcare, common risks and safety issues in clinical practice, safety protocols and best practices, effective communication strategies, and analyzing and preventing medication errors.

Students engaged in interactive sessions that allowed them to apply theoretical knowledge to real-world scenarios, thereby enhancing their competency in ensuring patient safety. The course was well-received, with students actively participating in discussions and practical activities, enriching their understanding of this critical area of nursing. A total of **47 students** successfully completed the course and received certificates upon completion. The course was coordinated by **Mrs. G. Pavithra**, who facilitated a smooth learning experience. The program concluded with a vote of thanks. The program culminated with the National Anthem.

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ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on Patient safety among participants (N=47)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	21.3	25	53.2
B	15	31.9	15	31.9
C	22	46.8	7	14.9
Fail	0	0	0	0
TOTAL	47	100	47	100

Fig No: 2. Percentage distribution of level of knowledge among participants

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	24	51
VERYGOOD	14	29.8
GOOD	6	12.8
AVERAGE	3	6.4
POOR	0	0
TOTAL	47	100

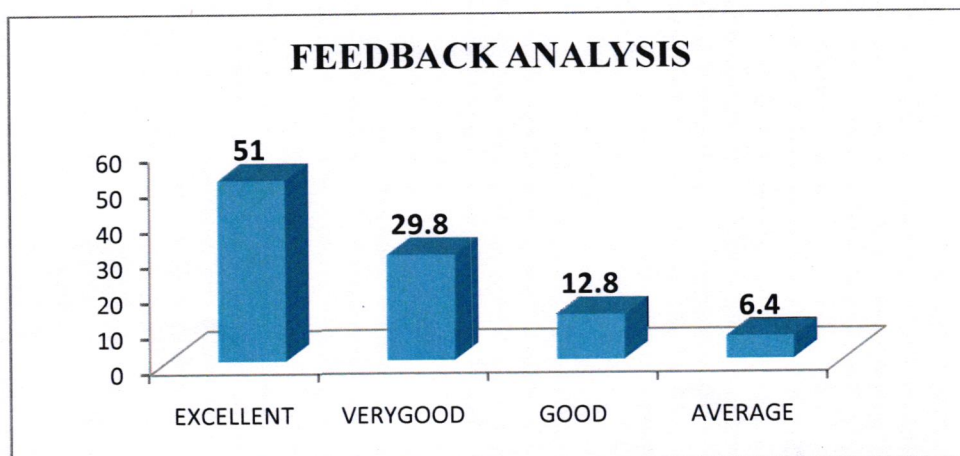


Fig No 3: Percentage distribution of feedback analysis among students

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Participants are actively engaging in the Real life scenarios in patient safety on
09.12.2024

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Dr. B. Anji
Principal

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VALUE ADDED COURSE PATIENT SAFETY FEEDBACK FORM

Date: 09.12.2023

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	/				
2	Organization of program	/				
3	Session of the resource persons A) Presentation B) Time management	/				
4	The content is communicated effectively and clearly by speaker		/			
5	Voice audibility		/			
6	The audio-visual aids were effective and creative	/				
7	Group interaction and involvement	/				
8	Learning resource materials are adequate		/			
9	Overall knowledge about the topic	/				
10	Overall opinion on program		/			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

excellent explanation

P. Ranya
Name of the Participant

[Signature]
Signature of the Participant

Dr. Badami
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VALUE ADDED COURSE

MODERN TECHNOLOGY IN NURSING (VAC-CHN7)

DATE: 16.10.2023 to 17.10.2023

REPORT

Course Title: Modern Technology in Nursing

Date: 16th – 17 th October 2023

Venue: Classroom, II Floor

Number of Students Enrolled: 50

Attendees: III Semester B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course titled "**Modern Technology in Nursing**" on the 16th and 17th of October 2023. The course, coordinated by Mrs.R.T Girija Rani, Assistant Professor, aimed to enhance the competencies of III Semester B.Sc. Nursing students regarding the application of modern technologies in nursing practice. **Mrs.T.Usha kiran, Principal, Rampurhat Nursing Institution** served as the resource person, sharing her expertise on integrating technology into nursing. The course Key topics included telehealth, Electronic Health Records (EHR), innovations in patient monitoring, and ethical considerations in healthcare technology.

All 50 enrolled students actively participated in the sessions, demonstrating their commitment to learning and applying technological tools in nursing. Upon successful completion, participants received certificates recognizing their achievements. Overall, the course was a resounding success, significantly enhancing students' understanding of the crucial role technology plays in nursing. The program concluded with a vote of thanks by Mrs.R.T Girija Rani to Mrs.T.Usha kiran for her valuable contributions, followed by the National Anthem, marking the end of a rewarding learning experience.

Dr. B. S. Srinivas
Principal

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ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on Modern technology in Nursing among participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	14	28	33	66
B	14	28	13	26
C	11	22	4	8
Fail	11	22	0	0
TOTAL	50	100	50	100

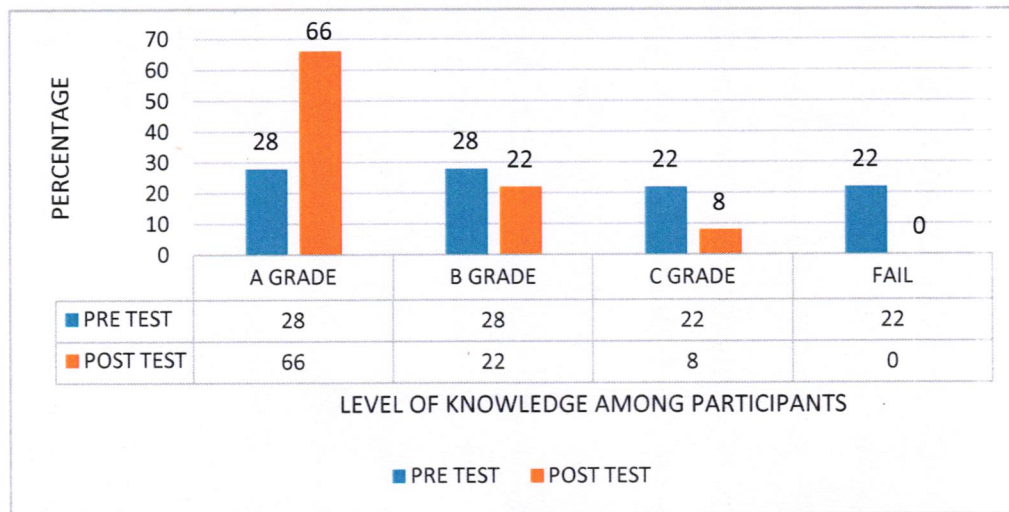


Fig No:2: Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=50)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	30	60
VERYGOOD	15	30
GOOD	5	10
AVERAGE	0	0
POOR	0	0
TOTAL	50	100

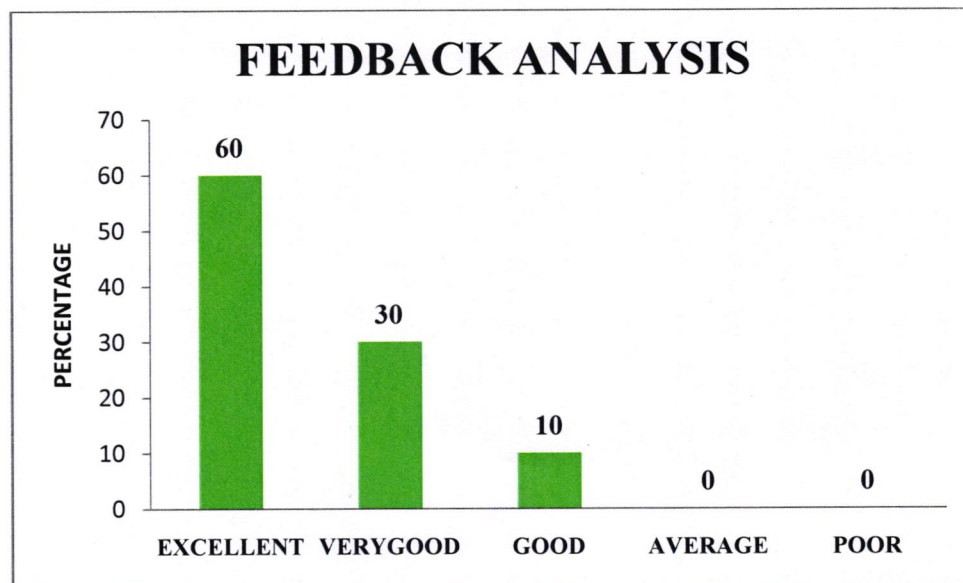


Fig No 3: Percentage distribution of feedback analysis among students

D. B. Srinivas
Principal



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Professor C.Ushakiran presented topic on Modern technology in Nursing on 17.10.2023

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VALUE ADDED COURSE ON MODERN TECHNOLOGY IN NURSING FEEDBACK FORM

Date: 17.10.2023

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good Explanation.

J. Ranya
Name of the Participant

J. Ranya
Signature of the Participant

Dr. Reddy
Principal
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VALUE ADDED COURSE

PALLIATIVE CARE

DATE: 22.09.2023 to 23.09.2023

REPORT

Venue: Classroom, II Floor

Number of Students Enrolled: 49

Attendees: III Semester B.Sc. Nursing Students

Narayana College of Nursing organized a value added course on “**Palliative Care**” for III Semester B.Sc. Nursing students from **22nd to 23rd September 2023**. The course aimed to enhance the understanding of palliative care principles and practices essential for nursing professionals. The esteemed speaker, **Mrs. V. Prathima, Associate Professor from Dr. Mallela Ramaiah College of Nursing**, focused on vital topics, including: Fundamentals of palliative care, Pain management and symptom control, Communication skills with patients and families, Ethical and legal considerations in palliative care. Students engaged in interactive sessions it allowing them to apply theoretical knowledge to real-world scenarios, thereby enhancing their competency in providing holistic palliative care.

The course was well-received, with students actively participating in discussions and practical activities, enriching their understanding of this critical area of nursing. A total of **49 students** successfully completed the course and received certificates upon completion. The course concluded with a vote of thanks delivered by Mrs. N.Subhashini, Associate professor, acknowledging the contributions of Mrs. V. Prathima and the enthusiastic participation of the students. The program concluded with the National Anthem.

Dr. Botam
Principal

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ANALYSIS: Table 1: frequency and percentage distribution of level of knowledge on palliative care among participants (N=49)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	11	22.4	38	77.5
B	14	28.6	11	22.5
C	24	49.0	NIL	NIL
TOTAL	49	100	49	100

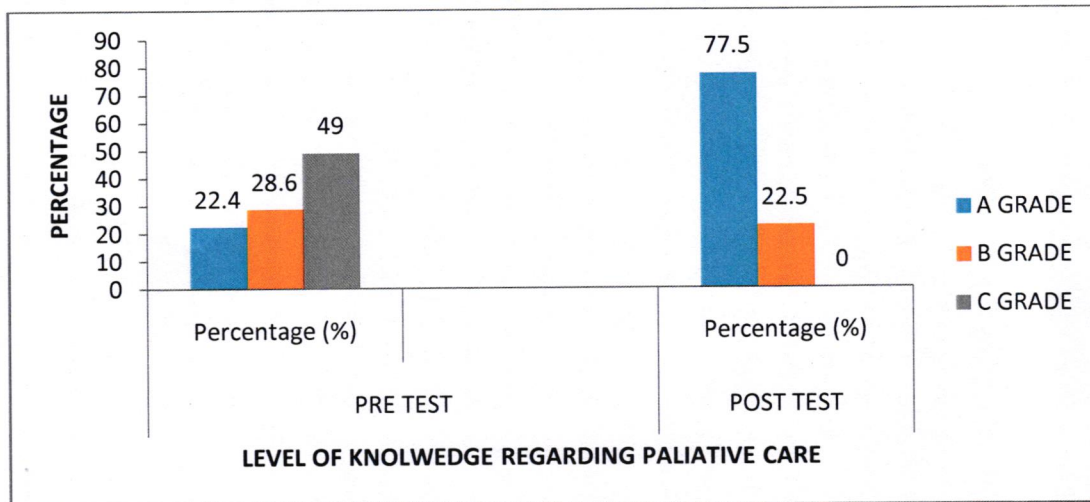


Fig No: 2. Percentage distribution of level of knowledge among participants

FEEDBACK ANALYSIS

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=49)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	25	51
VERYGOOD	15	30.6
GOOD	7	14.3
AVERAGE	2	4.1
POOR	0	0
TOTAL	49	100

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Principal

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website: <https://www.narayanannursingcollege.com>

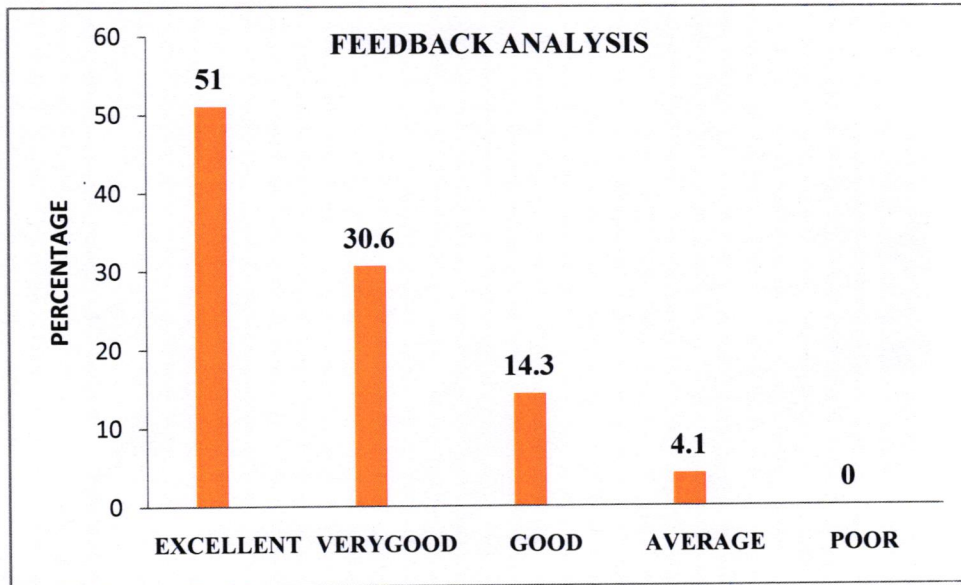


Fig No 3: Percentage distribution of feedback analysis among students



"Assoc. Professor V. Prathima presented a topic on Palliative care on September 22, 2023."

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Dr. B. Anji
Principal

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VALUE ADDED COURSE ON PALLIATIVE CARE FEEDBACK FORM

Date: 23.09.2023

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very nice presentation.

A. Mounika

Name of the Participant

A. Mounika

Signature of the Participant

Dr. B. Anji
Principal

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VALUE ADDED COURSE

CONSERVATIONAL COMPETENCE

DATE: 08.08.2023 to 09.08.2023

REPORT

Date: 08.08.2023 to 09.08.2023

Venue: Auditorium, III Floor

Number of Students Enrolled: 85

Attendees: I Semester B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Conservational Competence**” for I Semester B.Sc. Nursing students from **8th to 9 th August 2023**. The course aimed to enhance the students' understanding of conservation principles and practices essential for nursing professionals. The resource person, **Dr. S. Ramesh**, Principal of Indira Gandhi School and College of Nursing, Uttar Pradesh, delivered insightful lectures covering key topics such as the importance of conservation in healthcare, common environmental challenges, sustainable practices in nursing, and effective communication strategies for promoting conservation.

The interactive sessions encouraged students to engage actively, applying their theoretical knowledge to real-world scenarios, which significantly enhanced their competency in implementing conservation practices within their future nursing careers. The course was well-received, with students enthusiastically participating in discussions and practical activities, thereby deepening their understanding of this critical area in nursing. A total of 85 students successfully completed the course and received certificates in recognition of their participation. The course was coordinated by **Ms. G. Velangini**, who ensured a smooth and productive learning experience throughout the program. The event concluded with a vote of thanks and was

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followed by the National Anthem, marking a successful and informative experience for all involved.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Conservational Competence among Participants (N=85)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	25	29.4	50	58.8
B	20	23.5	25	29.4
C	38	44.7	10	11.8
Fail	2	2.4	0	0
TOTAL	85	100	85	100

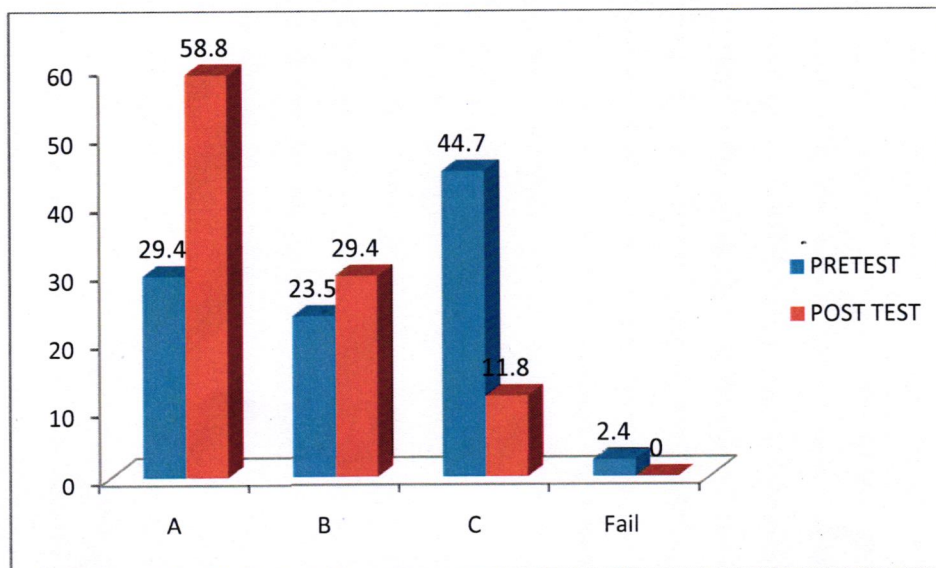


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	42	49.4
VERYGOOD	25	29.4
GOOD	12	14.1
AVERAGE	6	7.1
POOR	0	0
TOTAL	85	100

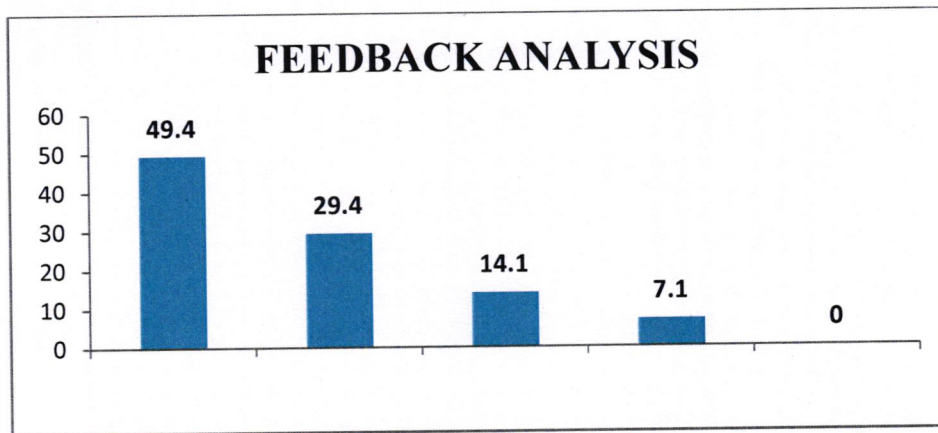


Fig No 3: Percentage distribution of feedback analysis among students



Participants in the conservation competence program are actively engaging in interactive sessions."

Dr. B. R. Anji
Principal

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Dr. B. R. Anji
Principal

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VALUE ADDED COURSE

CONSERVATIONAL COMPETENCE

FEEDBACK FORM

Date: 09.08.2023

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good

B. MANASA
Name of the Participant

B. Manasa
Signature of the Participant

Dr. B. Manasa
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ACADEMIC YEAR

2022-2023



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VALUE ADDED COURSE

MINDFULNESS AND SELF-CARE"(VAC-MHN9)

APRIL 17, 2023 TO APRIL 18, 2023

REPORT

Date: 17.04.2023 to 18.04.2023

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 100

Attendees: I Semester B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “Mindfulness and Self-Care” for I Semester B.Sc. Nursing students from 17th to 18th April 2023. The course aimed to enhance students' understanding of mindfulness techniques and self-care practices, essential for their personal and professional well-being. The resource person, Mrs. N. Anjanidevi, Associate Professor at Rama College of Nursing, UP, delivered engaging lectures covering key topics such as the principles of mindfulness, stress management techniques, and the importance of self-care in nursing practice.

Interactive sessions encouraged students to actively participate, allowing them to apply mindfulness strategies to real-life scenarios, which significantly enhanced their personal coping skills. A total of 100 students successfully completed the course and received certificates in recognition of their participation. The course was coordinated by S. Suchithra, who ensured a smooth and enriching learning experience throughout the program. The event concluded with a vote of thanks, marking a successful and informative experience for all involved.

Dr. Suchithra
Principal

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on **Mindfulness And Self Care** among Participants (N=100)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	25	25	60	60
B	35	35	30	30
C	30	30	10	10
Fail	10	10	0	0
TOTAL	100	100	100	100

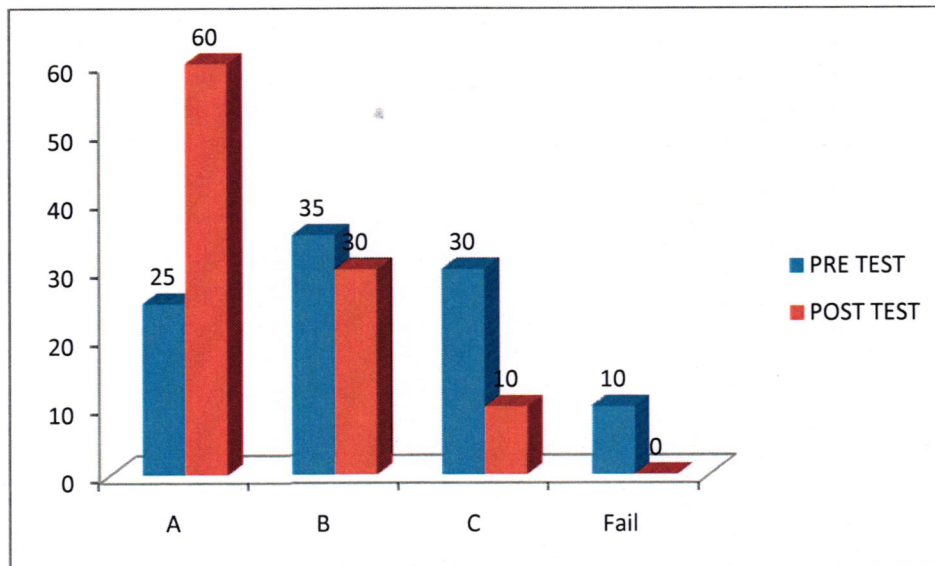


Fig no 2: Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	70	70
VERYGOOD	20	20
GOOD	8	8
AVERAGE	2	2
POOR	0	0
TOTAL	100	100

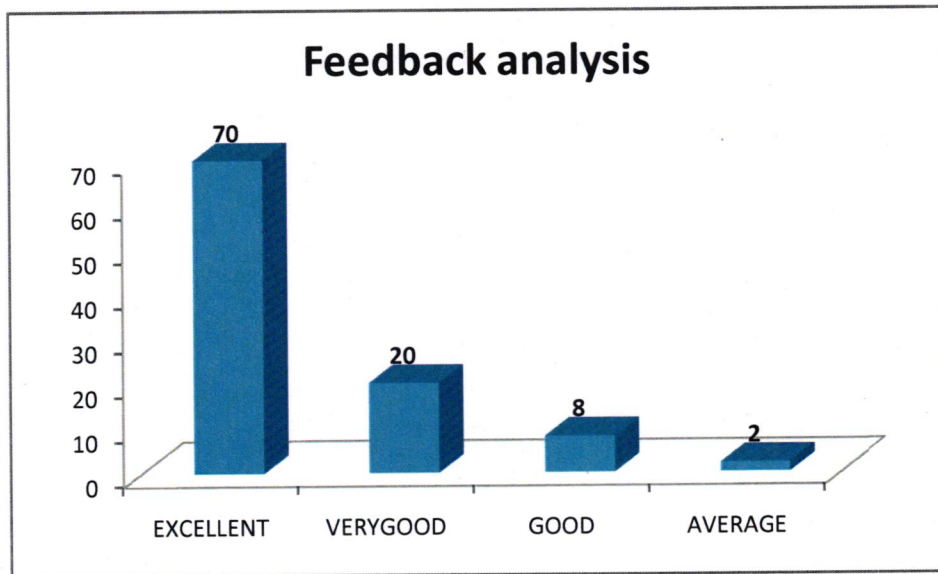


Fig no 2: Percentage distribution of feedback analysis among participants

Dr. B. S. S. S.
Principal

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Mrs. N. Anjanidevi Presented Topic on Mindfulness and Self Care On 18.04.2023

A. Indu

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D. B. Anand
Principal

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VALUE ADDED COURSE
MINDFULNESS AND SELF CARE (VAC-MHN9)
FEEDBACK FORM

Date: 18.04.2023


S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons C) Presentation D) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative			✓		
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

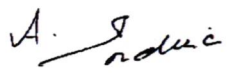
5- Excellent 4- Very Good 3- Good 2- Average 1-Poor


Suggestions if any

Excellent

Dona Saji
Name of the Participant


Signature of the Participant


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VALUE ADDED COURSE

DISASTER AND EMERGENCY MANAGEMENT

JANUARY 23, 2023 TO JANUARY 24, 2023

REPORT

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 82

Attendees: III B.Sc. Nursing Students

Narayana College of Nursing organized a two-day course on "**Disaster and Emergency Management**" aimed at equipping III B.Sc. Nursing students with essential skills and knowledge for effective disaster response. This course is crucial for future nursing professionals, preparing them to handle emergencies with competence and confidence in real-world situations. The program covered a range of key topics, including the fundamentals of disaster management, types of disasters (both natural and man-made), and the importance of emergency preparedness. Students learned about the roles and responsibilities of healthcare professionals during emergencies, communication strategies in disaster situations, and engaged with case studies and practical exercises to reinforce their learning.

The course structure included lectures, interactive discussions, and hands-on exercises that encouraged active participation among students. **Dr. C. Jyothi delivered insightful presentations**, using real-life scenarios to illustrate the complexities of disaster management and the critical thinking required in emergency situations. All 82 enrolled students successfully completed the course, gaining valuable insights into disaster preparedness and emergency response. Their participation enhanced their understanding of the critical roles they may play in managing crises and supporting affected populations, underscoring the significance of this training for their future careers. The course concluded with a vote of thanks, highlighting the importance of continued education in disaster management for nursing professionals.

D. B. Reddy
Principal

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on **Disaster and emergency management** among Participants (N=82)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	15	18.3	45	54.9
B	30	36.6	30	36.6
C	30	36.6	7	8.5
Fail	7	8.5	0	0
TOTAL	82	100	82	100

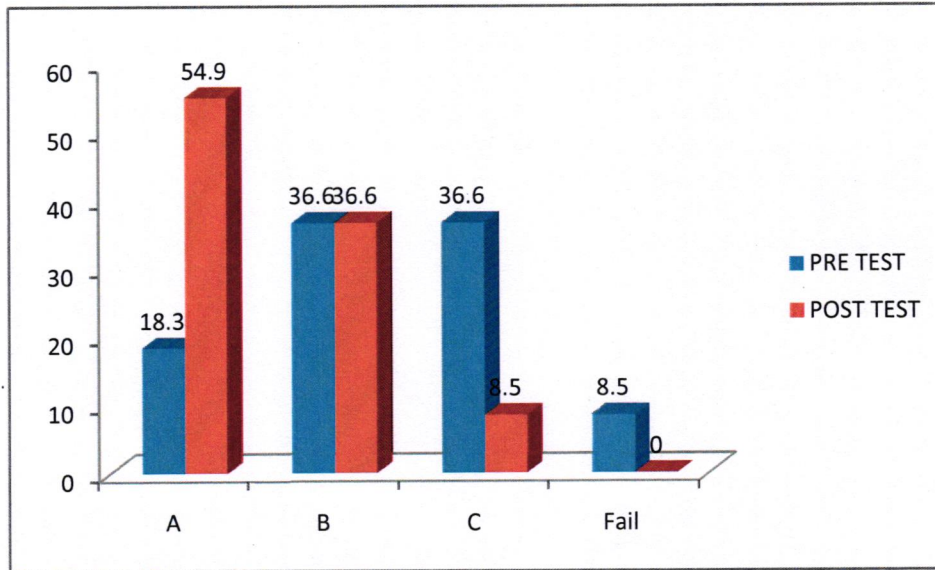


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	40	48.8
VERYGOOD	30	36.6
GOOD	10	12.2
AVERAGE	2	2.4
POOR	0	0
TOTAL	82	100

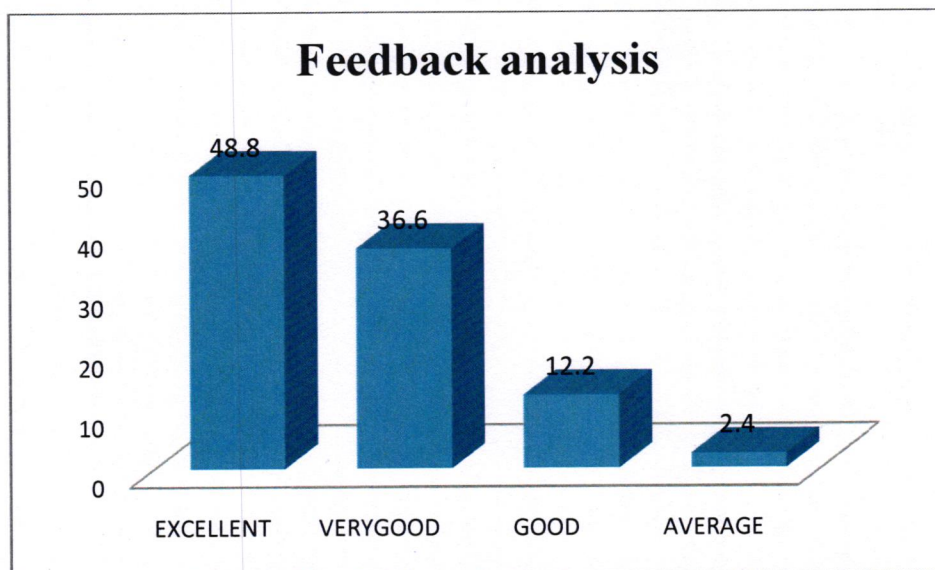


Fig No: 3. Percentage distribution of feedback analysis among participants

Dr. B. S. Srinivas
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Dr.C.Jyothi Professor presented topic in Disaster and emergency management on 24.01.2023

A. Jyothi

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DY.B. Anuj
Principal

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VALUE ADDED COURSE

DISASTER AND EMERGENCY MANAGEMENT

FEEDBACK FORM

Date: 24.01.20223

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate			✓		
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

ELSA REJI
Name of the Participant

ELSA
Signature of the Participant

A. Indu

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Dr. B. Anny
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VALUE ADDED COURSE ON NUTRITION AND WELLNESS IN PREGNANCY (2022-2023)

DATE: 14.11.2022 TO 15.11.2022

REPORT

Date: 14.11.2022 to 15.11.2022

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 47

Attendees: III B.Sc. Nursing Students and I P.B.B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Nutrition and Wellness in Pregnancy**” for III B.Sc. and I P.B.B.Sc. Nursing students from 14th to 15th November 2022. The course aimed to enhance students' understanding of the nutritional needs and wellness strategies during pregnancy, which are crucial for nursing professionals. The resource person, Mrs. M. **Padmaja Madan**, who holds an M.Sc. in Dietetics and Food Service Management, delivered insightful lectures on key topics such as the importance of nutrition during pregnancy, common nutritional deficiencies, dietary guidelines, and wellness practices to support maternal and fetal health.

The course featured interactive sessions that encouraged students to engage actively, allowing them to apply theoretical knowledge to practical scenarios. This approach significantly enhanced their competency in providing nutritional advice and support to pregnant women. A total of 47 students successfully completed the course and received certificates upon completion. The course was coordinated by Ms. S. **Elizabeth Jasmine**, who facilitated a smooth learning experience throughout the program. The event concluded with a vote of thanks and the National Anthem, marking a successful and informative experience for all involved.

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on **Surgical standards and safety** among Participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	21.3	28	59.6
B	15	31.9	15	31.9
C	20	42.6	4	8.5
Fail	2	4.3	0	0
TOTAL	47	100	47	100

FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	22	46.8
VERYGOOD	15	31.9
GOOD	8	17
AVERAGE	2	4.3
POOR	0	0
TOTAL	47	100

Dr. B. S. S. S.
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Mrs.Padmaja madan presented topic in nutrition and wellness in pregnancy on 15.11.2022

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Dr. B. Anny
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VALUE ADDED COURSE

NUTRITION AND WELLNESS IN PREGNANCY

FEEDBACK FORM

Date: 15.11.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker			✓		
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any _____

Anisha Awil
Name of the Participant

Anisha
Signature of the Participant

A. Indira
Principal
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Dr. Bahini
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VALUE-ADDED COURSE

WOMEN'S HEALTH ADVOCACY (VAC-MHN8)

DATE:10.10.2022 TO 11.10.2022

REPORT

Date: 10.10.2022 to 11.10.2022

Venue: Classroom, II Floor

Number of Students Enrolled: 51

Attendees: IV B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Women’s Health Advocacy**” for IV B.Sc. Nursing students from 10th to 11th October 2022. The course aimed to enhance the understanding of women’s health issues and advocacy strategies crucial for nursing professionals. The resource person, **Ms. Jyothirmai, a civil lawyer**, delivered comprehensive lectures focusing on key topics such as women’s rights in healthcare, the importance of advocacy in nursing, legal aspects of women’s health, and community health initiatives.

The course featured interactive sessions that encouraged students to engage actively, facilitating discussions on real-world applications of advocacy in women’s health. The program was well-received, with students participating enthusiastically in discussions and activities, enriching their knowledge of this vital area in nursing. A total of 51 students successfully completed the course and received certificates of participation. The course was **coordinated by Ms. S. Suchithra**, who ensured a smooth and effective learning experience. The event concluded with a vote of thanks and was followed by the National Anthem, marking a successful and informative experience for all involved.

D. R. S. S.
Principal

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on **Surgical standards and safety** among Participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	12	23.5	30	58.8
B	18	35.3	15	29.4
C	20	39.2	6	11.8
Fail	1	2	0	0
TOTAL	51	100	51	100

FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	25	50
VERYGOOD	15	30
GOOD	8	16
AVERAGE	1	4
POOR	0	0
TOTAL	51	100

Dr. B. Anurag
Principal
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Mrs.Jyothirmai (Civil lawyer) presented topic on “Women’s health advocacy “on
11.10.2022

A. Indira

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DY Babu
Principal
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VALUE ADDED COURSE

WOMEN'S HEALTH ADVOCACY

FEEDBACK FORM

Date: 11.10.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker			✓		
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate			✓		
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good

Gracy Joseph
Name of the Participant

Gracy
Signature of the Participant

Dr. B. Anurag
Principal
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VALUE ADDED COURSE

SURGICAL STANDARDS AND SAFETY (VAC-MSN9)

REPORT

Date: 15.09.2022 to 16.09.2022

Venue: Classroom, I Floor

Number of Students Enrolled: 50

Attendees: IV B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “Surgical Standards and Safety” for IV B.Sc. Nursing students from 15th to 16th September 2022. The course aimed to enhance the students' understanding of surgical standards, safety protocols, and best practices essential for nursing professionals. The resource person, **P. Vijayeswari**, Professor at the Government College of Nursing, delivered comprehensive lectures covering critical topics such as surgical safety measures, infection control practices, risk management in surgical settings, and the role of nurses in ensuring patient safety during surgical procedures.

Interactive sessions encouraged students to engage actively, applying their theoretical knowledge to real-world scenarios. This significantly enhanced their competency in maintaining high standards of safety in surgical environments. The course was well-received, with enthusiastic participation from all students in discussions and practical activities. A total of 50 students successfully completed the course and received certificates in recognition of their participation. The course was coordinated by **N. S. Subhashini**, Associate Professor, who ensured a smooth and productive learning experience throughout the program. The event concluded with a vote of thanks and was followed by the National Anthem, marking a successful and informative experience for all involved.

DVB Chinnai
Principal

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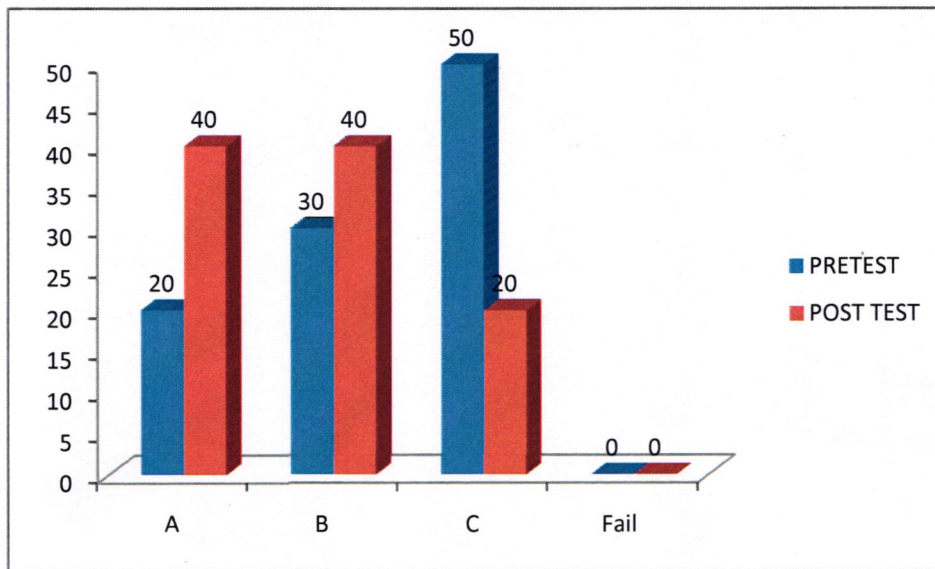
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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on **Surgical standards and safety** among Participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	20	20	40
B	15	30	20	40
C	25	50	10	20
Fail	0	0	0	0
TOTAL	50	100	50	100



No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	40
VERYGOOD	15	30
GOOD	10	20
AVERAGE	5	10
POOR	0	0
TOTAL	50	100

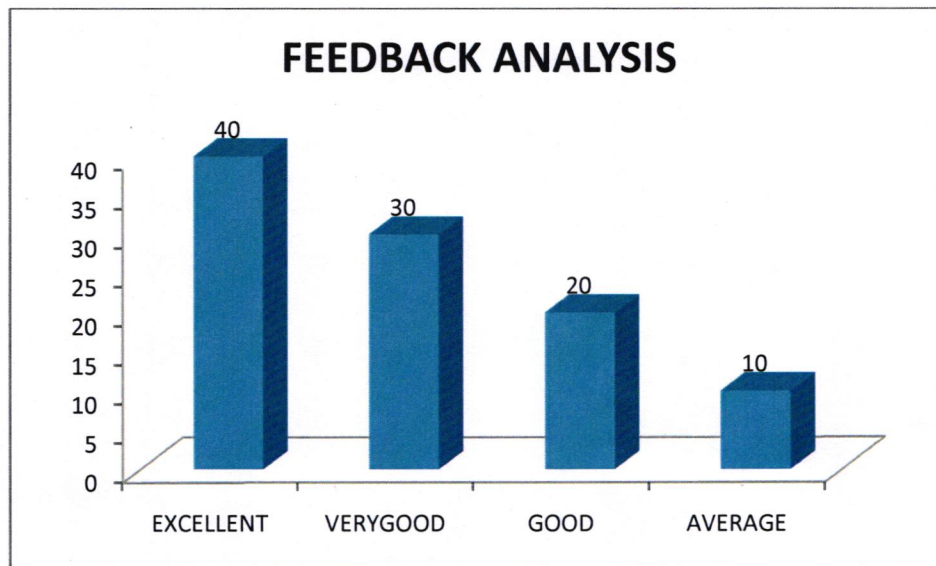


Fig No 3: Percentage distribution of feedback analysis among students

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P. Vijayeswari presented a topic on surgical standards and safety on September 15, 2022."



"Participants are actively engaging in discussions with the resource person for the value-added course on September 15, 2022."

Dr. B. Chinnay
Principal

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A. J. Reddy

Principal
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VALUE ADDED COURSE

SURGICAL STANDARDS AND SAFETY

FEEDBACK FORM

Date: 16.09.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	/				
2	Organization of program	/				
3	Session of the resource persons A) Presentation B) Time management	/				
4	The content is communicated effectively and clearly by speaker		/			
5	Voice audibility	/				
6	The audio-visual aids were effective and creative		/			
7	Group interaction and involvement	/				
8	Learning resource materials are adequate		/			
9	Overall knowledge about the topic	/				
10	Overall opinion on program	/				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

excellent presentation, It was useful
in our career

Akhila baby
Name of the Participant

Akhila
Signature of the Participant

A. Indira
Principal
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Dr. B. Srinivas
Principal
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VALUE ADDED COURSE

BIO ETHICS IN PATIENT CARE

REPORT

Date: 08.08.2022 to 09.08.2022

Venue: Smart classroom, II Floor

Number of Students Enrolled: 48

Attendees: II B.Sc. Nursing Students

Narayana College of Nursing conducted a value-added course on “Bioethics in Patient Care” from August 8 to August 9, 2022. This course aimed to deepen the understanding of ethical principles and considerations in the nursing profession, which are essential for providing compassionate and responsible patient care. The resource person for the course, Dr. M. Chitra Kavitha, Principal, Sardar Patel College of Nursing, delivered engaging lectures that focused on critical topics including ethical dilemmas in clinical practice, the role of informed consent, patient autonomy, and the importance of cultural sensitivity in healthcare. Dr. Raghuveer’s extensive experience and knowledge in bioethics provided valuable insights that enriched the learning experience for the students.

The interactive sessions facilitated discussions that encouraged students to reflect on real-life ethical scenarios and apply their theoretical knowledge to practical situations. This approach significantly enhanced their competency in navigating complex ethical issues they may encounter in their nursing careers. A total of **48 students** successfully completed the course and were awarded certificates in recognition of their participation. The course was coordinated by **Prof. V. Shanmugavadivu**, who ensured a well-organized and impactful learning environment. The program concluded with a vote of thanks, expressing gratitude to all participants and contributors, and was followed by the National Anthem, marking a successful and enlightening experience for everyone involved.

Dr. B. Shanmugavadivu
Principal

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Bioethics in patient care among Participants (N=48)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	12	25	20	41.7
B	18	37.5	15	31.3
C	16	33.3	10	20.8
Fail	2	4.2	0	0
TOTAL	48	100	48	100

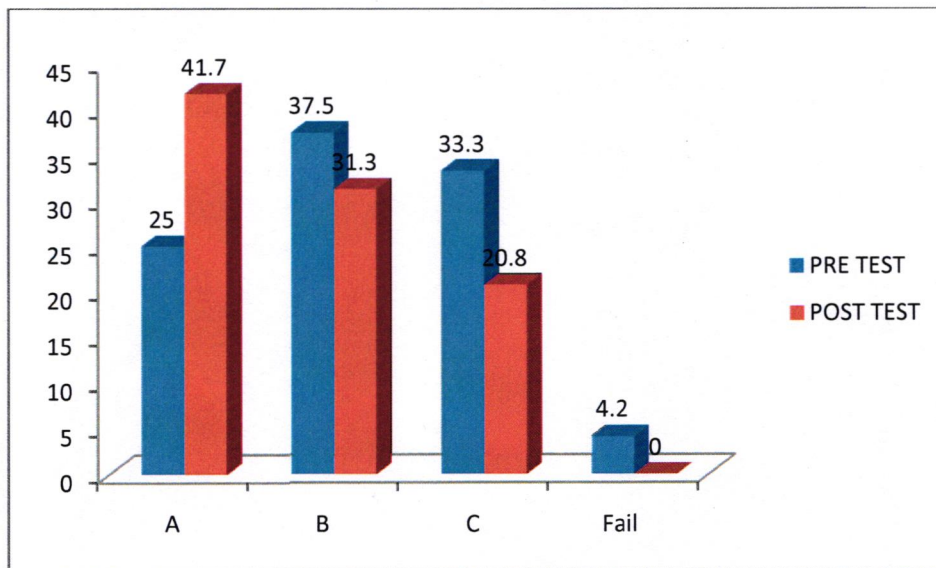


Fig No: 2. Percentage distribution of level of knowledge among participants

Dr. R. Chinnji
Principal

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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	41.7
VERYGOOD	15	31.3
GOOD	10	20.8
AVERAGE	3	6.3
POOR	0	0
TOTAL	48	100

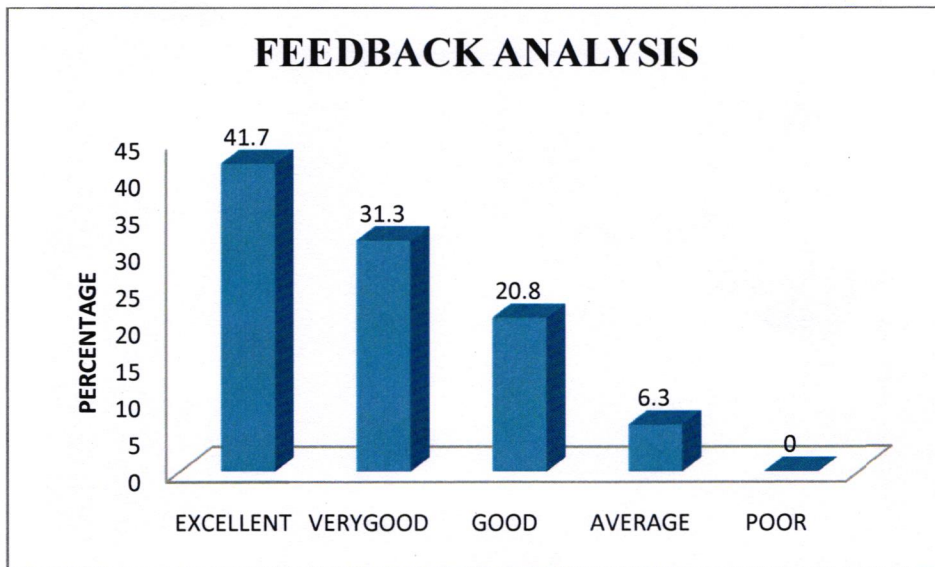


Fig No 3: Percentage distribution of feedback analysis among students

DV Babu
Principal
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Dr. M. Chitra Kavitha, presented topic In Value Added Course in Bioethics in Patient Care on 16.09.2023

A. Indira

Principal

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Dr. B. Anjali

Principal

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VALUE ADDED COURSE

BIO ETHICS IN PATIENT CARE

FEEDBACK FORM

Date: 09.08.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	/				
2	Organization of program	/				
3	Session of the resource persons A) Presentation B) Time management		/			
4	The content is communicated effectively and clearly by speaker		/			
5	Voice audibility		/			
6	The audio-visual aids were effective and creative	/				
7	Group interaction and involvement	/				
8	Learning resource materials are adequate		/			
9	Overall knowledge about the topic		/			
10	Overall opinion on program	/				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

good

N. Srikanthu
Name of the Participant

N. Srikanthu
Signature of the Participant

Dr. B. Srinivas
Principal
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VALUE ADDED COURSE

TRANSLATIONAL RESEARCH (VAC-NR2)

REPORT

Date: 07.07.2022 to 08.07.2022

Venue: Auditorium, III Floor

Number of Students Enrolled: 39

Attendees: I M.Sc. , II M.Sc. , II P.B.B.Sc. Nursing

Narayana College of Nursing organized a value-added course on “**Translational Research**” from July 7 to July 8, 2022. This course was designed to enhance the students' understanding of the principles and practices of translational research, which is crucial for bridging the gap between laboratory research and clinical application. The resource person for the course was **Dr. Harish**, an expert in the field, who delivered insightful lectures covering essential topics such as the significance of translational research in healthcare, methodologies for conducting research, and the application of research findings in clinical practice. Dr. Harish's expertise provided students with a comprehensive overview of how translational research can improve patient outcomes and inform healthcare policies.

The course structure included interactive sessions that encouraged students to engage in discussions and group activities, allowing them to apply theoretical knowledge to practical scenarios. This hands-on approach significantly enhanced their understanding of translational research and its implications in nursing practice. A total of **39 students** successfully completed the course and received certificates in recognition of their participation. The course was coordinated by **R.T. Girija Rani**, who ensured a smooth and productive learning environment throughout the program. The event concluded with a vote of thanks, acknowledging the contributions of all participants, and was followed by the National Anthem, marking a successful and informative experience for all involved.

D.V.B. Anuj
Principal

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ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Translational Research among Participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	25.6	22	56.4
B	15	38.5	12	30.8
C	12	30.8	5	12.8
Fail	2	5.1	0	0
TOTAL	39	100	39	100

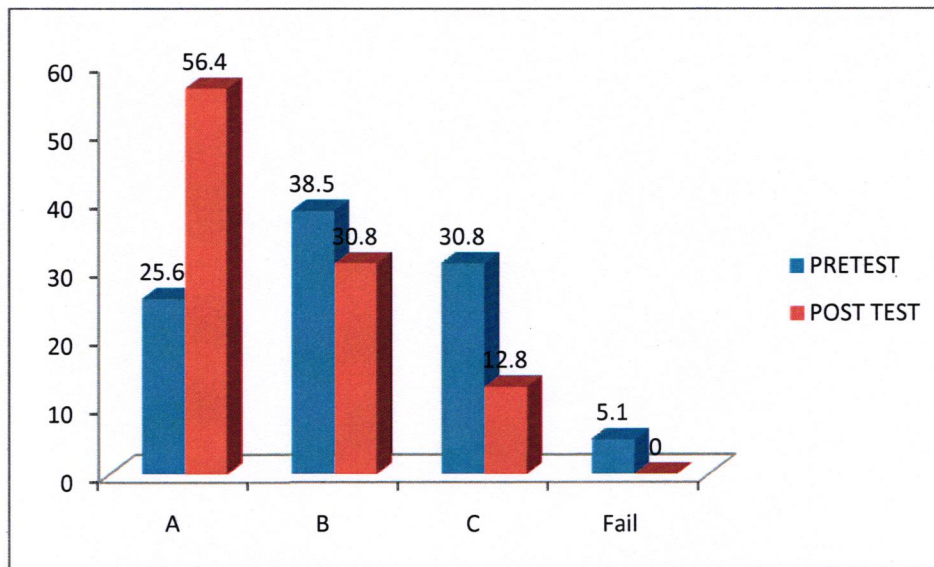


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	51.3
VERYGOOD	12	30.8
GOOD	5	12.8
AVERAGE	2	5.1
POOR	0	0
TOTAL	39	100

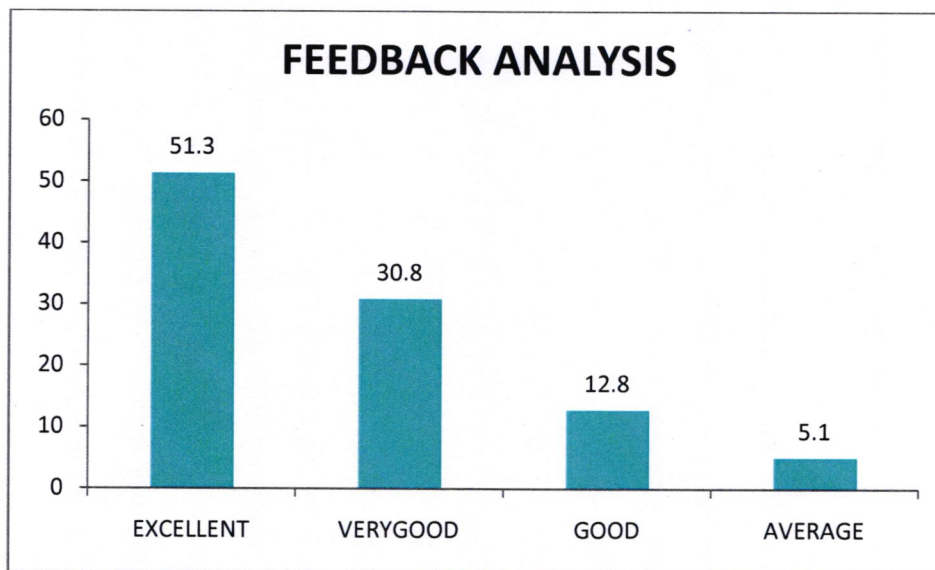


Fig No 3: Percentage distribution of feedback analysis among students

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Dr.Harish presented a topic in translational research on 8.07.2022



"Dr. Harish encouraged students to participate in a group discussion on the topic of translational research on July 8, 2022."

A. S. Divya
Principal

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Dr. B. Anuj
Principal

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VALUE ADDED COURSE

TRANSLATIONAL RESEARCH

FEEDBACK FORM

Date: 08.07.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	/				
2	Organization of program	/				
3	Session of the resource persons C) Presentation D) Time management	/				
4	The content is communicated effectively and clearly by speaker	/				
5	Voice audibility		/			
6	The audio-visual aids were effective and creative	/				
7	Group interaction and involvement		/			
8	Learning resource materials are adequate	/				
9	Overall knowledge about the topic		/			
10	Overall opinion on program	/				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good.

S. Rajeswari
Name of the Participant

S. Raji
Signature of the Participant

A. S. S. S. S.
Principal
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Dr. B. S. S.
Principal
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VALUE ADDED COURSE

NURSING CARE FOR SPECIAL POPULATION

13.06.2022 TO 14.06.2022

REPORT

Date: 13.06.2022 to 14.06.2022

Venue: Classroom, II Floor

Number of Students Enrolled: 50

Attendees: II B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “Nursing Care for Special Population” for II B.Sc. Nursing students from 13th to 14th June 2022. The course aimed to enhance students' understanding of the unique nursing needs and considerations when caring for special populations. The resource person, **Dr. C. Jayanthi, Principal of Vindhayanchal College of Nursing, Madhya Pradesh**, delivered informative lectures covering essential topics such as the principles of holistic care, specific health challenges faced by various special populations, and tailored nursing interventions.

Interactive sessions facilitated active participation, allowing students to apply their theoretical knowledge to real-world scenarios, which significantly improved their competency in providing care to diverse patient groups. The course received positive feedback, with students engaging enthusiastically in discussions and practical exercises, thereby deepening their understanding of this crucial area in Nursing. A total of 50 students successfully completed the course and received certificates acknowledging their participation. The course was coordinated by Ms. G. Pavithra, Associate Professor, who ensured a smooth and effective learning experience throughout the program. The event concluded with a vote of thanks, highlighting the collaborative efforts of all involved, and was followed by the National Anthem, marking a successful and informative experience for everyone.

Dr. B. Anuj
Principal

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ANALYSIS

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Nursing care for special population among Participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	20	25	50
B	15	30	15	30
C	20	40	5	10
Fail	0	0	0	0
TOTAL	50	100	50	100

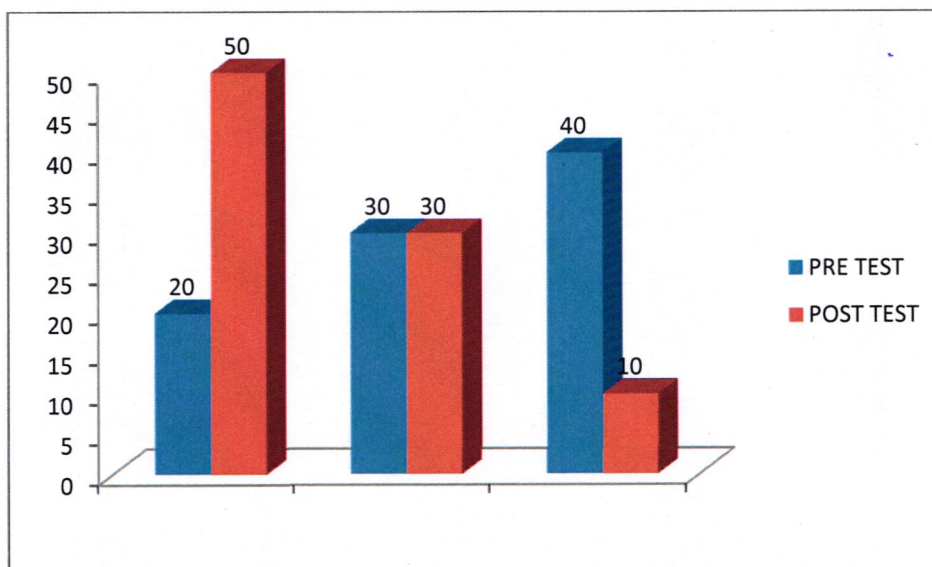


Fig No: 2. Percentage distribution of level of knowledge among participants

D.V. Prasad
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FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	40
VERYGOOD	15	30
GOOD	10	20
AVERAGE	5	10
POOR	0	0
TOTAL	50	100

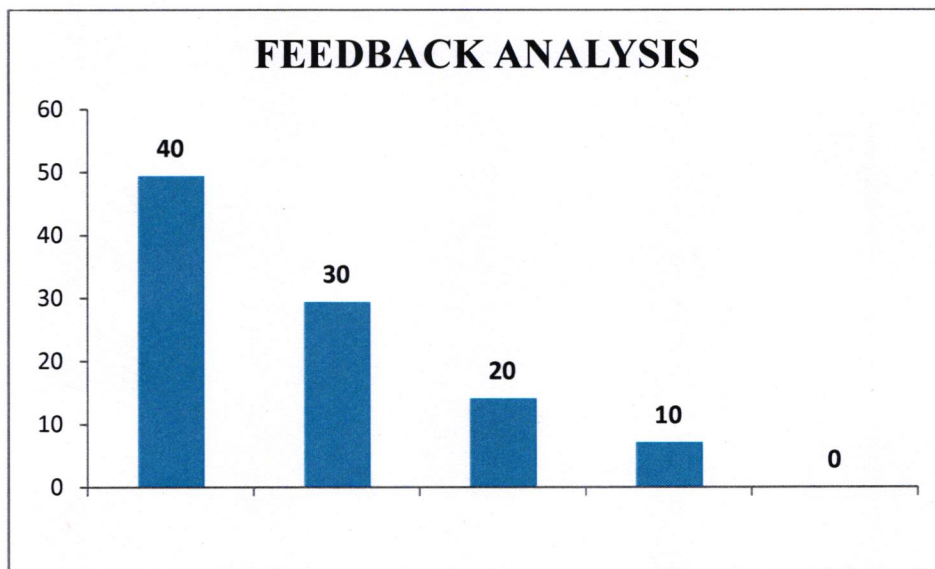


Fig No 3: Percentage distribution of feedback analysis among students

Dr. B. S. Srinivas
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"Dr. C. Jayanthi presented a topic on nursing care for special populations on June 14, 2022."

A. Jayanthi

Principal

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D. B. Anuj

Principal

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VALUE ADDED COURSE

NURSING CARE FOR SPECIAL POPULATION

FEEDBACK FORM

Date: 14.06.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good presentation

Aneesha Jacob
Name of the Participant

Alex
Signature of the Participant

A. J. J. J.
Principal

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Dr. B. B. B.
Principal

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ACADEMIC YEAR

2021-2022



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Accredited by "International Accreditation Organization (IAO)"

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VALUE ADDED COURSE

CYBER CRIME AWARENESS (VAC-OBG8)

DATE: 03.01.2022 TO 04.01.2022

REPORT

Narayana College of Nursing organized a value-added course on "Cyber Crime Awareness" from **January 3 to 4, 2022**, for a total of **42 students** from the I PBBS and I B.Sc. Nursing programs. Led by **Dr. M. Sai Jyothsna**, Assistant Professor at the Institute of Health Intelligence and Research, the course aimed to equip participants with essential knowledge about recognizing and combating cyber threats in today's digital world. Topics covered included understanding different types of cyber crime, strategies for protecting personal and professional information, online safety practices, and the legal implications of cyber offenses. Through interactive sessions and practical applications, students engaged deeply with the material, enhancing their awareness of cyber security issues relevant to their future careers in healthcare. The course was coordinated by **T. Ushakiran**, Associate Professor, and all participants received certificates upon completion, marking a successful and enriching educational experience.

ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Cybercrime Awareness** among participants (N=42)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	5	11.9	18	42.9
B	10	23.8	15	35.7
C	27	64.3	9	21.4
Fail	0	0	0	0
TOTAL	42	100	42	100

Dr. B. Anj
Principal

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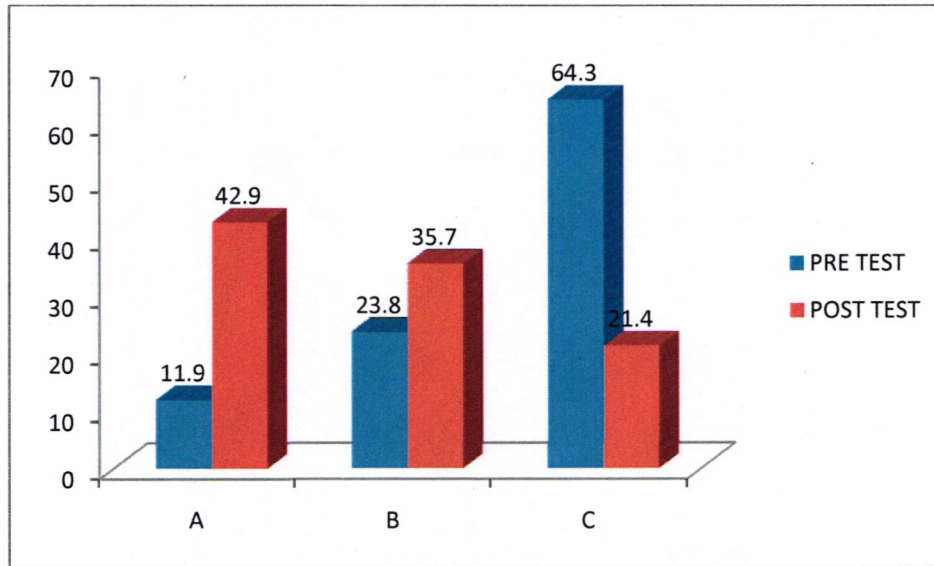


Fig No: 2. Percentage distribution of level of knowledge among participants

FEEDBACK ANALYSIS:

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	47.6
VERYGOOD	15	35.7
GOOD	5	11.9
AVERAGE	2	4.8
POOR	0	0
TOTAL	42	100

D.V. Reddy
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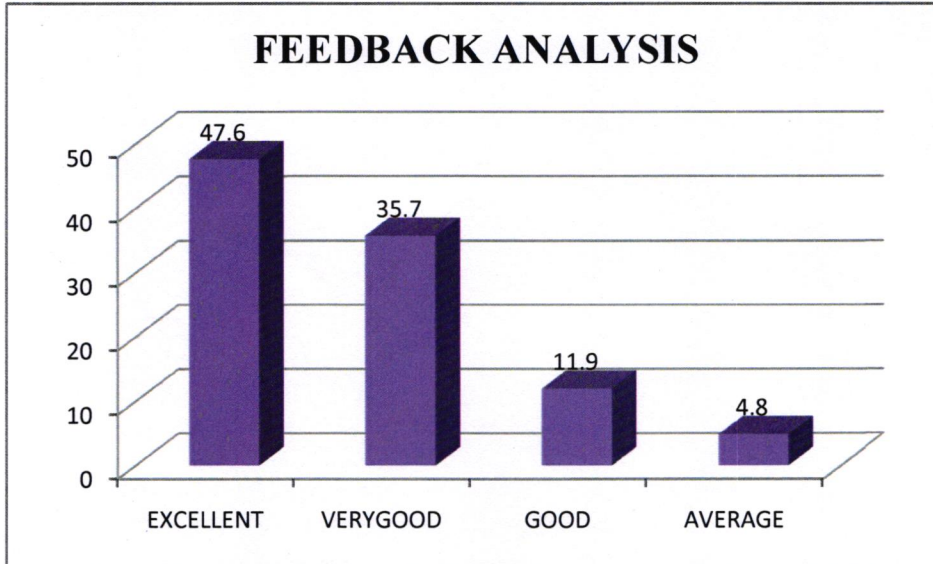


Fig No 3: Percentage distribution of feedback analysis among students



Dr. M. Sai Jyothsna presented a topic on cyber crime awareness on January 4, 2022."

A. S. S. S. S.
Principal

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NELLORE - 524 003

Dr. Bahmy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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VALUE ADDED COURSE ON CYBERCRIME AWARENESS

FEEDBACK FORM

Date: 04.01.2022

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement			✓		
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any Very Good

Sandra Sajeev
Name of the Participant

Sandra
Signature of the Participant

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
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Dr. B. D. Prasad
Principal
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Affiliated to NTR University of Health Sciences, A.P. Vijayawada.
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TIME MANAGEMENT (VAC-MHN7)

DATE: 17.11.2021 TO 18.11.2021

REPORT

Dates: November 17-18, 2021

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 40

Attendees: II B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Time Management**” from **November 17 to 18, 2021**, for II B.Sc. Nursing students. The course, attended by **40 students**, aimed to enhance participants' skills in effectively managing their time in academic and professional settings. Led by **Dr. Kareem**, Assistant Professor at NMCH, the course covered essential topics such as setting priorities, effective scheduling, and techniques for overcoming procrastination. Students participated in interactive sessions that encouraged discussions and practical exercises, significantly improving their time management competencies. The course was coordinated by **N. Anjanidevi**, Associate Professor, and all participants received certificates upon completion, marking a successful and enriching educational experience.

ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Time Management** among participants (N=71)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	8	20	18	45
B	12	30	12	30
C	20	50	10	25
Fail	0	0	0	0

Dr. B. Anuj
Principal

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TOTAL	40	100	40	100
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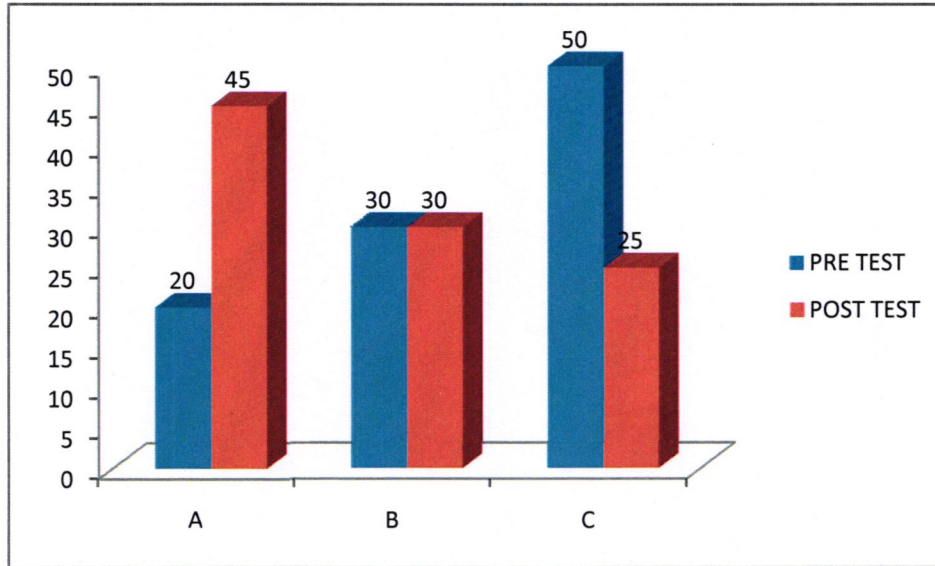


Fig No: 2. Percentage distribution of level of knowledge among participants

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	50
VERYGOOD	12	30
GOOD	5	12.5
AVERAGE	3	7.5
POOR	0	0
TOTAL	40	100

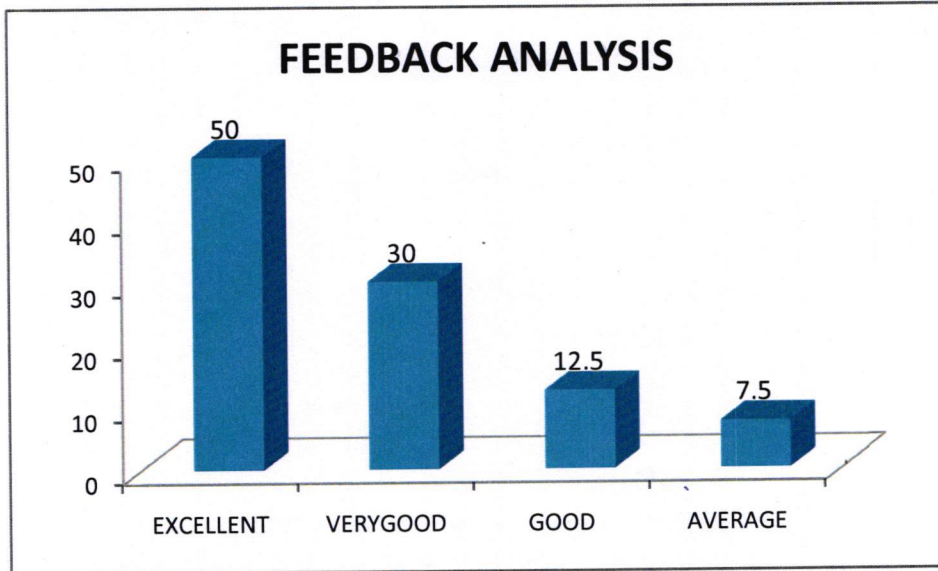


Fig No 3: Percentage distribution of feedback analysis among students



Dr.kareem presented topic on time management 17.11.2021

Dr. Bohini
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. S. Indira
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



VALUE ADDED COURSE ON TIME MANAGEMENT

FEEDBACK FORM

Date: 18.11.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility			✓		
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any Excellent

Lini George

Name of the Participant

[Signature]

Signature of the Participant

A. Indira

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Srinivas
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



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VALUE ADDED COURSE

ANTIMICROBIAL STEWARDSHIP (VAC-COHN7)

REPORT

Date: November 12-13, 2021

Venue: Auditorium, III Floor

Number of Students Enrolled: 71

Attendees: I B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on "Antimicrobial Stewardship" from November 12 to 13, 2021, for I B.Sc. Nursing students. The course, attended by 71 students, aimed to equip participants with essential knowledge about the responsible use of antimicrobials and strategies to combat antibiotic resistance. Led by **Mr. Venku Reddy**, Director of the Institute of Health Intelligence and Research, the course covered critical topics such as the principles of antimicrobial stewardship, the importance of appropriate antibiotic use, infection control strategies, and understanding antibiotic resistance. Students engaged in interactive sessions that fostered discussions and practical applications, enhancing their understanding of this vital area in nursing practice. The course was coordinated by **G. Pavithra**, and all participants received certificates upon completion, marking a successful and enriching educational experience.

Dr. B. Anuj
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Antimicrobial Stewardship** among participants (N=71)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	10	14.1	25	35.2
B	15	21.1	20	28.2
C	46	64.8	26	36.6
Fail	0	0	0	0
TOTAL	71	100	71	100

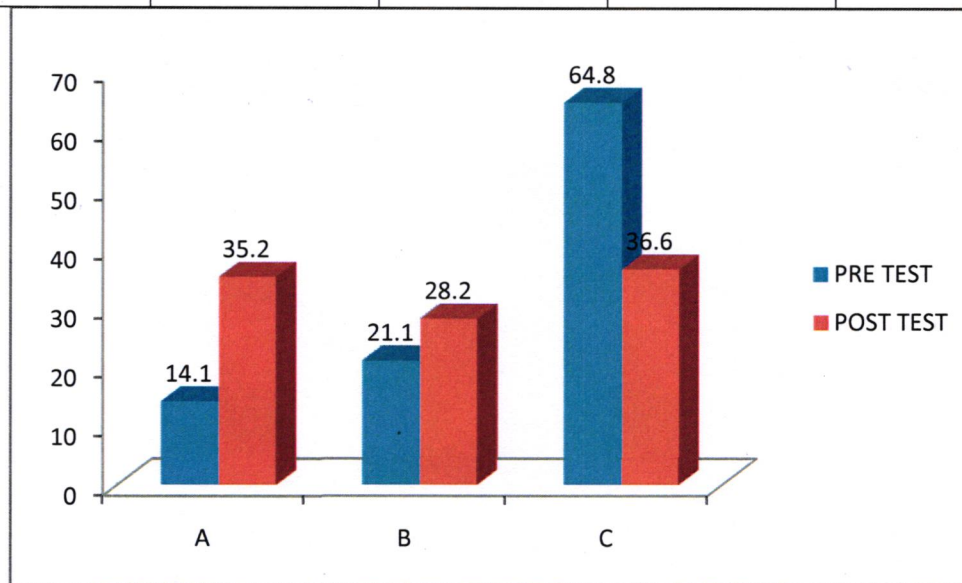


Fig No: 2. Percentage distribution of level of knowledge among participants

Dr. B. Anuj
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



FEEDBACK ANALYSIS

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	36	50.7
VERYGOOD	20	28.2
GOOD	8	11.3
AVERAGE	7	9.8
POOR	0	0
TOTAL	71	100

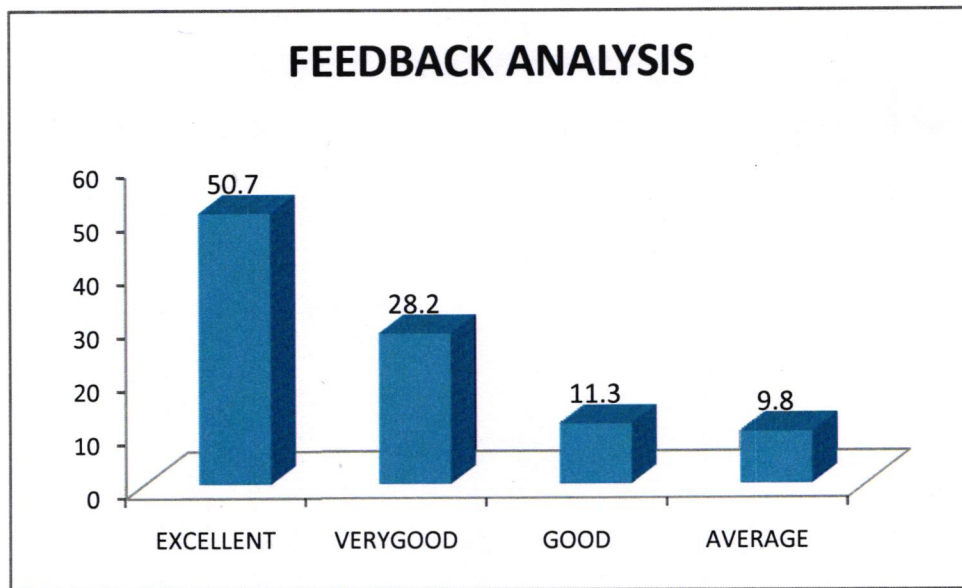


Fig No 3: Percentage distribution of feedback analysis among students

Dr. B. Raju
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



"Mr. Venku Reddy presented a topic on antimicrobial stewardship on November 12, 2021."



Organizers and participant representatives with the resource person in the value-added course on 12.11.2021

A. S. S. S. S.
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Anji
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



VALUE ADDED COURSE
ANTIMICROBIAL STEWARDSHIP
FEEDBACK FORM

Date: 13.11.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative			✓		
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good

Eaini K Sabu
Name of the Participant

Eaini
Signature of the Participant

Dr. B. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

A. S. Srinivas
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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Chinthareddypalem, Nellore - 524003. A.P.
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VALUE ADDED COURSE
HEALTH CARE QUALITY MANAGEMENT (VAC-OBG7)
DATE: 21.10.2021 TO 22.10.2021
REPORT

Dates: October 21-22, 2021

Venue: Auditorium, III Floor

Number of Students Enrolled: 71

Attendees: IV B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Health Care Quality Management**” from **October 21 to 22, 2021**, for **71 IV B.Sc. Nursing students**. Led by **Dr. Venku Reddy**, Director of the Institute of Health Intelligence and Research, the course aimed to equip participants with essential knowledge about quality management principles and practices in healthcare settings. Topics covered included quality improvement processes, patient safety initiatives, and the critical role of healthcare professionals in ensuring quality care. Through interactive discussions, case studies, and practical exercises, students engaged deeply with the material, enhancing their understanding of how to implement quality management strategies effectively. The course was coordinated by **T. Ushakiran**, and all participants received certificates upon completion, marking a successful and enriching educational experience.

Dr. B. Chandy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on **Health Care Quality Management** among participants (N=71)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	12	16.9	30	42.3
B	25	35.2	25	35.2
C	34	47.9	16	22.5
Fail	0	0	0	0
TOTAL	71	100	71	100

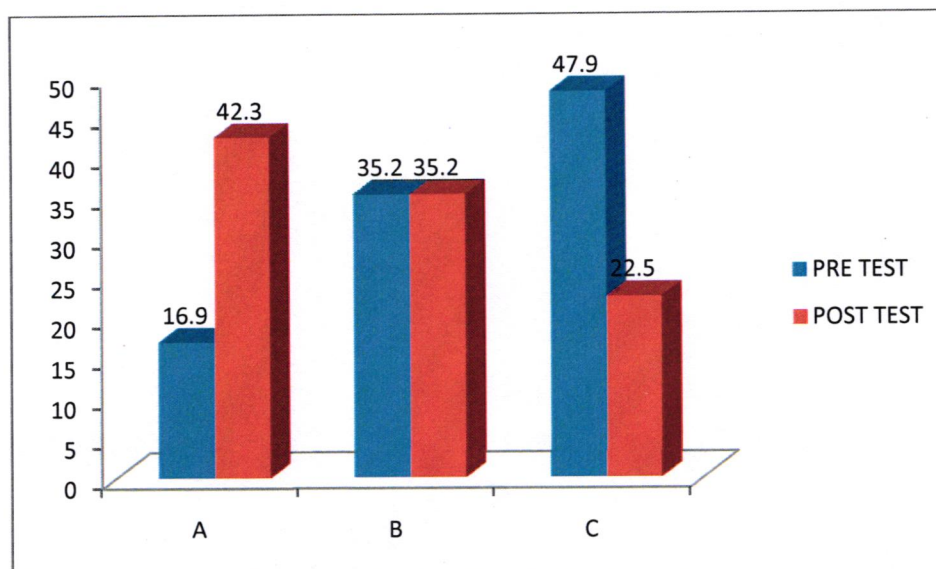


Fig No: 2. Percentage distribution of level of knowledge among participants

Dr. B. Srinivas
Principal



FEEDBACK ANALYSIS:

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	30	42.3
VERYGOOD	25	35.2
GOOD	12	16.9
AVERAGE	4	5.6
POOR	0	0
TOTAL	71	100

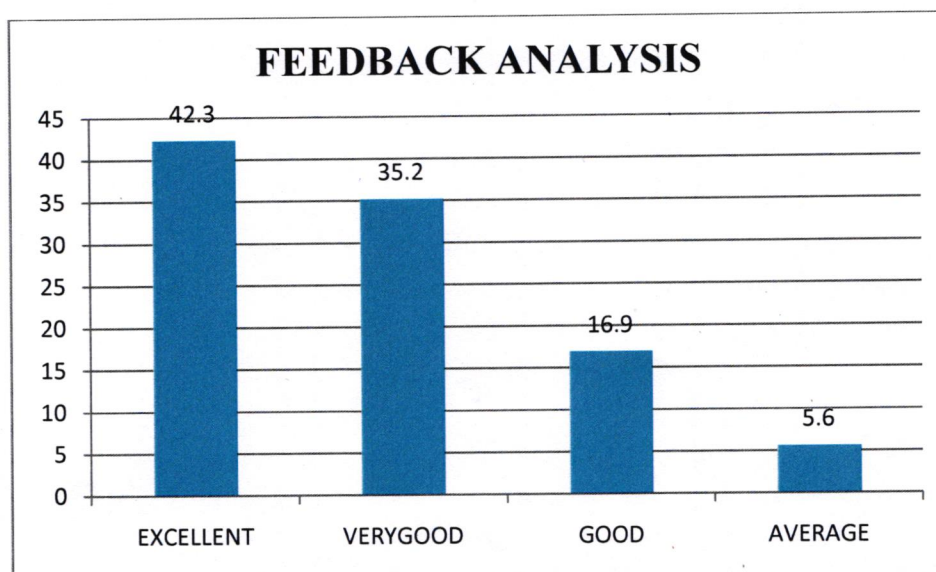


Fig No 3: Percentage distribution of feedback analysis among students



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Mr"Challa Venku Reddy presented a topic on health care quality management on October 21, 2021."

A. Indira

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. Babu

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



VALUE ADDED COURSE ON HEALTH CARE QUALITY MANAGEMENT

FEEDBACK FORM

Date: 22.10.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement			✓		
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if

any very good
Hopika M G
Name of the Participant

Hopika
Signature of the Participant

A. Indira

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.

Dr. B. Indira
Principal
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VALUE ADDED COURSE

HOSPICE CARE (VAC-CHN5)

REPORT

Dates: 13.09.2021 TO 14.09.2021

Venue: Zoom platform

Number of Students Enrolled: 45

Attendees: III B.Sc. Nursing Students & II PBBSC Nursing

Narayana College of Nursing organized a value-added course on "**Hospice Care**" from **September 13 to 14, 2021**, for a total of **45 students** from III B.Sc. Nursing and I PBBSc programs. Led by **Dr. Manjula**, Additional Medical Superintendent, the course aimed to provide participants with essential knowledge and skills related to end-of-life care. Topics covered included principles of hospice care, pain management, emotional support for patients and families, and ethical considerations in end-of-life scenarios. Through interactive discussions and case studies, students engaged deeply with the material, enhancing their understanding of compassionate care for patients with terminal illnesses. The course was coordinated by **Prof. Shanmugavadivu**, ensuring an organized and enriching educational experience for all attendees.

Dr. B. Shanmugavadivu

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003.



ANALYSIS:

Table 1: frequency and percentage distribution of level of knowledge on **Hospice Care** among participants (N=45)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	6	13.3	20	44.4
B	15	33.3	15	33.3
C	24	53.4	10	22.2
Fail	0	0	0	0
TOTAL	45	100	45	100

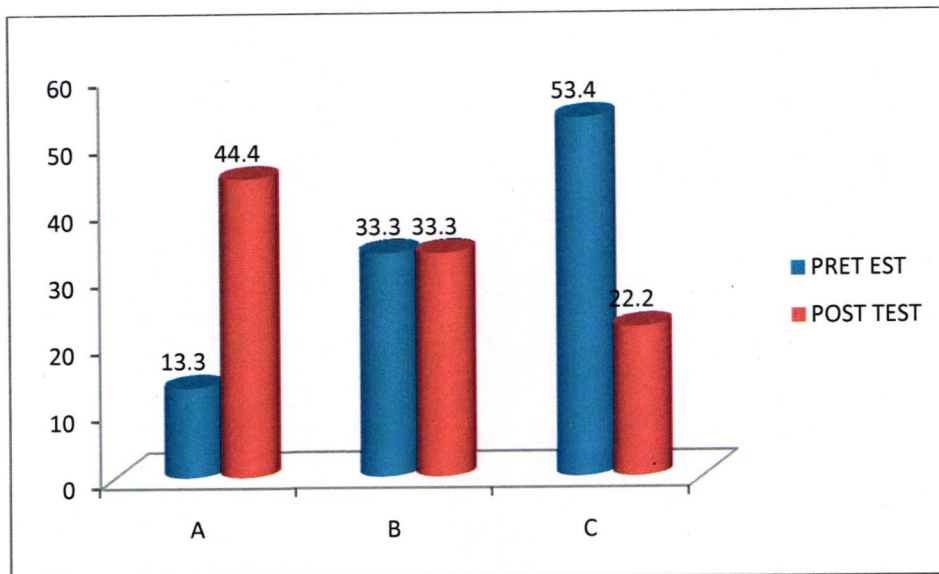


Fig No: 2. Percentage distribution of level of knowledge among participants



Feedback analysis:

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	44.4
VERYGOOD	15	33.3
GOOD	8	17.8
AVERAGE	2	4.5
POOR	0	0
TOTAL	45	100

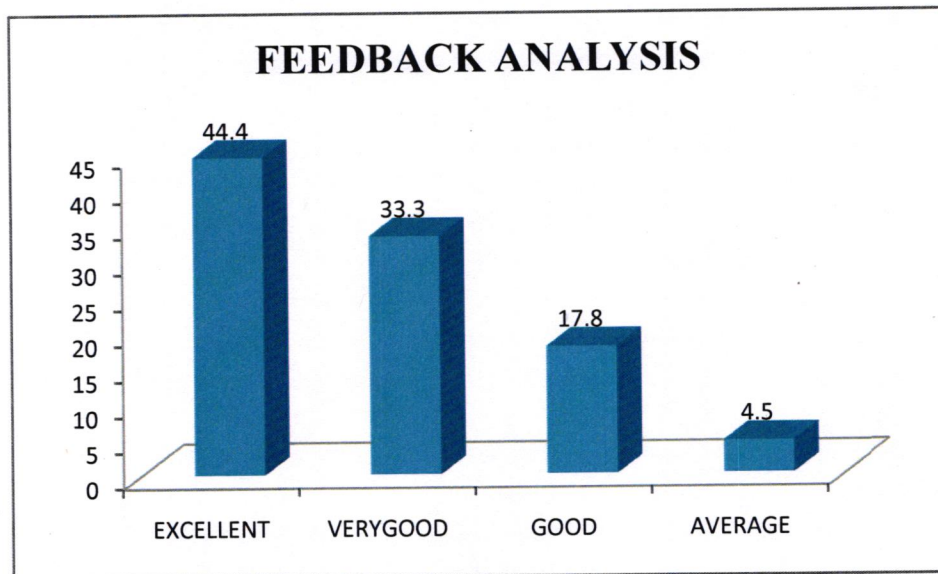


Fig No 3: Percentage distribution of feedback analysis among students

Dr. B. Anjani
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Chinthareddypalem,
NELLORE - 524 003



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COLLEGE OF NURSING
Chinthareddypalem, Nellore - 524003. A.P.

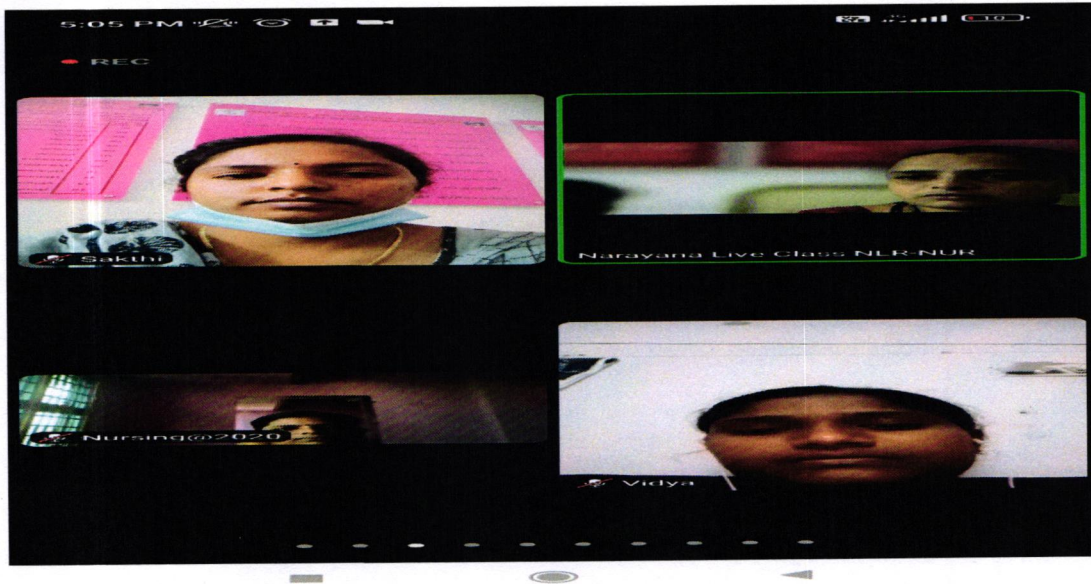


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"Participants are attending the value-added course session through the Zoom platform on
September 13, 2021."

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Anjali
Principal
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VALUE ADDED COURSE ON HOSPICE CARE

FEEDBACK FORM

Date: 14.09.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker			✓		
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

—

Riya Johnson
Name of the Participant

Riya
Signature of the Participant

A. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Anny
Principal
NARAYANA COLLEGE OF NURSING
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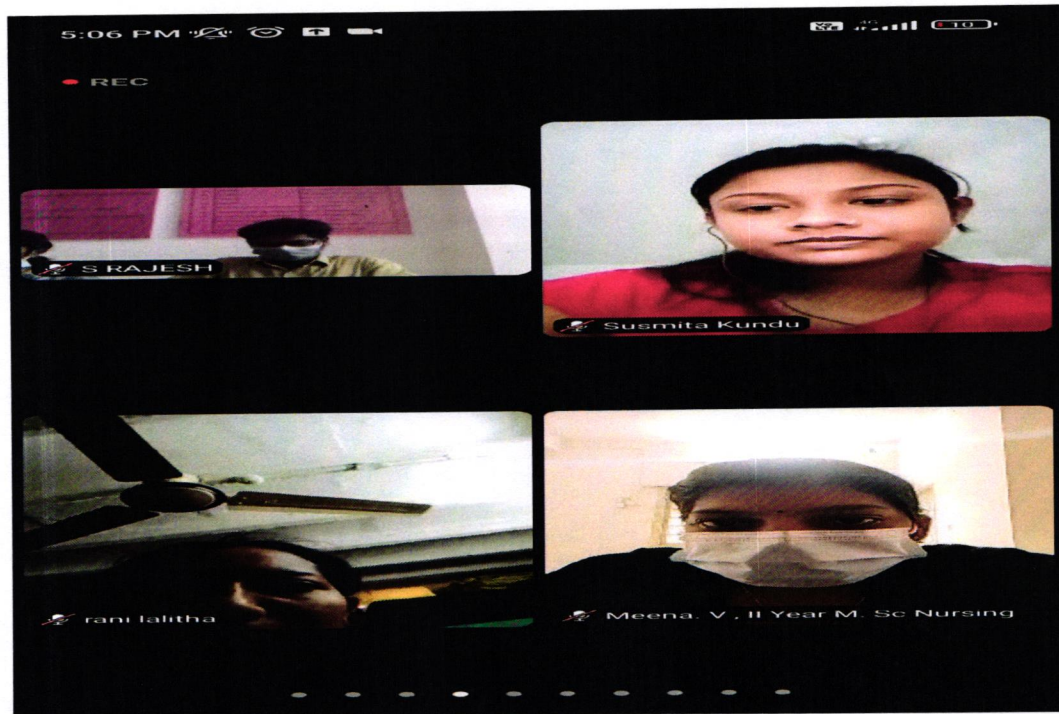
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**NARAYANA COLLEGE OF NURSING
CHINTHAREDDY PALEM, NELLORE
ENRICHMENT PROGRAMME ON HYPERBARIC OXYGEN THERAPY**

Date: 4-08-2021 – 5-08-2021

Time: 9am - 5 Pm

Department of **MEDICAL SURGICAL NURSING** conducted a **ENRICHMENT PROGRAMME** on **HYPERBARIC OXYGEN THERAPY** on 04/08/2021 organized by department of Medical Surgical Nursing faculty. **Dr. Indira**, Dean and Principal NCN, **Mrs. V. Jayanthi**, Principal, HOD OBG Dept, SNNCD **Dr. Rajeswari.H** Vice principal HOD MHN Dept, NCN, **Mrs. Vanajakumari** HOD CET Dept NCN and HODs of all the department were invited for the programme through zoom.

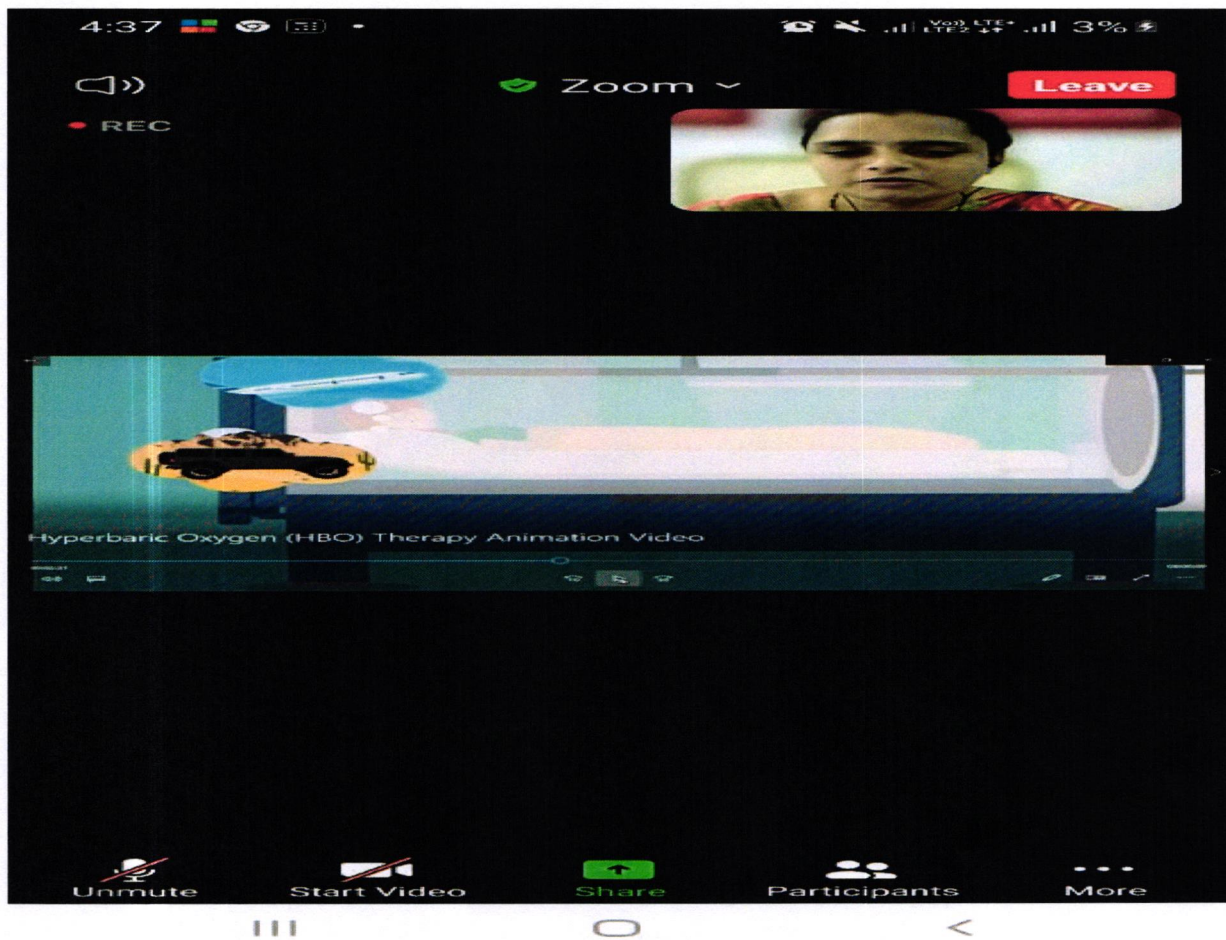


On day 1: Pre test questionnaires were given to participants before starting the session. **Mrs. Kanaka M.Sc (N)**, Asso. Professor welcomed the gathering. **Mrs. Latha.AM.Sc (N)** HOD of

Dr. Indira
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



MSN, presented about Introduction on hyperbaric oxygen therapy. **Mrs. Kanaka M.Sc (N)**, Asso. Professor presented on History and applications of hyperbaric oxygen therapy, also shown the students with attractive Ppt.



Mrs. N. Subhashini Assoc. Prof SNNC presented on mechanism of action through ppt and a very understandable and interesting video on mechanism of hyperbaric oxygen therapy. Mr. Rajesh II nd Year Msc (N), NCON presented on indication and contra indication and also the various types of hyperbaric oxygen therapy.

D.B. Singh
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



OVERALL ANALYSIS:

Table no:1 Frequency and percentage distribution of grades on knowledge related to hyperbaric oxygen therapy among participants.

(N=230)

GRADE	PRE TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
	(F)	(%)	(F)	(%)
A+	0	0	89	38.6%
A	16	6.9%	72	31.3%
B+	72	31.3%	42	18.2%
B	46	20%	23	10%
C	53	23%	4	1.7%
D	43	18.6%	0	0
TOTAL	230	100	230	100

With regard to the level of knowledge on tuberculosis among participants, the pretest results shows that 16(6.6.9%) scored "A" grade, 72 (31.3%) participants scored "B+" grade, 46(20%) participants scored "B" grade, 53 (23%)scored"C" grade. 43 (18.6%)scored"D" grade. and no participants scoredA+.

(N=230)

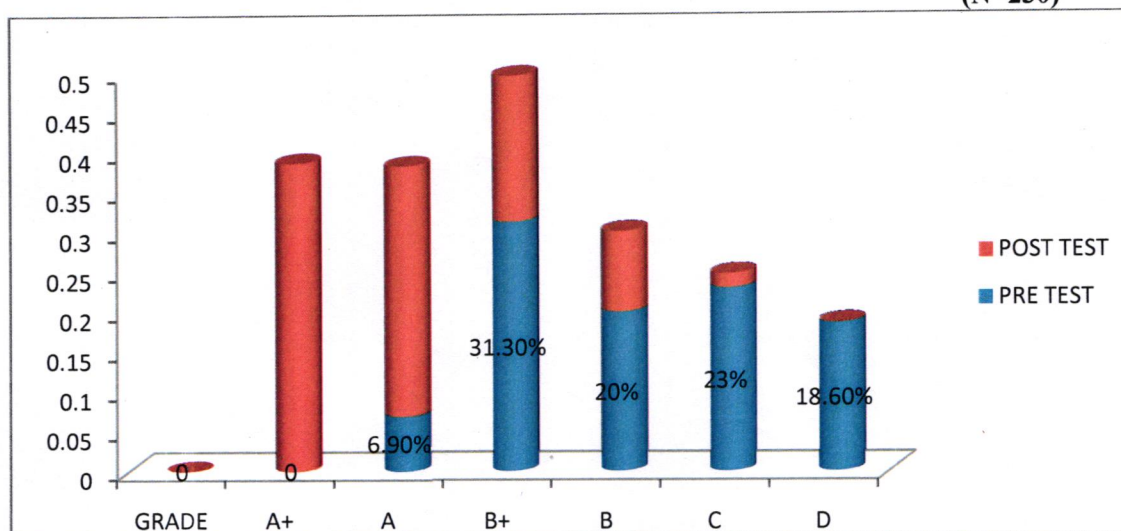




Fig 1: Percentage distribution of grades on knowledge related to hyperbaric oxygen therapy among over all participants.

While in the post test, the knowledge level improved as 89 (38.6 %) participants scored "A+" grade, 72 (31.3%) scored "A" grade, and 42 (18.2%) of participants scored "B+" grade, 23 (10%) scored "B" grade, 4 (1.7%) scored C grade and there was **no participants in D grades**. The results indicate that participants level of knowledge on hyperbaric oxygen therapy has increased and participants has benefited from the program

Table no:2 Frequency and percentage distribution of Knowledge regarding hyperbaric oxygen therapy calculation among faculty

N=76

GRADE	PRE TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
	(F)	(%)	(F)	(%)
A+	0	0	52	68.4%
A	14	18.4%	16	21.1%
B+	36	47.4%	6	7.9%
B	22	28.9%	2	2.6%
C	4	5.3%	0	0
D	0	0	0	0
TOTAL	76	100	76	100

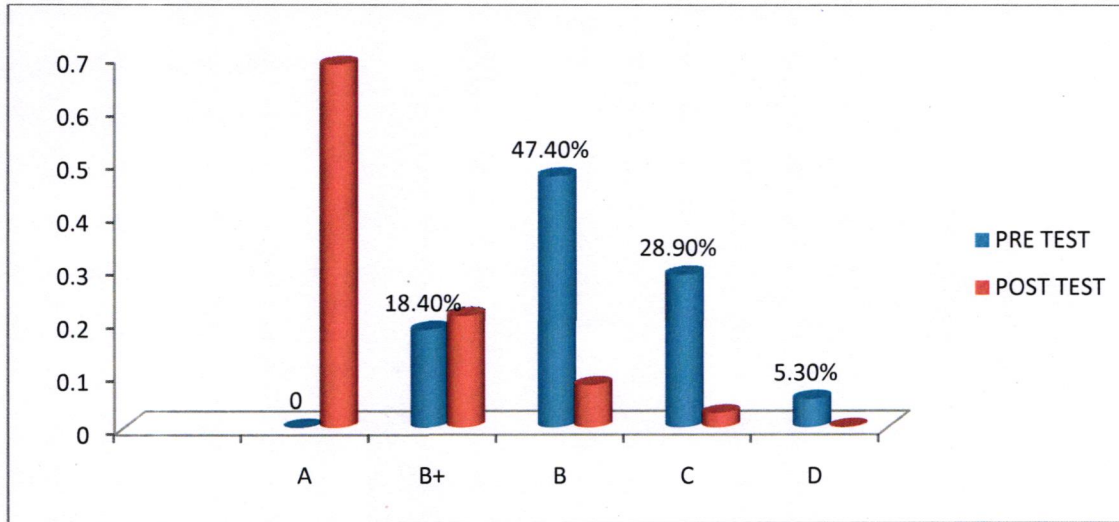


FIG: 2 Percentage distribution of knowledge on hyper baric oxygen therapy in pretest and post test among faculty.

Table no:3 Frequency and percentage distribution of Knowledge regarding hyperbaric oxygen therapy calculation among students

(N=154)

GRADE	PRE TEST		POST-TEST	
	FREQUENCY (F)	PERCENTAGE (%)	FREQUENCY (F)	PERCENTAGE (%)
A+	0	0	37	24.0%
A	2	1.3%	56	36.4%
B+	36	23.4%	36	23.4%
B	24	15.6%	21	13.6%
C	49	31.8%	4	2.6%
D	43	27.9%	0	0
TOTAL	154	100	154	100

Dr. B. S. Srinivas
 Principal

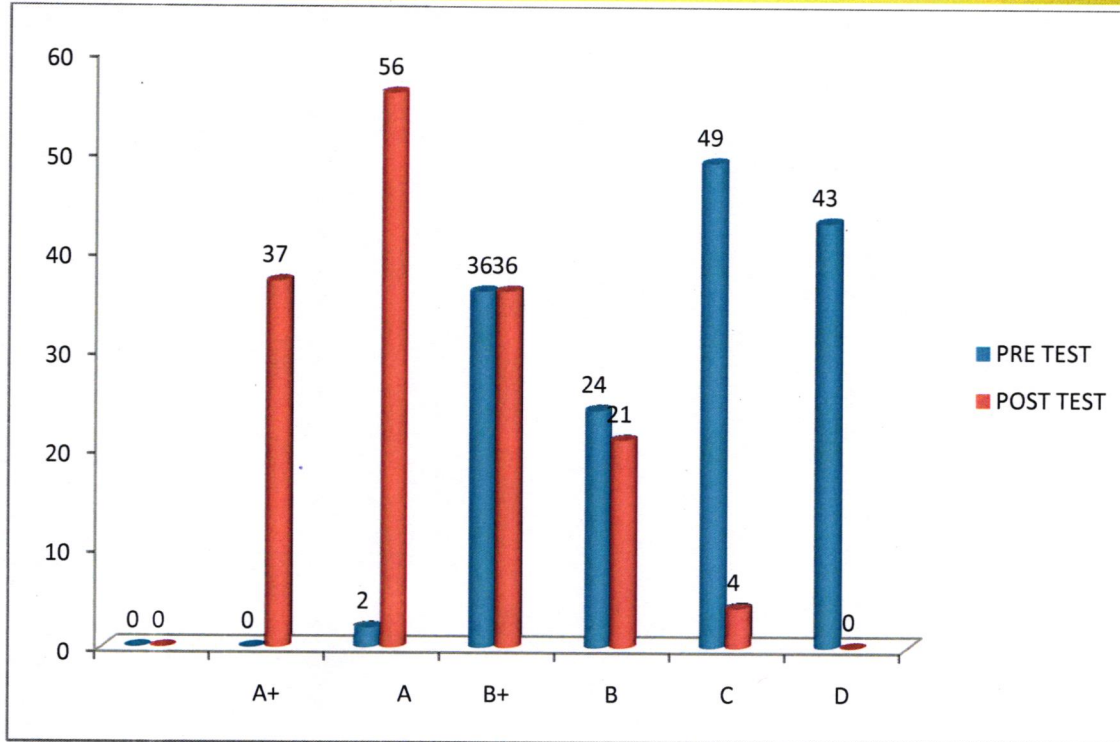


FIG: 3 Percentage distribution of knowledge on hyper baric oxygen therapy in pretest and post test among students

FEED BACK ANALYSIS:

Table no: 4 : Frequency and percentage distribution of feedback analysis among participants
N=230

DESCRIPTION	PARTICIPANTS	
	FREQUENCY (F)	PERCENTAGE (%)
EXCELLENT	92	40
VERY GOOD	89	38.7
GOOD	33	14.3
AVERAGE	16	7
POOR	0	0
TOTAL	230	100

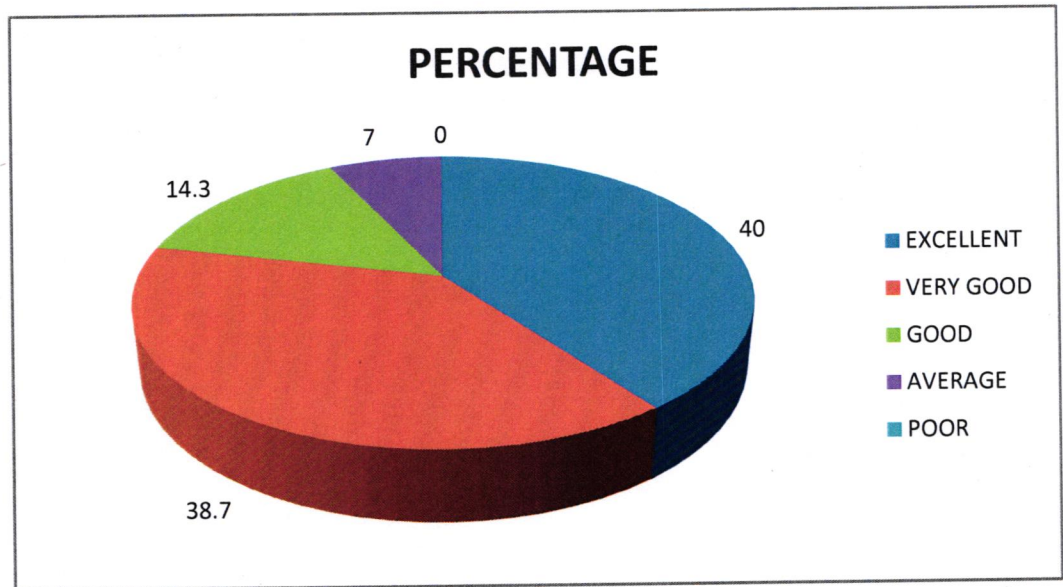
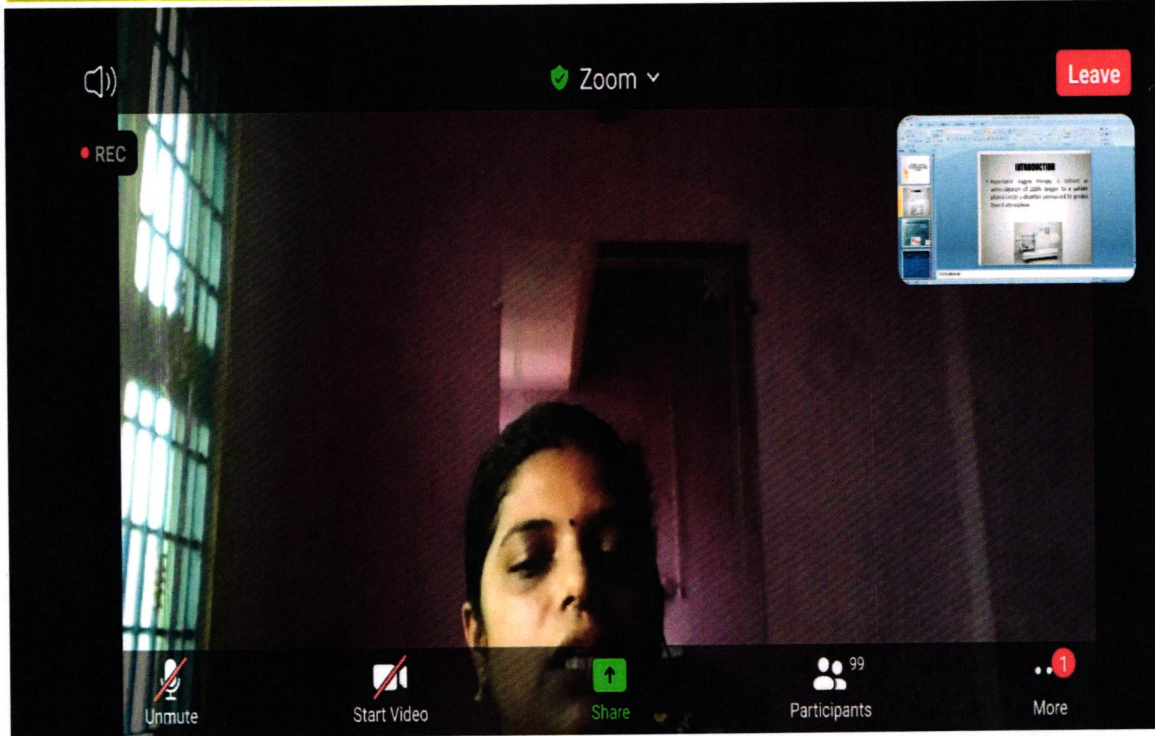


FIG no. 4: Percentage distribution of feed back analysis among participants on enrichment programme related to hyperbaric oxygen therapy

D. B. Reddy
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



At the end of all the above speeches, **Mrs. Subhashini Asso. Prof, SNNC** summarized the whole topic and involved the audience too in bringing up their view points during the discussion. At the end the programme Post test was conducted followed by vote of thanks given by **Mrs. Kanaka Asso. Prof, NCON** end the programme with National anthem.

A. S. Reddy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. B. Chamy
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003



VALUE ADDED COURSE ON HYPERBARIC OXYGEN THERAPY

FEEDBACK FORM

Date: 05.08.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative			✓		
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

—

Blessy Benny
Name of the Participant

Blessy Benny
Signature of the Participant

A. S. S. S. S.
Principal

Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

Dr. Blessy Benny
Principal
NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
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DEPARTMENT OF PEDIATRIC NURSING
VALUE ADDED COURSE ON
MULTI SYSTEM INFLAMMATORY SYNDROME

Department of Pediatric Nursing organized a Value Added Course on "Multi System Inflammatory Syndrome in Children" from 26/07/2021 to 27/07/2021 in Virtual platform at Narayana College of Nursing.

INAUGURATION OF THE VALUE ADDED COURSE (9AM-10.00AM)

DAY-1

At 8am-9.10am, Pre-test was conducted from the all participants who enrolled for the value added course, the program started at 8.11 am with the prayer song and welcome song by B.Sc Nursing students. Welcome address proposed by Ms. R.T. Girija Rani Assist.Professor.

Dr.Indira.A, Principal, and All HODs of the department lighten the lamp and inaugurated the program. A total of 65 participant's students got enrolled for the value added course.

Session-I

Mrs. Kannagi, Professor, Dept of Pediatric Nursing, Introduced the topic on Multi System Inflammatory Syndrome in Children.

Session-II

Mrs.P.Rajani, Asso.Professor, Dept of Pediatric Nursing presented on Multi System Inflammatory Syndrome on respiratory system in children.

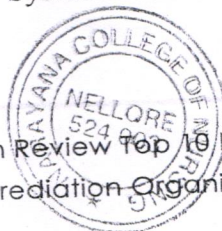
Session-III

Ms.Jeni Devi, presented about Multi System Inflammatory Syndrome on urinary system in children,

Dr. B. Srinivas
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J. Srinivas
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Session-IV

MS. Rajamani II year M.Sc Nursing students explained in detail about Multi System Inflammatory Syndrome on hepatic system in children.

DAY-2

Session-V

Ms. R.T.Girija Rani, Assist Professor, Narrate the Multi System Inflammatory Syndrome on cardiovascular system in children.

Session-VI

Prof. P. Shanmugavadivu, HOD, Department of Pediatric Nursing, presented about Multi System Inflammatory Syndrome on endocrine system in children.

Session-VII

Ms. P. Rajitha II year M.Sc Nursing students explained about Multi System Inflammatory Syndrome on neurological system in children.

Session-VIII

Ms. Saroja.W, II year M.Sc Nursing students explained about Multi System Inflammatory Syndrome on immunology in children's.

Session- IX

Conducted Quiz competition on Multi System Inflammatory Syndrome in current updates

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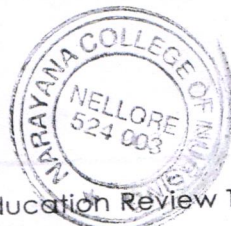
The end of the above speakers Mrs. Shanmugavadivu, HOD Department of Pediatric Nursing, summarized the whole topic and involved the audience too in bringing up their view points during the discussion.

At the end the program certificates were distributed to all the speakers. Post test was conducted received from the participants, followed by vote of thanks given by Ms.Rajitha, II year M.Sc Nursing students. The program end with National anthem.



SPEAKERS PRESENTED THE TOPIC

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Table: 1 Frequency and Percentage Distribution of Knowledge in Pretest and Posttest.

(N = 65)

GRADE	PRE -TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
	(F)	(%)	(F)	(%)
A+	0	0	23	35.38
A	10	15.38	17	26.17
B+	8	12.30	16	24.61
B	17	26.16	9	13.84
C	13	20	0	0
D	17	26.16	0	0
TOTAL	65	100	65	100

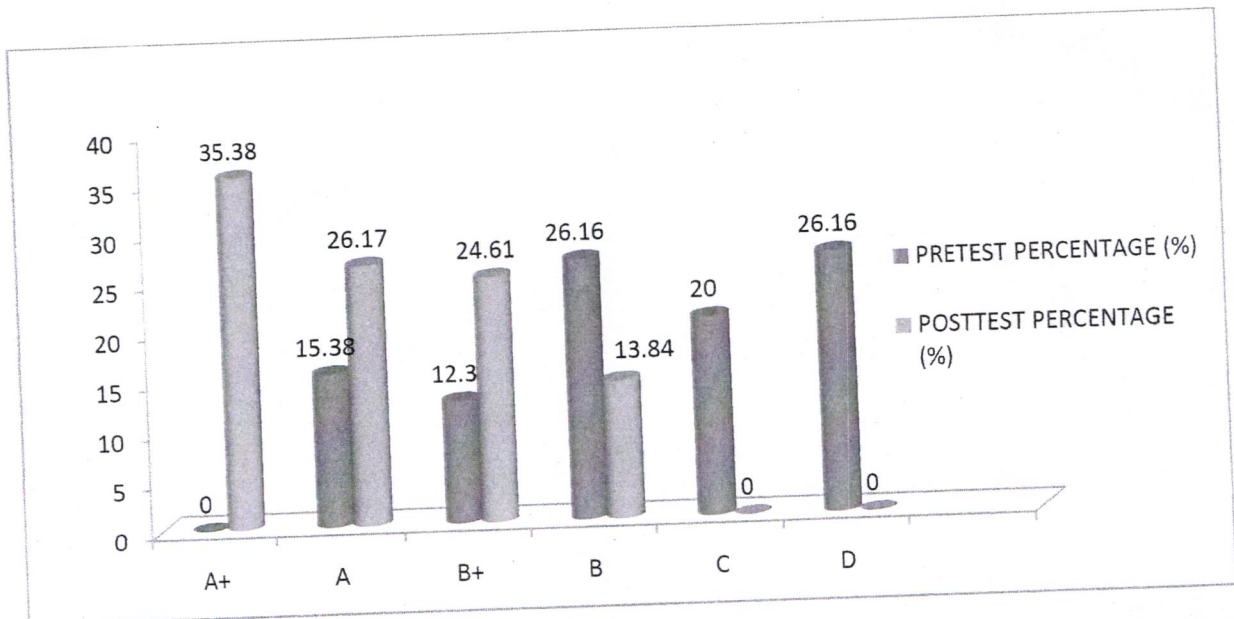
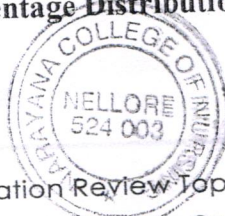


Fig 1: Frequency and Percentage Distribution of Knowledge in Pre-test and Post-test.

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Table 2: Frequency and percentage distribution of feedback analysis among participants
(N=65)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY (F)	PERCENTAGE (%)
EXCELLENT	42	64.61
VERY GOOD	12	18.47
GOOD	11	16.92
AVERAGE	0	0
POOR	0	0
TOTAL	65	100

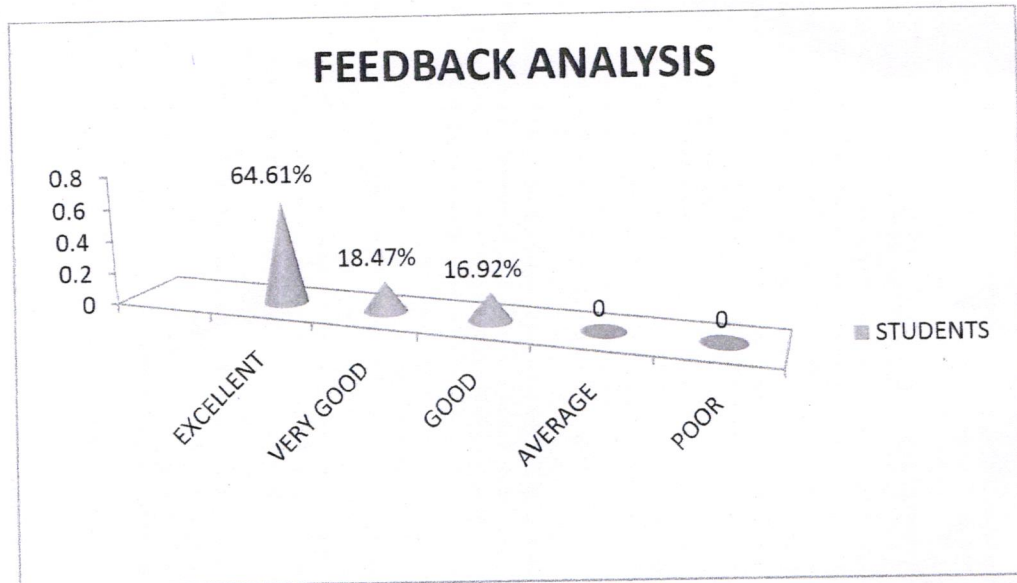


FIG 2: Percentage distribution of feedback analysis among students

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SIGNATURE OF HOD

HOD
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VALUE ADDED COURSE ON EMERGING AND RE EMERGING DISEASES

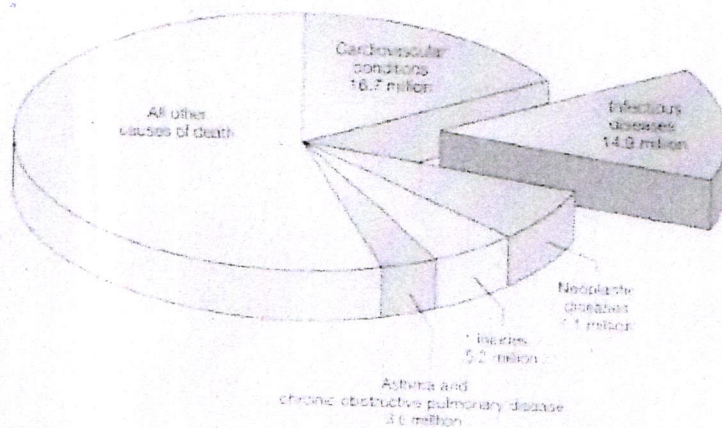
DATE: 21.06.2021 - 22 .06.2021

Department of Community Health Nursing had conducted the VALUE ADDED COURSE ZOOM Program On "Emerging and Re emerging Diseases "on 21-06-2021 and 22-06-2021(2 days) at 3rd floor Auditorium between 9-5pm. A total of and 62 students participated in the program.

Day-1: 21.06.2021

Pre-test knowledge of the participants were assessed through online mode before the scientific session. The programme started with prayer song by II year M.Sc. (N) students followed by welcome song by I year M.Sc. (N) students. Prof. B.Vanaja Kumari welcomed the gathering. Unfolding the theme for the programme was done by Prof. B.Vanaja Kumari, Vice principal /HOD Dept of Community Health Nursing, Narayana College of Nursing.

A general introduction on topic was given by the Nursing Dean with latest evidence based studies showing the importance of such researches. Prof. B.Vanaja Kumari stressed the Definition and incidence of emerging and re emerging diseases for Knowing new types of emerging diseases especially in present situation



Infectious diseases	Annual deaths (million)
Respiratory infections	3.56
HIV/AIDS	2.77
Diarrhoeal diseases	1.80
Tuberculosis	1.56
Vaccine preventable infectious diseases	1.12
Malaria	1.27
STDs (other than HIV)	0.16
Measles	0.17
Hepatitis B and C	0.16
Tropical parasitic diseases	0.13
Dengue	0.22
Other infectious diseases	1.76

Dr. B. Vanaja Kumari
Principal

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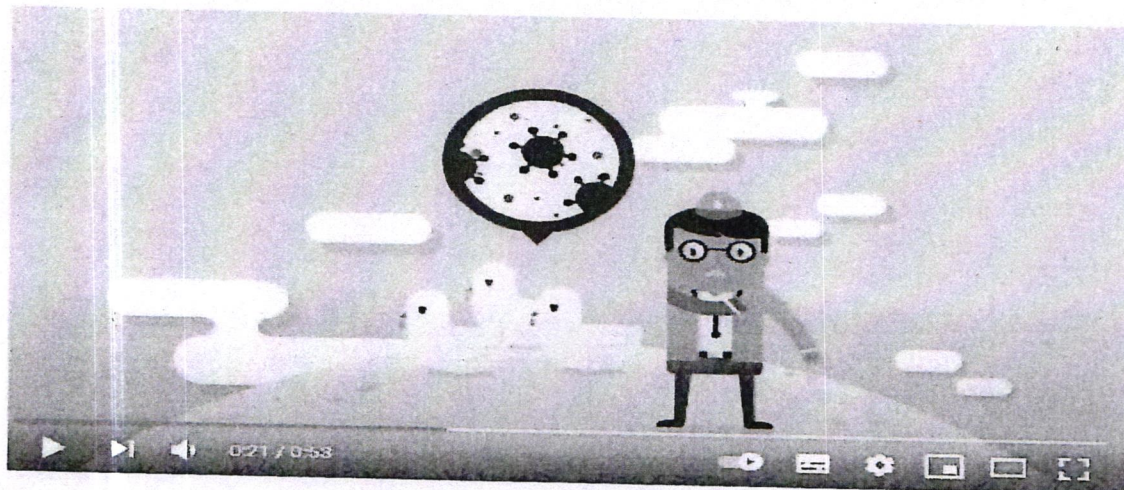


Significance of emerging and re emerging diseases were clearly explained by Mrs. Kantha

"Emerging" & "Re-Emerging"

<p>Emerging Diseases that have not occurred in humans before or that occurred only in small numbers in isolated places.</p>	<p>Re-emerging Diseases that once were major health problems globally or in a particular country, and then declined dramatically, but are again becoming health problems for a significant proportion of the population. Diseases thought to be adequately controlled making a "comeback" are "re-emerging"</p>
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One video has shown on the "Significance of emerging and re emerging diseases"



Mrs. Anusha Asst. prof Dept of Community Health Nursing took the initiative in presenting an interesting session on Causes of emerging and re emerging disease which covered the areas like Covid virus, Black fungus

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Emerging infections can be caused by:

Previously undetected or unknown infectious agents
Known agents that have spread to new geographic
locations or new populations Previously known
agents whose role in specific diseases has previously
gone unrecognized.

Re-emergence of agents whose incidence of disease
had significantly declined in the past, but whose
incidence of disease has reappeared.

This class of diseases is known as re-emerging
infectious disease

Dr. B. Vanaja MD

Prof. B. Vanaja Kumari, Vice principal /HOD Dept of Community Health Nursing
continued the session with the Factors of emerging and re emerging disease. Relevant
videos and images were shown to make the session more interesting.

Factors Contributing To Emergence

HOST

- Human demographic change (inhabiting new areas)
- Human behaviour (sexual & drug use)
- Human susceptibility to infection (Immunosuppression)
- Poverty & social inequality

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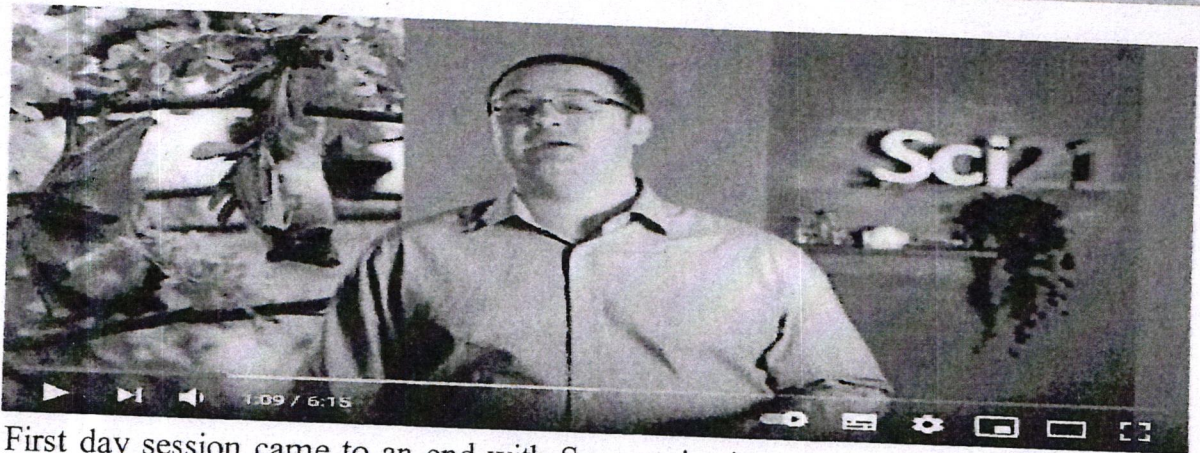
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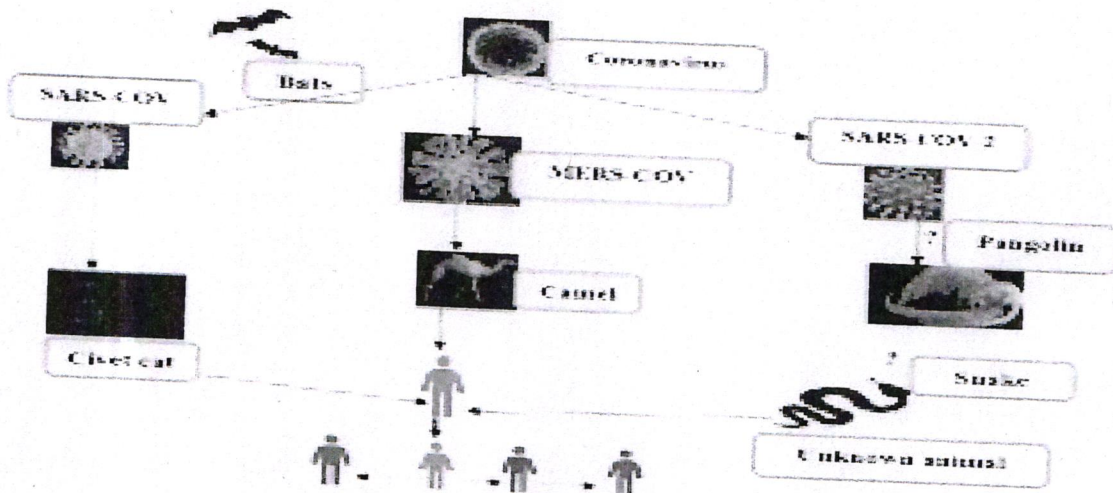
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First day session came to an end with Summarization of all Sessions by Prof. Vanaja kumari

Day 2: 22.06.2021 Programme began with the Recapping of the previous day session. Scientific session on Transmission of emerging and re emerging disease by Prof. Vanaja Kumari , highlighted regarding the Transmission ways, methods,types,



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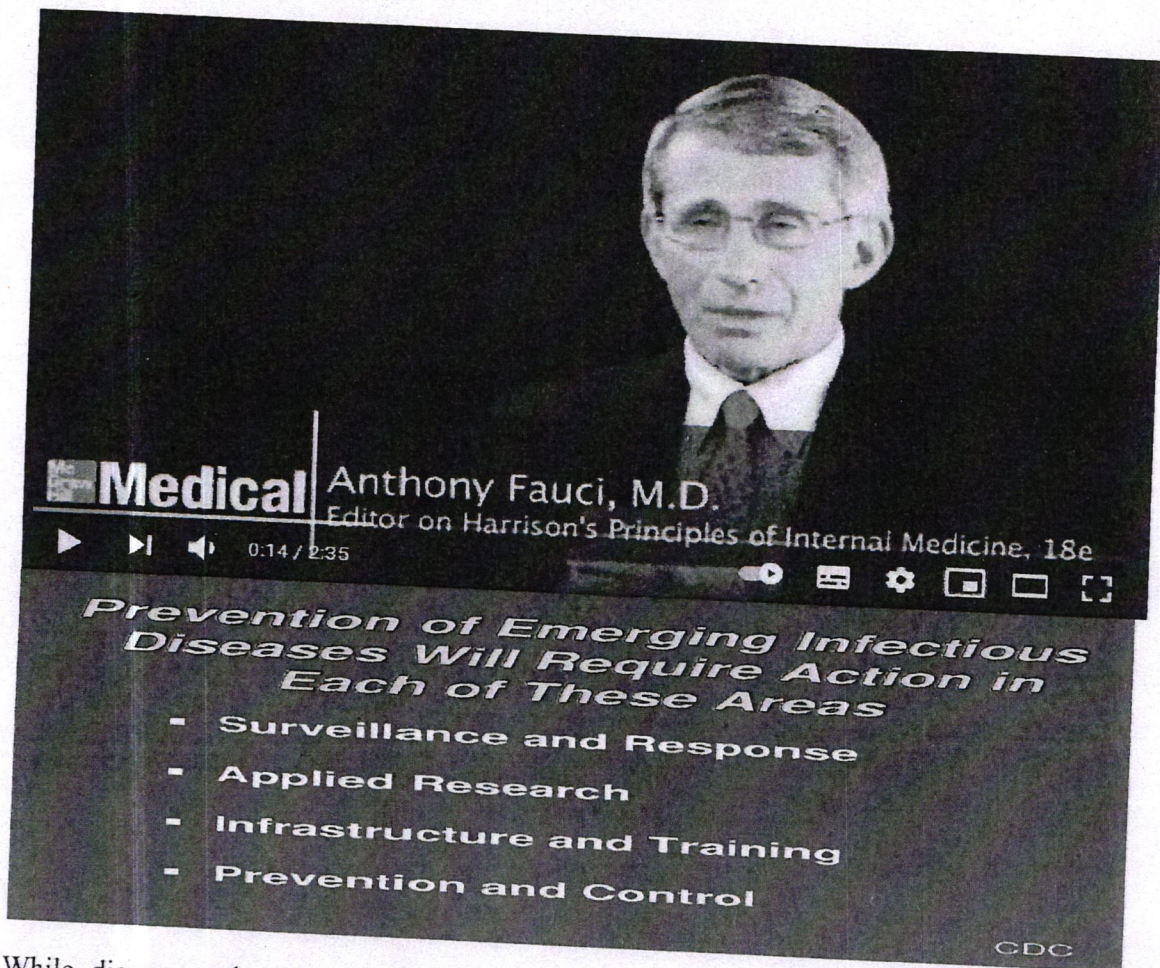
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Pathogenic microbes can be resilient, dangerous foes. Although it is impossible to predict their individual emergence in time and place, we can be confident that new microbial diseases will emerge. Preventive measures for re emerging disease and WHO

recommendations for control and prevention of emerging and re emerging disease were discussed by Mrs.Anusha with Video presentation.



While disease outbreaks and other acute public health risks are often unpredictable and require a range of responses, the International Health Regulations (2005) (IHR) provide an overarching legal framework. various International health regulations were discussed by Mrs. Kantha with Videos.

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The international health regulations evolution

- The International Health Regulations originated with the International Sanitary Regulations adapted at the International Sanitary Conference in Paris in 1851.
- The cholera epidemics that hit Europe in 1830 and 1847 made apparent the need for international cooperation in public health.
- In 1948, the World Health Organization Constitution came about.

Quiz was conducted on International health regulations in which Ms .Ansu thomas and MS.Fathima Hussian from II year got the first and second prize respectively.

"The Role of the National Epidemic Alert and Response System" were discussed by Prof. VanajaKumari

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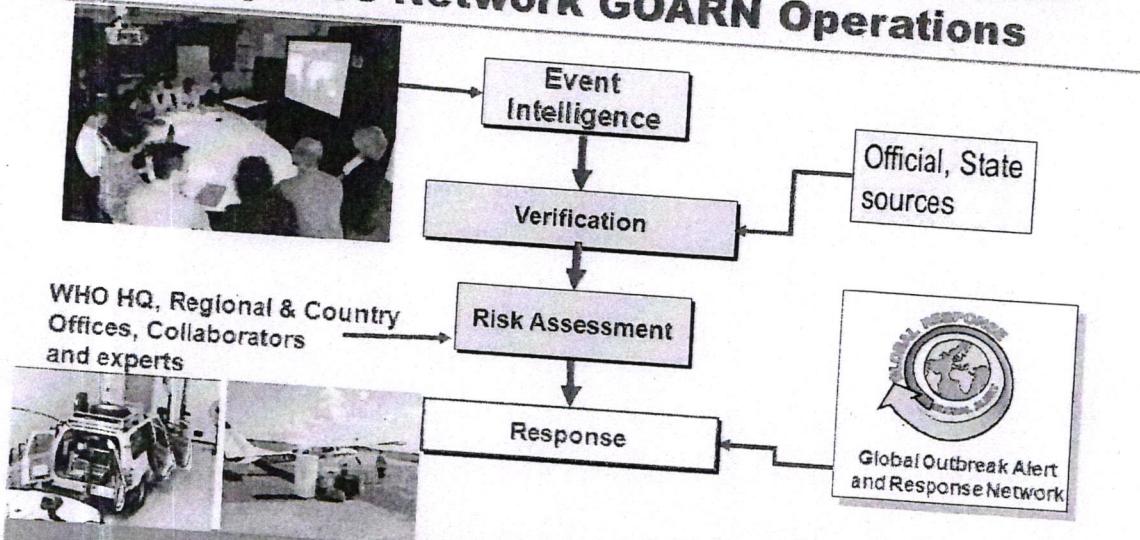
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WHO system of Global Outbreak Alert and Response Network GOARN Operations



IHR COORDINATION PROGRAMME  World Health Organization

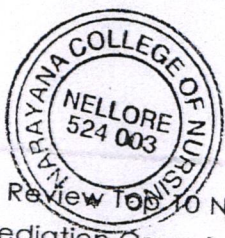
"National surveillance on current situation" was discussed by Mrs. Anusha.

National Surveillance Programme for Communicable Diseases (NSPCD)

NSPCD was therefore launched by the Centre in 1997-98 in five pilot districts of the country (centrally sponsored scheme) and over the years extended to cover 101 Districts in the country in all 35 states and UTs in the country.

At the end of all the above speeches Prof. Vanaja Kumari Vice Principal, NCON summarized the whole topic and involved the audience too in bringing up their view points during the discussion. Post test and Feedback was conducted followed by vote of thanks given by Mrs. Anusha and the programme ended with National anthem.

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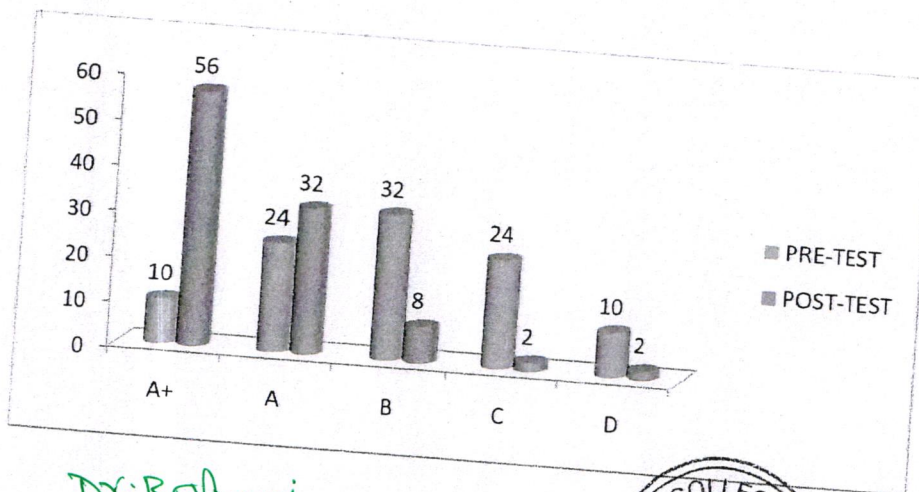


Table 1: Frequency and percentage distribution of level of knowledge on Emerging and Re emerging Diseases among faculty

N = 62

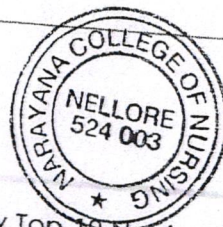
GRADE	PRE-TEST		POST-TEST	
	F	%	F	%
A+	6	10	35	56
A	15	24	20	32
B	20	32	5	8
C	15	24	1	2
D	6	10	1	2
TOTAL	62	100	62	100

The result showed that, among 62 participants, in pre-test 6(10%), had A+ Grade, 20(32%), had B Grade, 35 (30%) had C Grade, 15(24%) had Grade D. Whereas in post-test, 35(56%) had A+ Grade, 20(32%) had A Grade, 5(8%) had B Grade, C Grade 1(2%), and D Grade 1(2%). Hence, it was concluded that, Value added course On "Emerging and Re emerging Diseases" was effective in improving the participant's level of knowledge on Emerging and Re emerging Diseases. Value added course On "emerging and re emerging diseases" was effective in improving the participant's level of knowledge on emerging and re emerging diseases.



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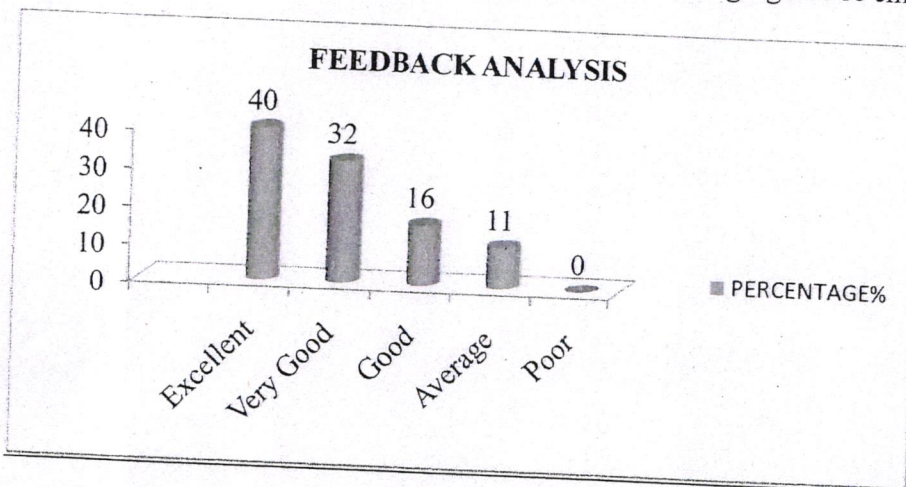
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Table 4 : Frequency and percentage distribution of faculty feedback analysis on emerging diseases
N = 62

GRADE	F	%
Excellent	25	40
Very Good	20	32
Good	10	16
Average	7	11
Poor	0	0
TOTAL	62	100

Table 5 :Distribution of student feedback analysis on emerging and re emerging diseases.



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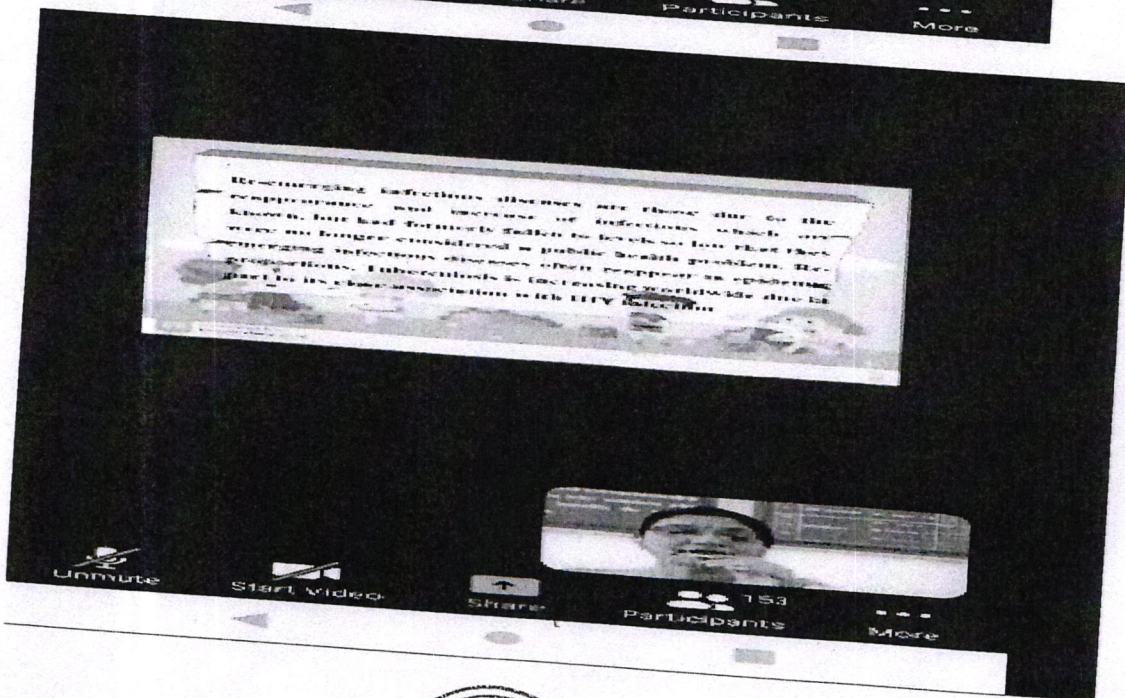
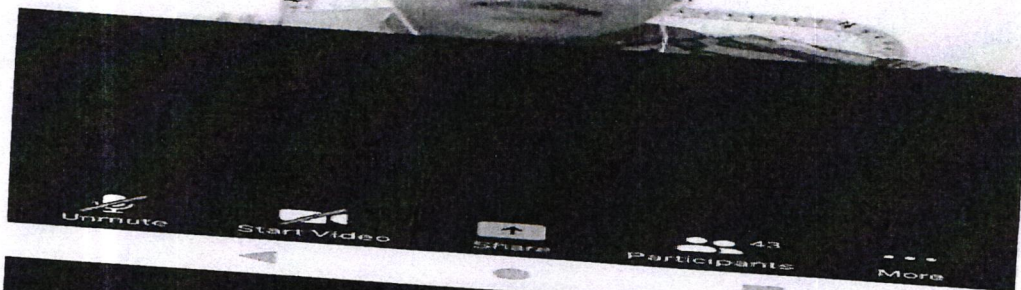
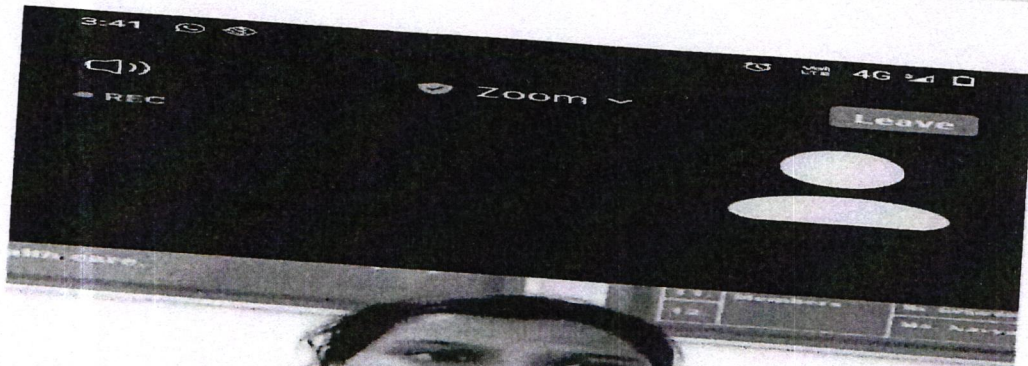
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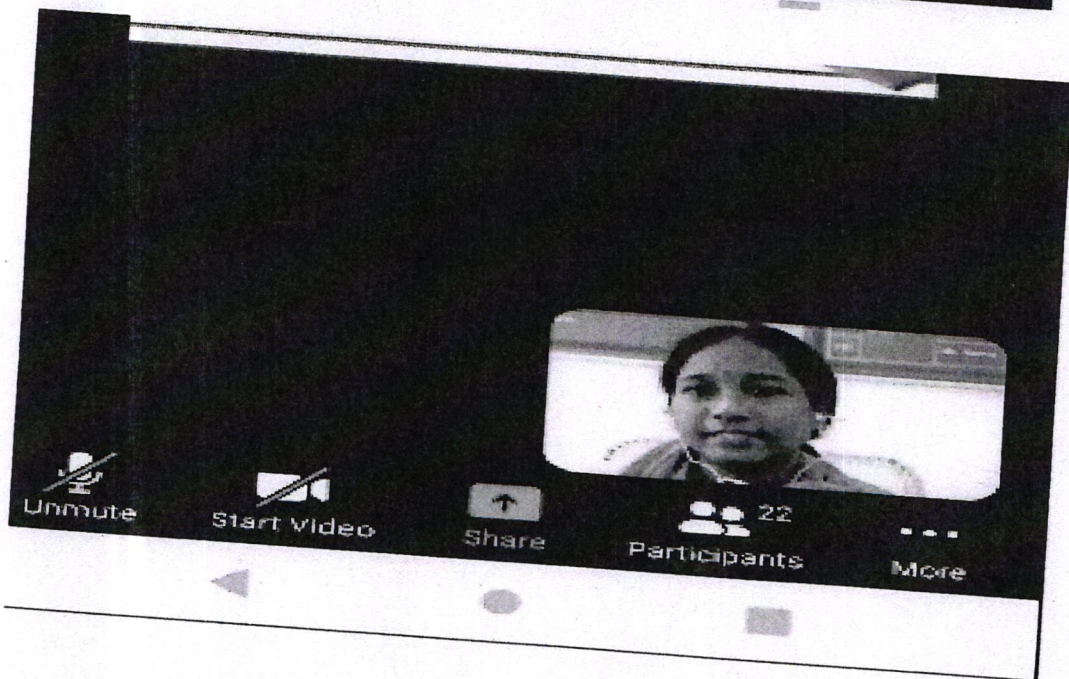
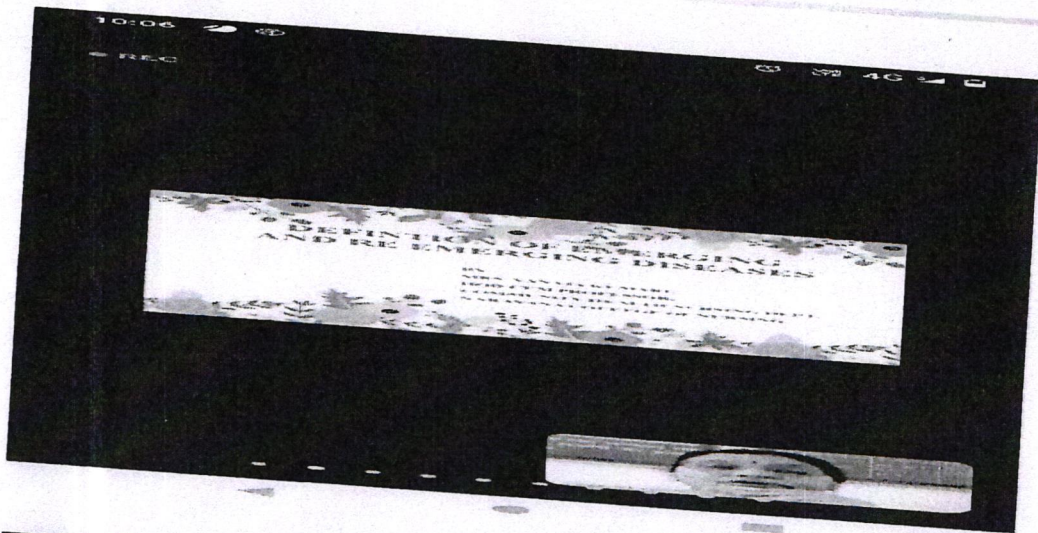
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B. Anny
SIGNATURE OF HOD

HOD
Dept of Community Health Nursing
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VALUE ADDED COURSE EMERGING AND REEMERGING DISEASES FEEDBACK FORM

DATE: 22.06.2021

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	/				
2	Organization of programme		/			
3	Session of the resource persons A) Presentation B) Time management	/				
4	The content is communicated effectively and clearly by speaker	/				
5	Voice audibility	/				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic					
10	Overall opinion on programme	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

I like very much & it is ~~helpful~~ helpfull for me.

Ansu saji

Name of the Participant

Ansu

Signature of the Participant

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ACADEMIC YEAR

2020-2021



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DEPARTMENT OF MENTAL HEALTH NURSING

VALUE ADDED COURSE ON

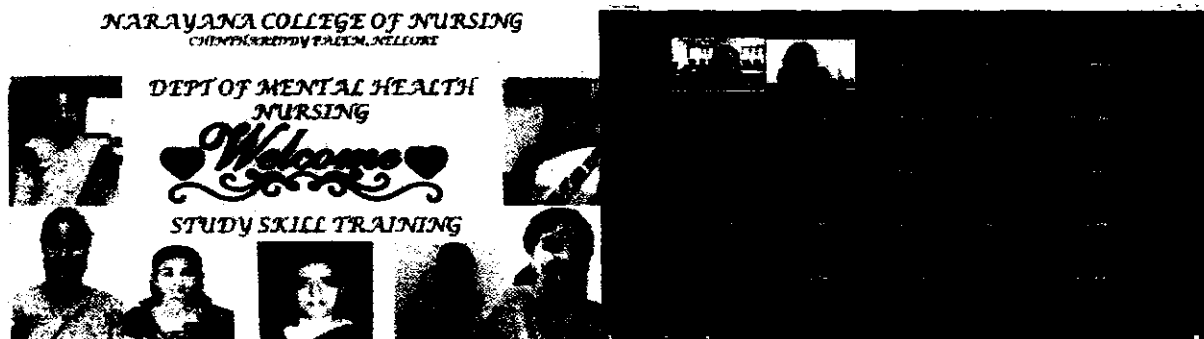
"STUDY SKILL TRAINING"

Department of Mental Health Nursing has organized an Value added course on "Study Skill Training" from 05/05/2021 to 06/05/2021 at virtual platform, in Narayana College of Nursing.

DAY 1: 05/05/2021

INAUGURATION (9AM-9.50AM)

At 9 Am-9.10 Am, Pre - test was conducted for all the participants who enrolled for the Value added course. The programme started at 9.11 am with the prayer song and welcome song by IV Year B.Sc(N) students. Dr. Indira S. Principal, NCON, officially announced the inauguration the program. Welcome address was proposed by Mrs. Smitha P M, Professor, Department of Mental Health Nursing, Narayana College of Nursing.



A total of 284 participants including faculties and students got enrolled in the Value added course

DAY 1:

Dr. Rajeswari, Professor & HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, explained the Learning objectives and outcome of the Value added course, introduced speakers and conveyed a brief outline on Value added course.

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OBJECTIVES OF PROGRAM

- 4. Discuss about student Motivation & Concentration in study skill
- 4. Explain Procrastination & Memory enhancement in study skill
- 4. Describe Note taking techniques
- 4. Explore Speed Reading –SKIM reading in reading skills
- 4. Illustrate Scanning and SQRRR techniques in reading skills
- 4. Explain about Writing Skills in study skill
- 4. Exposed the Learning Skills
- 4. Discuss Revision Skills
- 4. Explore Managing stress, Stress Buster in Academic stress
- 4. Illustrate Coping with stress and exam anxiety in Academic stress
- 4. Explain Time Management
- 4. Elaborate Study Groups

OUT COME OF PROGRAM

- After the program, Students will
- 4. understand Motivation & Concentration techniques in study skill
- 4. Explain Procrastination & Memory enhancement techniques in study skill
- 4. make use Note taking techniques
- 4. explore Speed Reading –SKIM reading in reading skills
- 4. apply Scanning and SQRRR techniques in reading skills
- 4. learn about Writing Skills in study skill
- 4. understand the Learning Skills
- 4. about Revision Skills
- 4. manage stress and about Stress Buster in Academic stress
- 4. Come up with stress and exam anxiety in Academic stress
- 4. Carry on Time Management
- 4. Understand the benefit of study groups

INTRODUCTION: (09:51 AM - 10:00 AM)

Dr. Indira. S, Principal, Narayana College of Nursing, briefly explained the meaning of Study skill training, different techniques and its importance.

TEA BREAK (10:01 Am -10:15 Am)

SESSION I (10.16 AM-11.00 AM): PERSONAL MANAGEMENT

Motivation & Concentration(10.16 AM-11.00 AM)

Mrs. V.Jayanthi Principal, SNNC discussed about student Motivation & Concentration in study skill training. She focused on tips to stay motivated, Concentration types and how to improve concentration. At the end of the session a video was played on Study skill – Better learning.

Procrastination,Memory enhancement¬e taking(11:01 - 01:00pm)

Dr. Rajeswari. H, Professor & HOD, Vice Principal, NCON explained aboutProcrastination& Memory enhancement in study skill training. She discussed elaborately the impact and how to overcome Procrastination, memory enhancement technique and purpose, types and techniques of note taking. Few videos played on Procrastination, memory enhancement technique and note taking methods at the end of the session.

01:00 - 02:00 PM Lunch Break

SESSION II (02.01-4.00PM)READING SKILLS

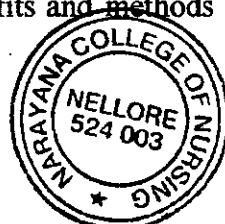
Speed Reading –SKIM reading(02.01-3.00PM)

Mrs.Smitha, Professor, NCON explored the Speed Reading –SKIMreading skills. She narrated speed reading techniques and methods, how to calculate and assess word per minute, benefits of speed reading, steps of Skimming and how to improve speed reading. Video on How to READ 3x FASTER | Improve Your Reading Speed & Comprehension and Skim Reading were played at the end of the session.

Scanning, SQRRR (03:01 – 04:00 pm)

Mrs. T.Lalitha, Associate Professor, SNNCillustrated Scanning and SQRRR techniques in reading skills. She spoke on benefits and methods of Scanning, what is SQ3R method and

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components of SQ3R method in an elaborate manner. A video on SQ3R method was played at the end of the session.

04:01 - 04:10 PM Tea Break

SESSION III(04.11-5.00PM)WRITING SKILLS

Writing Skill(04.11-5.00PM)

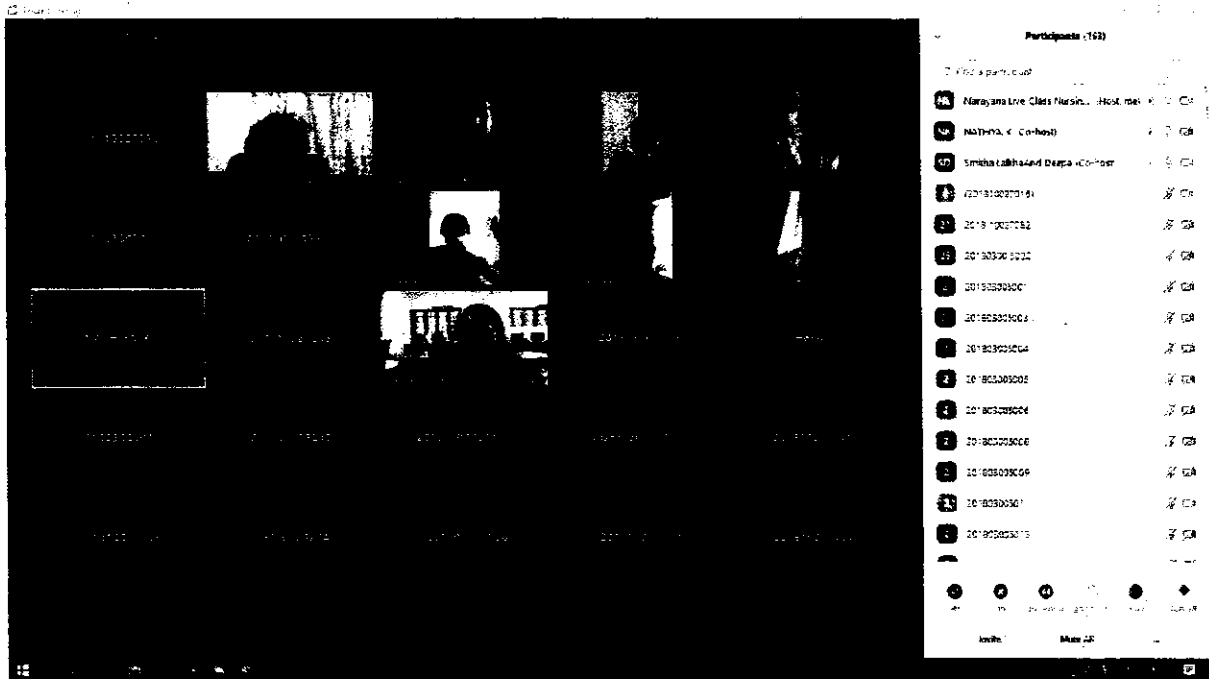
Ms. K Deepa, Assistant Professor NCON explicated about Writing Skills in study skill training. She explained the importance of writing skill, stages of improving writing, types of writing and

different approaches of writing. A video on **writing strategies** was played at the end of the session.

At the end of the **FIRST** day session, Mrs. Smitha, Professor, Narayana College of Nursing summarize the whole day session.

DAY 2: 06/05/2021

Second day started with the welcome and concise version of first day presentation by Mrs. Smitha, Professor, Narayana College of Nursing at **9.00 am**.



SESSION:IV (9.00 – 10.00 am)LISTENING SKILLS

Listening Skills (9.00 – 10.00 am)

Mrs. K. Nathiya, Asst. Professor. NCON expounded about Listening Skills. She focused on importance of listening, types of listening, how to listen effectively, stages of listening process and barriers of listening. A video on **6 Tips for Active Listening** was played at the end of the session.

10:00 - 10:15am Tea Break

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SESSION: IV(10.16 – 11.00 am) REVISION SKILLS

Revision Skills (10.16 – 11.00 am)

Dr. Rajeswari. H, Professor&HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, discussed about Revision Skills. She narrated on stages of revision, different types of learners and exam time revision techniques. Two videos were played as **Only 1% Of Students Know This Secret _ How To Study More Effectively For Exams In College** and **9 Best Scientific Study Tips _ Exam Study Tips for Students _ Letstute**.

SESSION- VI(11.01 – 4.00 pm) ACADEMIC STRESSOR

Managing stress, Stress Buster (11.01 – 12.00 Noon)

Mrs. Smitha, Professor, NCON explored Managing stress, Stress Buster in Academic stress. She discussed about what is academic stress, causes, symptoms, stress busters and how to manage academic stress. **How to Manage Stress as a Student** was a video played at the end of the session.

Coping with exam and exam anxiety. (12.01 – 01.00 pm)

Mrs. T.Lalitha, Associate Professor, SNNC presented on causes, symptoms and tips manage exam anxiety. A video was played on **Exam stress management** at the end of the session.

01:00 - 02:00 PM Lunch Break

Time Management(02.01 – 3.00 pm)

Ms. K. Deepa, Assistant. Professor, Narayana College of Nursing discussed on myths and truth about time management, importance and techniques of time management. A video played on **15 Tips To Manage Your Time Better** at the end of the session.

Study Groups(03.01 – 04.00 pm)

Mrs. K. Nathiya, Asst. Professor. NCON, explained on what is Study group, importance of study group, uses, types and benefits of Study group. At the end of the session a video is played regarding **Exam skills_ 6 tips** about using study groups.

04:01 - 04:10 PM Tea Break

At the of the second day session, Post test was conducted for all the participants and a feedback form regarding the programme was asked to fill by the participants later. Dr. Rajeswari. H, Professor &HOD, Narayana College of Nursing summarized the two days session and delivered vote of thanks. Programme came to an end with National Anthem.

An E- Certificate would be provided for all the participants was announced.

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HIGHLIGHTS OF THE PRESENTATION

MOTIVATION & CONCENTRATION

TRICKS TO STAY MOTIVATED



1. **Start with the easiest task.** Review the class notes.
2. **Divide work into small tasks.** Divide a lab report into sections (summary, introduction, tables and graphs, discussion and conclusion).
3. **Spread out the study periods.** Use the entire semester to study by reviewing notes every week.
4. **Study when you have the most energy.** Find the times of day you are the most alert and use those times to study.

HOW TO IMPROVE CONCENTRATION?



IN CLASS

- Pay close attention to your Teacher.
- Take good notes.
- Ask questions and actively participate in discussions.

AT HOME

- Create a working environment that is comfortable and adapted to your needs.
- Organize your time Set aside regular study times (with breaks and rewards).

PROCRASTINATION

Common reasons people procrastinate

- Not knowing where to start
- Not knowing where to go next
- Worrying the outcome won't be perfect
- Getting distracted
- Lack of confidence
- Deadlines and goals feel far away

Impact of procrastination

- Term papers / assignments written the night before they are due are typically of poor quality
- Poor performance on exams
- Mental stress and anxiety

MEMORY ENHANCEMENT

Using Your Whole Mind to Remember



- Mnemonics are methods for remembering information that is otherwise difficult to recall.
- Effective memorization begins with using as many of the best functions of the human brain as possible to code information. This includes:
 - Images, color, structure, sounds, smells, tastes, touch, spatial awareness, emotion, and language.
 - Additionally, symbols (red traffic lights, pointing fingers, road signs, etc.) can code quite complex messages quickly and effectively.

Create Associations

- Memory is a network of neurons. The brain learns by associating new information with existing information. It adds new networks to existing networks of neurons.
- What does this mean?
 - Linking the information to familiar ideas, personal experiences, or physical senses is the most powerful means of memorization.



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NOTE TAKING

Purposes of Notes Taking

- Save/remember important information, e.g. The notes you take down during class.
- Writing when reading, which often act as a combination of thinking tools and guides to the important points of the texts.
- Brainstorming technique which may be used to come up with new arguments, structures for or aspects of a research paper.

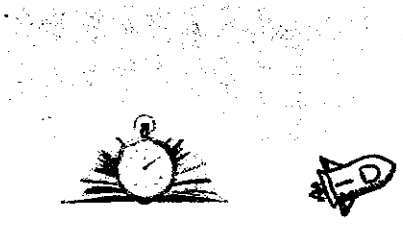


Mind Maps

- A graphical way to represent ideas and concepts.
- Visual thinking tool that helps structuring information, to analyze, comprehend, synthesize, recall and generate new ideas.



SPEED READING – 'SKIM' READING



Speed reading is the process of rapidly recognizing and absorbing phrases or sentences on a page all at once, rather than identifying individual words.

SPEED READING BENEFITS

- Improved memory and focus.
- Higher level of self-confidence.
- Trains your brain to process data at increased speed.
- At this speed, you can read much more than you expect.
- Absorb information and paperwork effectively.



Current: Keeps you up to date with developments in one's field.

Mental tonic: brushing up our knowledge, exercising our intellect and keeping us mentally on our toes.

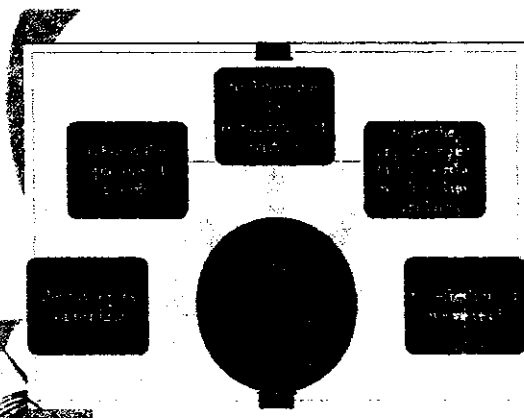
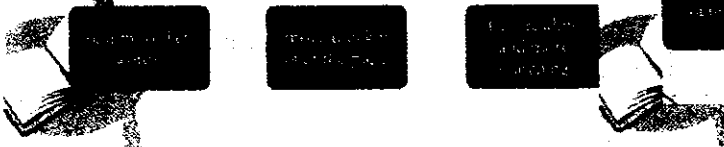
Others: Helps in preparing for exams and helps improve our understanding.

SCANNING, SQ3R

Scanning – Get only what you need.

To locate specific details.
Three steps to scanning include:

THREE STEPS INCLUDE



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WRITING SKILL

IMPORTANCE

- Writing aims to capture a thought or idea, to transfer it to a permanent format, making it tangible.
- The responsibility for that transfer falling squarely the writer's shoulder.
- Writing has to be much clearer than spoken language
- Great care is required to ensure that your message accurately interpreted by its audience.

TYPES OF WRITING


- Free writing
- Independent writing
- Process writing
- Easy writing
- Narrative writing
- Expository writing
- Persuasive writing



LISTENING SKILLS

Listening Skills

- Listening skills are the ways to help you listen something more effectively



Basic Types of Listening

- Active listening
- Selective listening
- Emphatic listening
- Ignoring listening



NATHIAH ASSOCIATES PROFESSOR,
MBA DPT

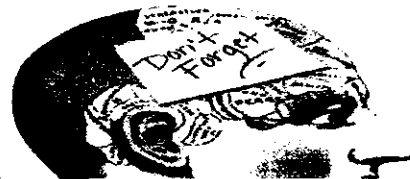
REVISION SKILLS

Recognise your revision style



Wonderful memory

- I can remember really easily so I don't need to worry.
- Problem: This may work for some topics, but memory is patchy and the details often go quickly.

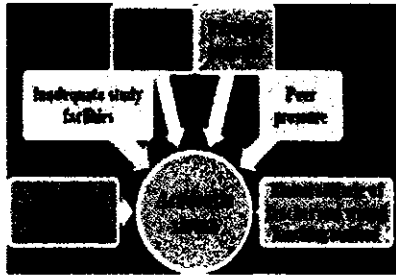
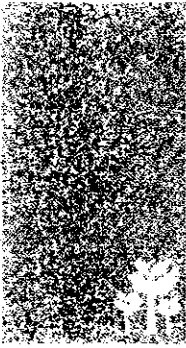


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MANAGING STRESS, STRESS BUSTER



Stress Busters

- Add balance to life: don't overdo studies or play.
- Know and accept what kind of person you are: strengths and weaknesses.
- Get a thorough physical exam.
- Take "time-outs," especially during study.
- Expand your support network, reinforce friendships.
- Spend time with people who are not stressed.
- Discuss problems with friends, family, dean or counselor.
- Exercise! It relieves bodily tension and increases oxygen flow to your brain!



COPING WITH EXAM AND EXAM ANXIETY

- WORRY
- TENSION
- FEAR
- STRESS
- PRESSURE
- ANXIETY
- HEADACHE

- PLAN YOUR STUDY
- SCHEDULE YOUR SUBJECTS
- TAKE DISCIPLINED ACTION
- IMPROVING CONCENTRATION
- THE GREATEST FAILURE IS "FAILING TO CONCENTRATE"

TIME MANAGEMENT

Cont...

- Time management refers to managing time effectively so that right time is allocated to the right



Time Management

IMPORTANCE

- "The Time Famine"
- Bad time management = stress
- This is life advice



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STUDY GROUPS



A study group is the collection of people who gather together to examine a topic they have agreed to study:-

- It provides a forum for colleagues to pursue classroom practices and student learning.
- It is a collaborative commitment
- It promotes the construction of knowledge through research.
- It provides a forum for different perspective and ideas.

MATHVA.E ASSO PROG/PHN OPT



- Groups:
1. School-Based Groups
 2. Job-Alike Groups
 3. Topic-Centered Groups

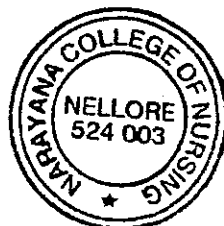


TABLE :1 FREQUENCY AND PERCENTAGE DISTRIBUTION OF GRADES ON STUDY SKILL TRAINING

N =222

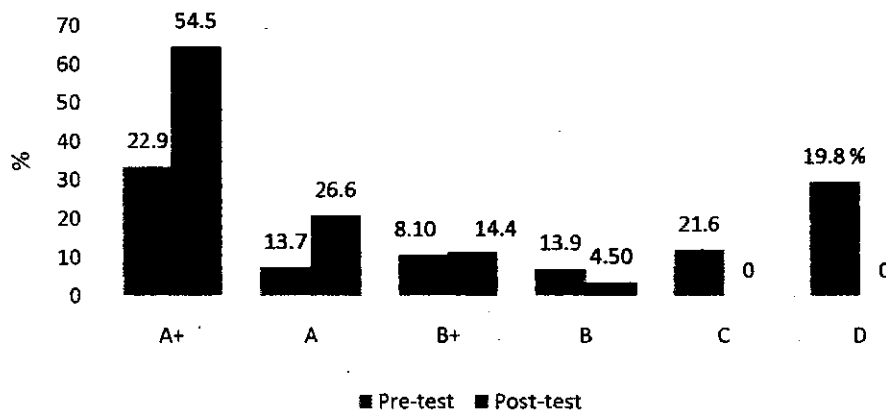
Level of knowledge (Grades)	Pre-test		Post-test	
	(f)	(%)	(f)	(%)
A+	51	22.9	121	54.5
A	30	13.7	59	26.6
B+	18	8.10	32	14.4
B	31	13.9	10	4.50
C	48	21.6	0	0
D	44	19.8	0	0
Total	222	100	222	100

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Fig 1 : Percentage distribution of grades on Study Skill Training (N = 284)



Out of total 284 participants, the pretest scoring was 33.45% as A+, 7.39% as A, 10.56% as B+, 7.04% as B, 11.98% as C and 29.58% as D grade. But in posttest, the knowledge grade has improved as 64.44% - A+, 20.77% - A and 11.27% - B+, 3.52% - B and this reveals that the Value added course on Study Skill Training was highly effective and useful for the participants.

TABLE :2 FREQUENCY AND PERCENTAGE DISTRIBUTION OF FEED BACK GRADES ON STUDY SKILL TRAINING

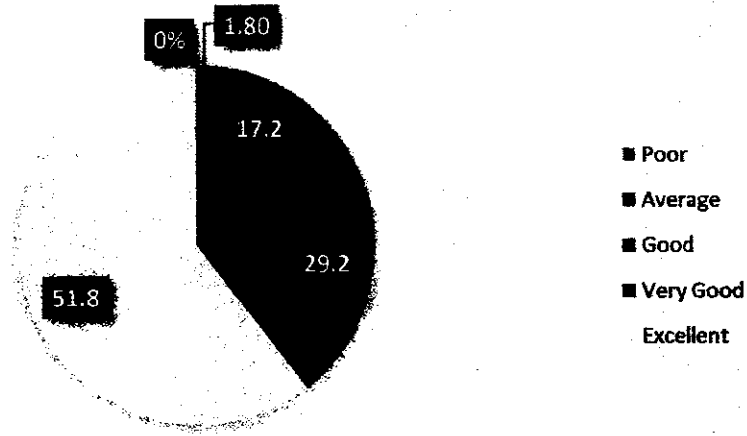
Feed back		
Poor	Frequency(f)	Percentage (%)
	0	0
Average	4	1.80
Good	38	17.2
Very Good	65	29.2
Excellent	115	51.8

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Fig 2: Percentage Distribution of Feedback grades on Study Skill Training (N = 284)



The feedback analysis shows 60.56% as excellent and 24.65% as very good, 13.38% as Good and 1.41% as Average. This indicates that the Enrichment Program feedback is good enough and most of the participants got benefited from the sessions.

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DEPARTMENT OF MENTAL HEALTH NURSING VALUE-ADDED COURSE ON STUDY SKILL TRAINING FEEDBACK FORM

DATE: 05/05/2021 & 06/05/2021

S.NO	CONTENT	5	4	3	2	1
1.	Objectives are well defined	/				
2.	Organization of program	/				
3.	Session of the resource persons a) Presentation b) Time management	/				
4.	The content is communicated effectively and clearly by speaker		/			
5.	Voice audibility		/			
6.	The audio-visual aids were effective and creative	/				
7.	Group interaction and involvement		/			
8.	Learning resource materials are adequate		/			
9.	Overall knowledge about the topic		/			
10.	Overall opinion on Program	/				

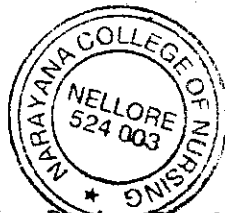
5-Excellent 4-Very good 3-Good 2-Average 1-Poor

Suggestions if any -----

Name of the Participant

Signature of the Participant

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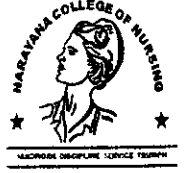
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DEPARTMENT OF OBSTETRICS & GYNECOLOGICAL NURSING VALUE ADDED COURSE ON CLINICAL TRIALS IN OBSTETRICS

DATE: 26.04.2021 - 27.04.2021

HOURS : 15

Department of Obstetrics and Gynaecological Nursing had conducted the Value added course On "Clinical Trials in Obstetrics on 26-04-2021 and 27-04-2021 (2 days) at 3rd floor Auditorium between 8-5pm. A total of 61 students participated in the programme.

The programme began with the prayer song followed by welcome song. The program was inaugurated with the auspicious Lamp lighting ceremony by, Dr.A.Indira, Principal, and other Dignitaries. Session commenced with the welcome address by T.Ushakiran Asso. Professor Dept of OBG Nursing..

Pre-test knowledge of the participants were assessed through online mode before the scientific session. **Unfolding the theme** for the programme was done by Dr.Kumari.V, dept of OBG nursing, Narayana College of Nursing.

A general introduction on topic was given by the Dr.Indira.A Principal with latest evidence based studies showing the importance of such researches.

Dr. B. Anuraj

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Dr.Kumari.V stressed the **Importance and methods of clinical Trials** for discovering new treatments as well as new ways to detect, diagnose, and reduce the chances of developing the disease.

Randomized Clinical Trials

Why are clinical trials important?

- Clinical trials translate results of basic scientific research into better ways to prevent, diagnose, or treat disease 
- The more people take part, the faster we can:
 - ✓ Answer critical research questions
 - ✓ Find better treatments and ways to prevent disease

- Subjects have equal chance to be assigned to one of two or more groups just like tossing of coin.



- One group gets the most widely accepted treatment (standard treatment)
- The other gets the new treatment being tested
- All groups are as alike as possible, removes the probability of bias.

Various issues faced by human and animal studies related to **Legal and ethical aspects of clinical trials** were clearly discussed by T.Ushakiran .

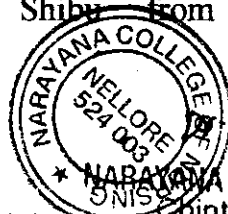
Research-Related Risks

- Research-related risks may meet the regulatory definition for minimal risk or may involve greater than minimal risk. FDA regulations define minimal risk as follows
- "Minimal risk means that the probability and magnitude of harm or discomfort anticipated in the research are not greater in and of themselves than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests."
- Research-related risks are the risks specifically associated with the trial interventions or procedures. If a woman is assigned to receive a drug while enrolled in a clinical trial assignment of the drug is determined by the protocol), then the risks associated with the drug would be considered research-related.

Regulations That Govern Research in Pregnant Women

- No inducements, monetary or otherwise, will be offered to terminate a pregnancy;
- Individuals engaged in the research will have no part in any decisions as to the timing, method, or procedures used to terminate a pregnancy; and Individuals engaged in the research will have no part in determining the viability of a neonate.

Quiz was conducted on **Methods of clinical trials** in which Ms .Sneha saji and MS.Shilji Shiby from IVth year got the first and second prize respectively



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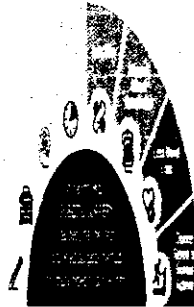
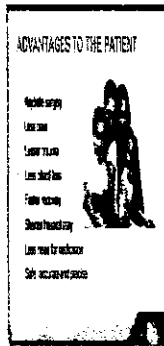
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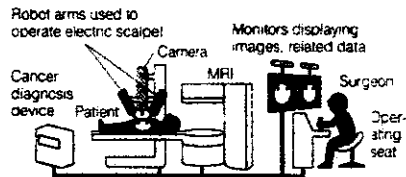


Mrs. Mejiline Bose , Asso prof Dept of OBG Nursing took the initiative in presenting an interesting session on **Robotics surgery in obstetrics** which covered the areas like **Telesurgical, Da Vinci surgical, Shared control robotic surgery and Cyber knife surgery system.**

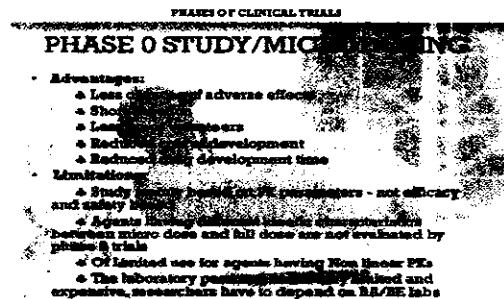
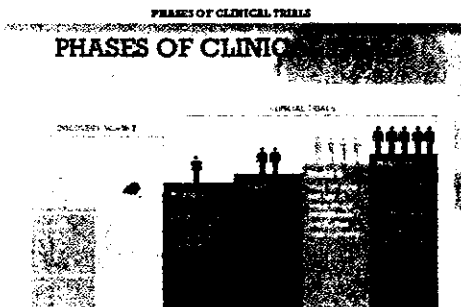


WORKING PRINCIPLE

Robot-assisted operating theater



Ms.Sowmya ,2nd yr post graduate student(OBG Nursing) continued the session with the **Steps and importance of obtaining the consent for Clinical Trials.** Relevant videos and images were shown to make the session more interesting.



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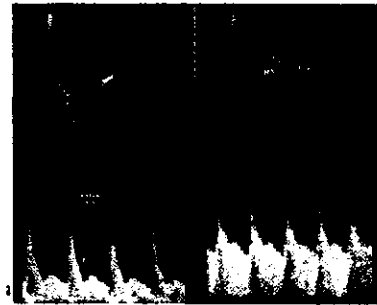
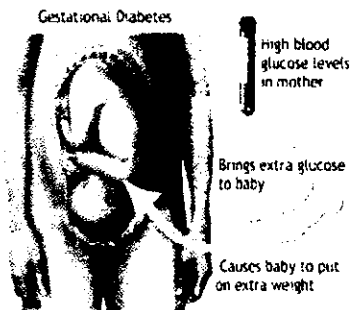
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For better understanding, **short video** was played on the implications on various phases of clinical trials and the mandate steps followed to abide legal and ethical principles

Mrs.A.Viji. prof Dept of OBG Nursing continued the **session on Clinical trials conducted PIH &GDM** with the latest and specific research studies ; Uterine Artery Doppler in Screening for Preeclampsia and Fetal Growth Restriction and effects of exercise on prevention of GDM are the prime concern in those trials .



Word puzzle was conducted to refresh and to investigate the analytical skill and critical thinking. From the overwhelming response among the participants, Ms.Shilji and Ms.Anu Abraham BSc(N)IVth students bagged the first second prizes respectively.

Advantages and disadvantages of clinical trials were very well discussed by **Ms. Indira priyadarshini**, II Yr. M.Sc (N) student with apt examples .

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ADVANTAGES OF CLINICAL TRIAL

BEING IN A CLINICAL TRIAL INCLUDE:

- people on a clinical trial may receive a newer treatment that is not yet available to the general public.
- The newer treatment may be more effective than standard treatments.
- The progress of treatment will be monitored closely.
- People who join clinical trials will also be helping other women who are diagnosed with breast cancer in the future.

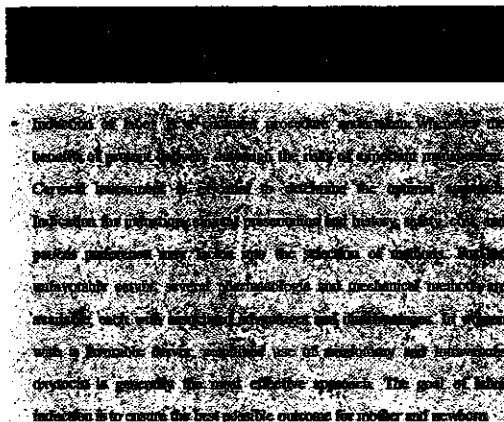
DISADVANTAGES OF CLINICAL TRIAL

BEING IN A CLINICAL TRIAL INCLUDE:

- It's not possible to choose which treatment to have
- the newer treatment might not be more effective than standard treatments
- the newer treatment might have more or different side effects compared with standard treatments
- more tests may be needed during and after treatment than with standard treatments
- it may be necessary to fill in more forms and surveys than with standard treatments

First day session came to an end with ,Ms.Indraja II MSc(N) getting **first prize** in a group activity on **quiz** in clinical trials in obstetrics

Day 2: Programmme began with the Recapping of the previous day session. Scientific session on **Clinical trails in labour** by Mrs.A.Viji , highlighted the various trials regarding the induction of labour, birth technique ,shorter duration of labour and lower intensity and less perception of pain



- Warm water immersion in labour can diminish stress hormones (catecholamines) and reduce pain by increasing the body's production of pain relievers (endorphins). It can ease muscular tension and help you to relax between contractions. Labouring in water may provide significant pain relief



Globally nearly, one quarter of all maternal deaths are associated with

PPH; the relevant **clinical trials** in postpartum and WHO

Dr. B. Anny



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recommendations for control and prevention of PPH were discussed by Mrs.Mejiline Bose with study findings of Postpartum haemorrhage (PPH), is a major hazard of maternal death which is accounting for 30% of deliveries with a 1% mortality rate globally

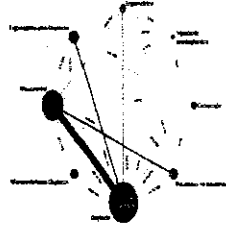
2. Uterotonics for PPH prevention

New findings on uterotonics for PPH prevention

• 196 trials (135 539 women) across 53 countries

• Any trial comparing a uterotonic vs placebo, no uterotonic or another uterotonic

• Single agents (oxytocin, carbocetin, misoprostol, ergometrine) or combination agents (oxytocin plus ergometrine, oxytocin plus carbocetin, misoprostol)



Gallois et al. Uterotonic agents for preventing postpartum haemorrhage: a network meta-analysis. Cochrane Database Syst Rev. (2015)89.

5. What's new: wider scope, more evidence

	2012 recommendations	2016 recommendations
Uterotonics considered	<ol style="list-style-type: none"> 1. Oxytocin 2. Misoprostol 3. Ergometrine/ methylergometrine 4. Oxytocin and ergometrine fixed-dose combination 	<ol style="list-style-type: none"> 1. Oxytocin 2. Carbocetin 3. Misoprostol 4. Ergometrine/ methylergometrine 5. Oxytocin and ergometrine fixed-dose combination 6. Injectable prostaglandins 7. Combination of misoprostol plus oxytocin
Evidence base	<ul style="list-style-type: none"> • Individual Cochrane systematic reviews 	<ul style="list-style-type: none"> • Cochrane systematic review & network meta-analysis • Individual Cochrane systematic reviews • Qualitative evidence synthesis of women & providers perspectives • Systematic review of cost-effectiveness studies

PCOD is one of the common endocrine and reproductive system disorders faced by women in reproductive age group. various clinical trials on PCOD and other gynaecological conditions and its implications were discussed by Mrs.Ushakiran with epidemiological finding of PCOS affects 5% to 10% of women of reproductive age which approximately 4 million individuals and It's prevalence among infertile women is 15% to 20%.

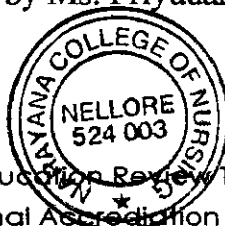
Group activity was conducted to make the participants word puzzle on clinical trials , Ms.Anu Abraham IV th year student got first prize

Unhealthy life style practices leads to increase no of cancer and fibroids in women in the present world ,many clinical trials regarding cancer and fibroids were discussed by Ms. Priyadarshini M.Sc II Year .

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CLINICAL TRIALS FOR CANCER: PHASES

Phase 1

Once a drug is approved for human studies, it is tested in a small trials to determine the optimal safe dose. *Phase 1 studies often involves patients with different kinds of cancer, or more recently, a single genetic change.*

Phase 2

These are large studies, usually for one or more specific types and stages cancer. *The goal of phase 2 studies is to both determine the optimal dosing and provide an early assessment of whether the drug work.*

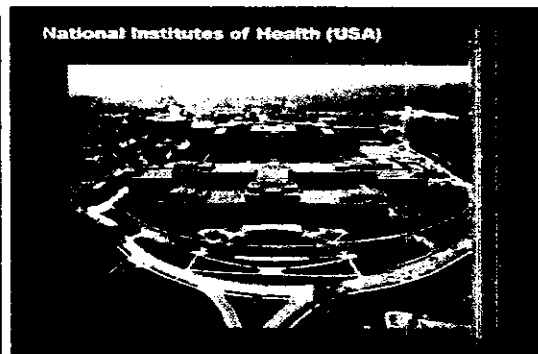
Phase 3

These trials take place after a drug has shown good result in earlier studies. They are large studies, often involving hundreds, or even thousands of patients, in multiple centers in the united states and/ or abroad. Patients on phase 3 trials have specific types and stages of cancer, many phase 3. These trials are designed to provide definitive evidence to support approval of the drug or agent for use in the public.

HOW DO CLINICAL TRIALS IN CANCER WORK?

- A Clinical trials establish the effectiveness and safety of new cancer treatments.
- Have longer periods of time when their cancers shrink or do not grow or spread to new places in the body (disease free or progression free survival).
- Have lower rates of recurrence after their primary treatment meaning the cancer do not come back.

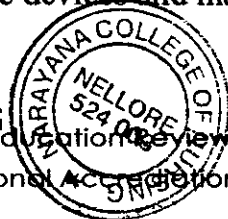
Every day, new health problems are arising among the population and the need of research centres to do the research on such current health issues are also increased. Session on **National and international centres for clinical trials** were oriented by Ms .Sowmiya M.Sc II Year



At the end of the session, group activity on picture puzzle in clinical trials was conducted ,Ms.Indirapriyadarshini 2nd Year student won the first prize

The scientific session was concluded with the last presentation on **clinical trials on family planning** by Mrs.T.Ushakiran, describing the various newer modalities ,contraceptive devices and many successful clinical trials on it.

Dr. B. Anuj



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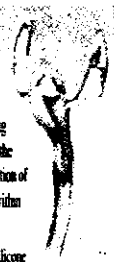
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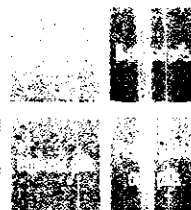
Adiana

- Two-step procedure comprising controlled thermal damage of the endocervix followed by insertion of a biocompatible matrix plug within the uterine cavity

- scar tissue forms around the silicone inserts, blocking off the fallopian tubes and preventing sperm from reaching the egg



Oral Contraceptives



Certificates and prizes were distributed to the delegates and winners of the activities by the Dignitaries

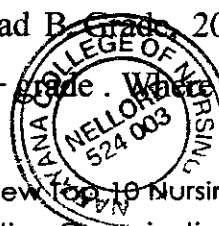
Post-test was conducted to assess the effectiveness of clinical trials in obstetrics

Table 1 :Frequency and percentage distribution of level of knowledge on clinical trials in obstetrics among students N = 61

GRADE	PRE-TEST		POST-TEST	
	F	%	F	%
A+	0	0	20	33
A	3	4	24	39
B+	4	7	10	16
B	4	7	7	11
C	20	33	0	0
D	30	49	0	0
TOTAL	61	100	61	100

The above table depicted that, among 61 participants, in pre-test 3(3%) had A Grade, 4(7%) had B+ Grade, 4(7%) had B Grade, 20 (33%) had C Grade, 30(49%) had Grade D and no one had A+ grade. Whereas in post-

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test,20(33%) had A+ Grade ,24(39%) had A Grade ,10(16%) had B+ Grade
,7(21) had B Grade , no one had C Grade, and D Grade

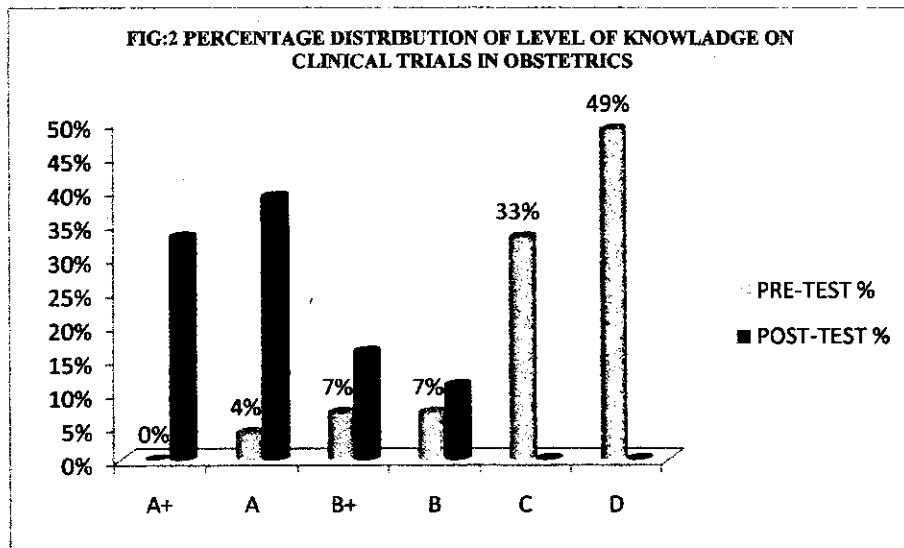


Table 2 :Distribution of student feedback analysis on clinical trails in obstetrics

GRADE	FREQUENCY	PERCENTAGE
Excellent	48	79
Very Good	8	13
Good	5	8
Average	0	0
Poor	0	0
TOTAL	61	100

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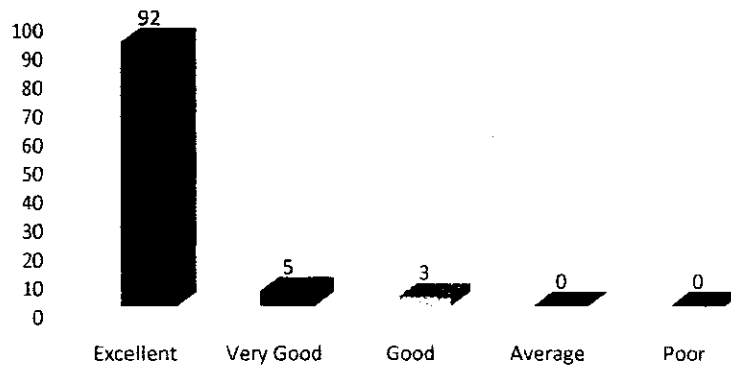
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Fig 6: Distribution of Student feedback analysis of the enrichment programme. (N=61)



Mrs.Viji.A proposed a vote of thanks and the programme came to an end with the National Anthem.

PHOTO GALARY:



Figure 1: Lamp Lighting by Dignitaries on Value added Course

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Figure 2: Faculties and Students on Value added Course

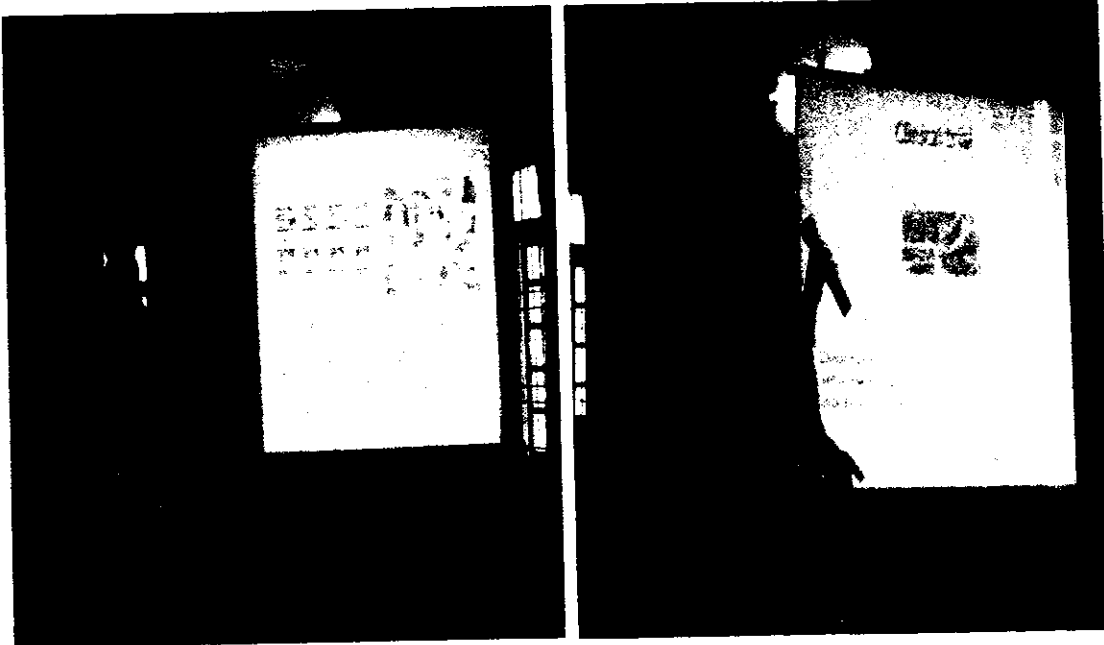
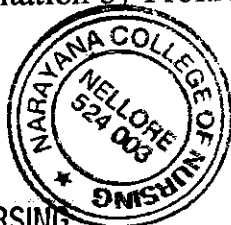


Figure 3: Presentation by Prof.A.Viji in Value added Course

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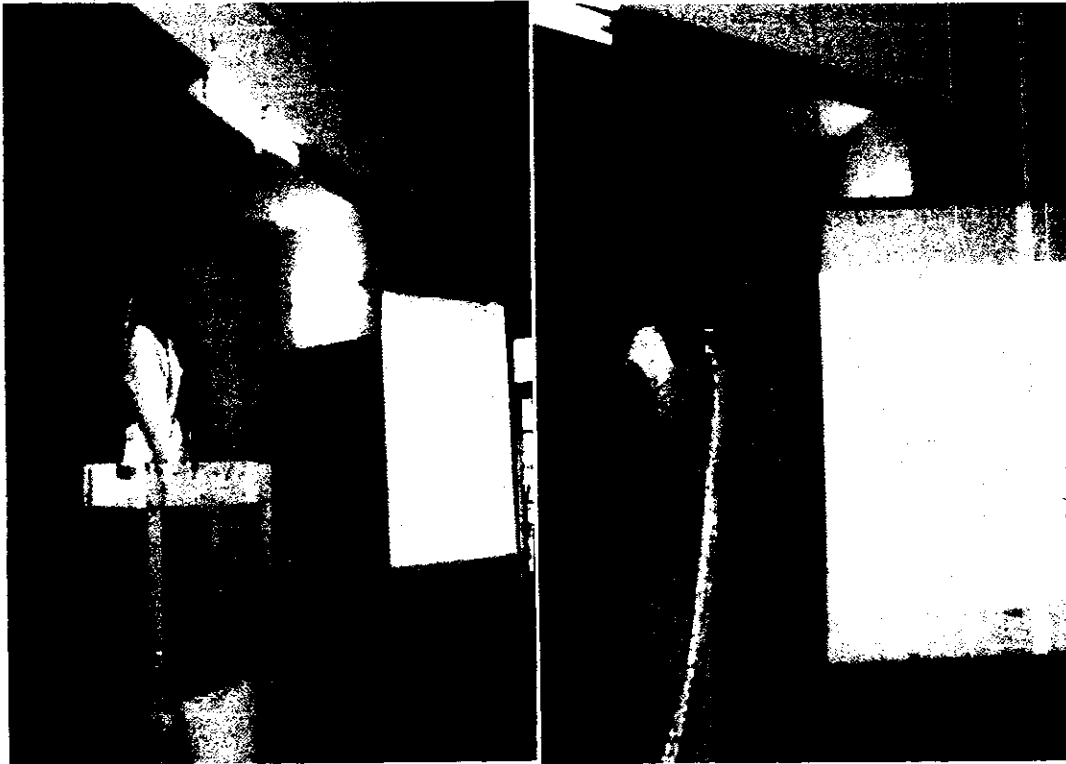
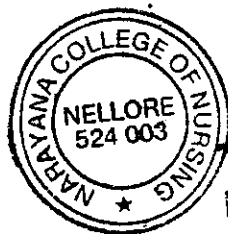



Figure 4: Presentation by T.Ushakiran Asso professor in Value added Course


Head of the department




Principal

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Value Added Course on
Crisis Intervention and Management (2020-2021)
Course code: VAC-COHN 5
DATE: 16-11-2020 to 17-11-2020

Date: 16.11.2020 to 17.11.2020

Venue: Auditorium, III Floor

Number of Students Enrolled: 25

Attendees: II PBBSC and III B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on "Crisis Intervention and Management" for II PBBSC and III B.Sc. Nursing students from 16th to 17th November 2020. The course aimed to enhance students' understanding of crisis situations and equip them with effective management strategies applicable in clinical settings.

The resource person, , **Dr. Harsitha, Assistant Professor, Dept of Psychiatry, Narayana Medical college and Hospital, Nellore.** delivered engaging sessions covering essential topics such as the principles of crisis intervention, identifying different types of crises, and effective communication techniques during emergencies.

Students participated in interactive discussions, role-playing exercises, and case studies, allowing them to apply theoretical concepts to practical situations. This hands-on approach significantly improved their skills in crisis assessment and intervention planning.

A total of 25 students successfully completed the course and received certificates of achievement. The course was coordinated by **Mrs G Pavithra**, who ensured a comprehensive and enriching learning experience throughout the program.

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The program concluded with a vote of thanks, expressing appreciation to the resource person and participants for their enthusiastic engagement. The session culminated with the National Anthem, marking the successful completion of the course.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Crisis Intervention and management Among Participants (N=25)

	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	3	12.0	10	40.0
B	7	28.0	8	32.0
C	15	60.0	7	28.0
Fail	0	0.0	0	0.0
TOTAL	25	100	25	100

Tab No: 2. Percentage distribution of level of knowledge among participants

	FREQUENCY	PERCENTAGE (%)
EXCELLENT	18	72.0
VERY GOOD	5	20.0
GOOD	2	8.0
AVERAGE	0	0.0
POOR	0	0.0
TOTAL	25	100

Dr. B. Arun
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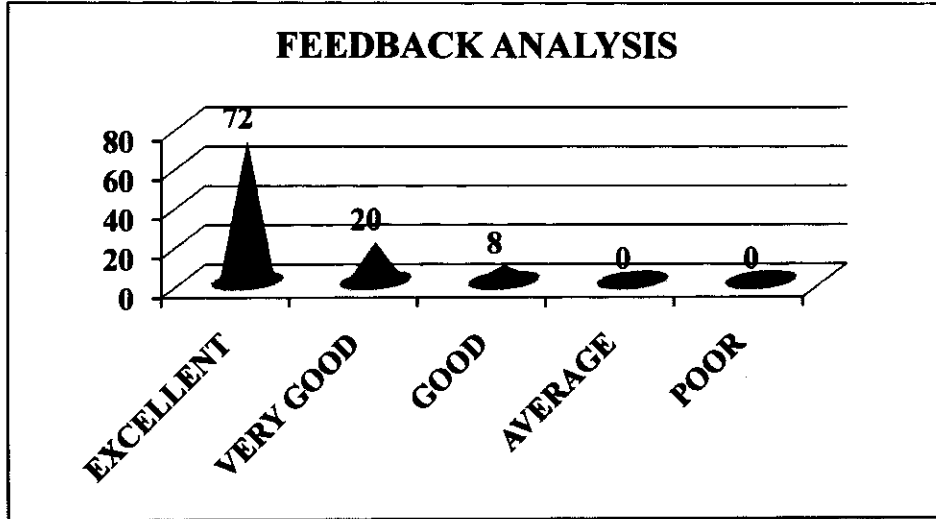


Fig No 3: Percentage distribution of feedback analysis among students



Participants with resource person Dr. Harshitha and faculty in value added course on 16.11.2020.

A. S. S. S. S.

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Dr. B. S. S. S.

Principal

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VALUE ADDED COURSE

Crisis Intervention and management (2020-2021)

FEED BACK FORM

Date: 17-11-2020

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined			✓		
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

BUNGA BHANU
Name of the Participant

Bhavana
Signature of the Participant

A. Indira

Principal
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Dr. B. Anurag
Principal
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Value Added Course on Digital Health and Remote Care
(2020-2021)

Course code: VAC-MSN 7

DATE: 19-10-2020 to 20-10-2020

REPORT

Date: 19-10-2020 to 20-10-2020

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 35

Attendees: II B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on "Digital Health and Remote Care" for II B.Sc. Nursing students from 19th to 20th October 2020. The course aimed to enhance students' understanding and skills in utilizing digital health technologies, which are increasingly vital in modern healthcare delivery.

The resource person, **Mrs G Vidya Sagar, M.tech, Sree Venkateswara engineering College, Nellore**, delivered insightful sessions on essential topics, including the significance of digital health, the role of remote care in patient management, current technologies in healthcare, and the challenges and benefits of implementing these approaches.

Students actively participated in interactive sessions that encouraged the application of theoretical concepts to real-world scenarios, thereby improving their competency in digital health practices. The course was well-received, with students engaging in discussions, case studies, and group activities, which significantly enriched their understanding of digital health and remote care.

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A total of 35 students successfully completed the course and received certificates upon completion. The course was coordinated by Mrs. R.Kanakalakshmi, who ensured a smooth and enriching learning experience throughout the program.

The program concluded with a vote of thanks, expressing gratitude to the resource person and participants for their enthusiastic involvement. The session culminated with the National Anthem, marking the successful completion of the course.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Digital Health and Remote Care Among Participants (N=35)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	3	8.6	18	51.42
B	10	28.6	12	34.3
C	22	62.85	5	14.3
Fail	0	0	0	0
TOTAL	35	100	35	100

Tab No: 2. Percentage distribution of level of knowledge among participants

	FREQUENCY	PERCENTAGE (%)
Excellent	30	85.7
Very Good	4	11.42
Good	1	2.85
Average	0	0
Poor	0	0
TOTAL	35	100

D.R. Prasad
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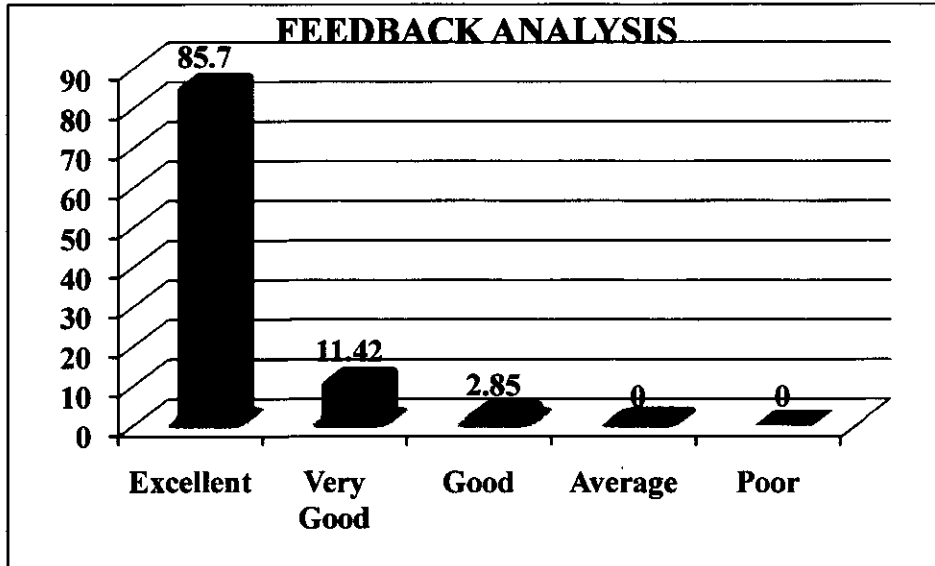


Fig No 3: Percentage distribution of feedback analysis among students



Mr.G.Vidhya sagar presenting topic in digital health and remote care on 20.10.2020

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VALUE ADDED COURSE

DIGITAL HEALTH AND REMOTE CARE

FEED BACK FORM

Date: 20-10-2020

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement			✓		
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Excellent

Name of the Participant

Jomol A.K

Signature of the Participant

A. Indira
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Dr. B. Anny
Principal
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**Value Added Course on Drafting a Research Proposal
(2020-2021)**

Course code: VAC-NR 1

DATE: 21-09-2020 to 22-09-2020

REPORT

Date: 21-09-2020 to 22-09-2020

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 42

Attendees: I M.Sc, II M.Sc, I PBBSC, and IV B.Sc Nursing students.

Narayana College of Nursing organized a value-added course on "Drafting a Research Proposal" for I B.Sc. Nursing students from 21st September to 22nd September 2020. The course aimed to enhance students' understanding and skills in creating effective research proposals, a vital aspect of nursing research and evidence-based practice.

The resource person, **Dr. P .Nagendra Babu, Professor, HoD, Sree Venkateswara engineering College, Nellore** delivered comprehensive sessions on essential topics, including the significance of research proposals, key components, formulating research questions and hypotheses, and common challenges in drafting proposals.

Students participated in interactive sessions that encouraged the application of theoretical concepts to practical scenarios, thereby improving their competency in research methodology. The course was well-received, with students actively engaging in discussions, peer reviews, and group activities, which significantly enriched their understanding of research proposal drafting.

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A total of **42 students** successfully completed the course and received certificates upon completion. The course was coordinated by **Ms. R T Girija Rani**, who ensured a smooth and enriching learning experience throughout the program.

The program concluded with a vote of thanks, expressing gratitude to the resource person and participants for their enthusiastic involvement. The session culminated with the National Anthem, marking the successful completion of the course.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Drafting a Research Proposal Among Participants (N=42)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	4	9.5	20	47.6
B	12	28.6	15	35.7
C	24	57.1	5	11.9
Fail	2	4.8	2	4.8
TOTAL	42	100	42	100

Tab No: 2. Percentage distribution of level of knowledge among participants

	FREQUENCY	PERCENTAGE (%)
Excellent	30	71.4
Very Good	12	28.6
Good	0	0
Average	0	0
Poor	0	0
TOTAL	42	100

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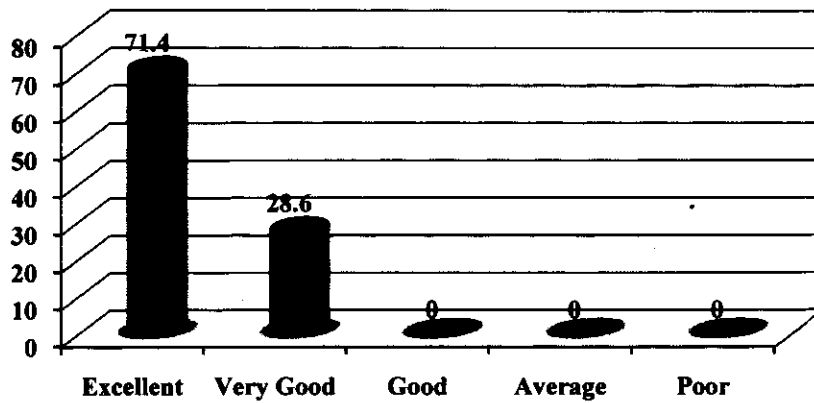
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FEEDBACK ANALYSIS



Mr. Nagendra actively involved participants in hands-on experience in drafting the research proposal on September 22, 2020."

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D. B. Arjun
Principal

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VALUE ADDED COURSE

DRAFTING A RESEARCH PROPOSAL

FEED BACK FORM

Date: 22-09-2020

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative			✓		
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

Sneha V.R
Name of the Participant

Sneha
Signature of the Participant

Dy. B. Anj
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**Value Added Course on Time Planning and Productivity Enhancement
(2020-2021)**

Course code: VAC-MSN 6

DATE: 10-08-2020 to 11-08-2020

REPORT

Date: 10-08-2020 to 11-08-2020

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 53

Attendees: I B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on "Time Planning and Productivity Enhancement" for I B.Sc. Nursing students from 10th to 11th August, 2020. The course aimed to enhance the understanding and application of time management principles essential for nursing professionals to improve their efficiency and effectiveness in patient care.

The resource person, **Dr Penchalaiah P, Professor, Narayana Engineering College, Nellore, AP.** delivered insightful sessions on vital topics, including the importance of effective time management, common challenges in healthcare settings, techniques for prioritizing tasks, and strategies for overcoming procrastination.

Students engaged in interactive sessions that allowed them to apply theoretical knowledge to practical scenarios, enhancing their competency in managing time effectively in clinical environments. The course was well-received, with students

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actively participating in discussions, case studies, and group activities, which enriched their understanding of this critical area in nursing.

A total of 53 students successfully completed the course and received certificates upon completion. The course was coordinated by Mrs. Kanakalakshmi. R, who facilitated a smooth learning experience throughout the program.

The program concluded with a vote of thanks, expressing gratitude to the resource person and participants for their active involvement. The session culminated with the National Anthem, marking a successful completion of the course.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Time Planning and Productivity Enhancement Among Participants (N=53)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	4	7.5	20	37.7
B	12	22.6	15	28.3
C	24	45.3	12	22.6
Fail	13	24.5	6	11.3
TOTAL	53	100	53	100

Dr. R. Rami
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Fig No: 2. Percentage distribution of level of knowledge among participants

	FREQUENCY	PERCENTAGE (%)
Excellent	30	56.6
Very Good	12	22.6
Good	8	15.1
Average	3	5.7
Poor	0	0
TOTAL	53	100

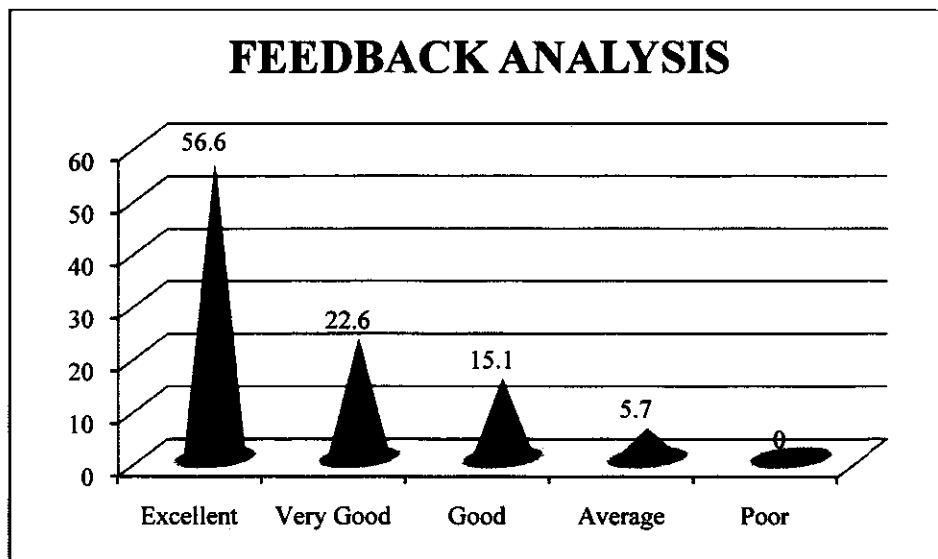


Fig No 3: Percentage distribution of feedback analysis among students

Dr. R. Anuj
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Participants attended the value-added course on Time Planning and Productivity Enhancement via the Zoom platform on August 10, 2020.

D. R. Am
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VALUE ADDED COURSE

TIME PLANNING AND PRODUCTIVITY ENHANCEMENT

FEED BACK FORM

Date: 11-08-2020

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

Aruna Babu
Name of the Participant

[Signature]
Signature of the Participant

A. S. S. S. S.
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Value Added Course
Trans cultural Competence in Nursing (2020-2021)
Course code: VAC-MSN 5
DATE: 13-07-2020 to 14-07-2020

REPORT

Date: 13.07.2020 to 14.07.2020

Venue: Smart Classroom, II Floor

Number of Students Enrolled: 33

Attendees: II B.Sc. Nursing Students

Narayana College of Nursing organized a value-added course on “**Transcultural Competence in Nursing**” for II B.Sc. Nursing students from **13th to 14th July 2020**. The course aimed to enhance the understanding and application of transcultural competence principles essential for nursing professionals in providing culturally sensitive care.

The resource person, **Dr. Amiya Bhumik**, College of Nursing, Lincoln university, Malaysia, delivered insightful sessions on vital topics, including the significance of transcultural competence, understanding cultural differences, strategies for effective communication, and best practices in providing culturally appropriate care.

Students engaged in interactive sessions that allowed them to apply theoretical knowledge to real-world scenarios, enhancing their competency in delivering patient-centered care across diverse cultural contexts. The course was well-

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received, with students actively participating in discussions, case studies, and group activities, which enriched their understanding of this critical area in nursing.

A total of **33 students** successfully completed the course and received certificates upon completion. The course was coordinated by **Mrs.R.Kanaka lakshmi**, who facilitated a smooth learning experience throughout the program.

The program concluded with a vote of thanks, expressing gratitude to the resource person and participants for their active involvement. The session culminated with the National Anthem, marking a successful completion of the course.

ANALYSIS:

Table 1: Frequency and Percentage Distribution of Level of Knowledge on Transcultural Competence Among Participants (N=33)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	5	15.2	18	54.5
B	10	30.3	8	24.2
C	18	54.5	7	21.2
Fail	0	0	0	0
TOTAL	33	100	33	100

D.V. Kanaka Lakshmi
Principal
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Fig No: 2. Percentage distribution of level of knowledge among participants

	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	24	72.7
VERYGOOD	6	18.2
GOOD	2	6.1
AVERAGE	1	3.0
POOR	0	0
TOTAL	33	100

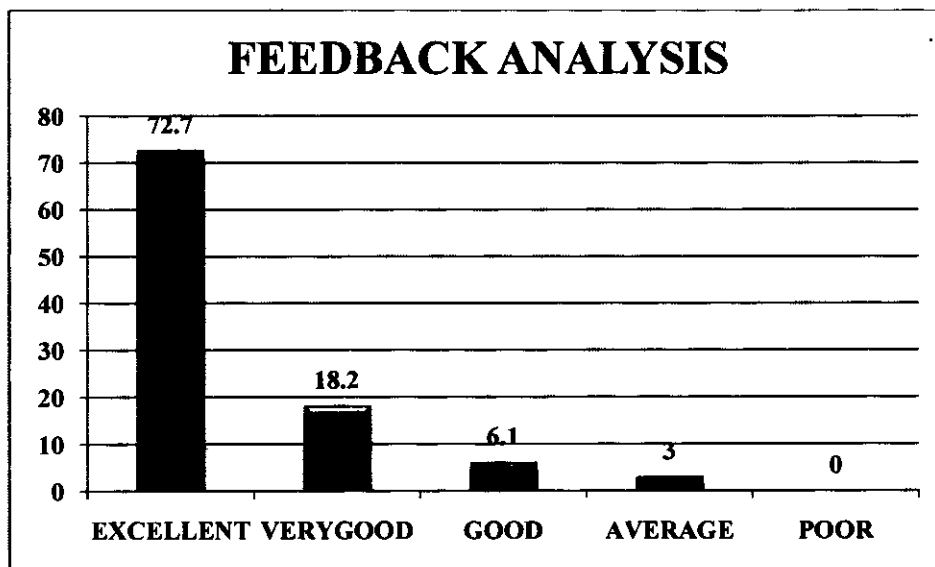


Fig No 3: Percentage distribution of feedback analysis among students

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Participants of 2nd-year B.Sc Nursing attended the value-added course on Transcultural Competence in Nursing on July 13, 2020.

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VALUE ADDED COURSE

Transcultural Competence in Nursing (2020-2021)

FEED BACK FORM

Date: 14-07-2020

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined			✓		
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very Good

Aleena Raju
Name of the Participant

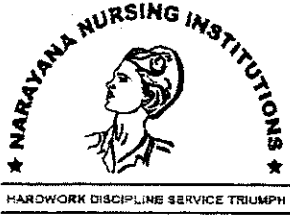
Aleena
Signature of the Participant

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ACADEMIC YEAR

2019-2020



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DEPARTMENT OF OBSTETRICS & GYNECOLOGY

VALUE ADDED COURSE ON

“EMERGENCIES IN CLINICAL OBSTETRICS “

DAY : 1 (16.03.2020) (MONDAY)

Narayana College Of Nursing, Chinthareddy Palem, Nellore had conducted a **Value added Course** On “EMERGENCIES IN CLINICAL OBSTETRICS” from 16-03-2020 to 17-03-2020 (2 days) at 3rd floor Auditorium between 8-5pm. The programme begun with prayer song by I year M.sc students followed by welcome song with I year Msc students . The Lamp lighting ceremony was done by, Dr.A.Indira,Principal, and other Dignitaries. Session commenced with the welcome address by Mrs.A.Viji Asso. Professor Dept of OBG(Nursing). Pre-test questionnaire were given to Faculties and Nursing students and same were collected before the scientific session. A general introduction on “**Emergencies in clinical obstetrics**” was given by our principal with latest statistics showing the importance of **emergencies clinical obstetrics** .

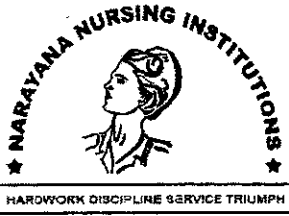
Dr.Kumari. HOD dept of OBG nursing presented main Objectives and Importance of Knowledge on Clinical Obstetrics. Mrs .A. Viji prof . Dept of OBG(Nsg) presented on Shoulder Dystocia She explained predisposing factors, predictions and mechanism of shoulder dystocia. There was a Quiz program conducted by M.sc students. thoroughly explained about Predisposing factors, types and management of Cord Presentation and Prolapse by Mrs.Sujatha Asst. prof Dept of OBG (Nursing) content was clearly taught .

Afternoon session continued with Mrs . T. Ushakiran Asso. prof . Dept of OBG (Nursing) dealt the topic “Breech vaginal delivery” with various positions, indications, mechanism. Next there was shown some short videos of cord prolapsed , breech presentations . Ms. Revathi Asst. prof Dept of OBG (Nsg) followed the session on postpartum haemorrhage its types , causes, clinical features . There was a soft skill activity of quiz conducted in last session . Ms.Sravanthi MSc Nursing I year presented TheoryApplication in OBG Nursing Practice

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First day(Monday) session was completed with group activity competition ,the winners are Ms.Kanaka lakshmi Asso .prof, Ms.Elizabeth Asso. prof and Ms.kalyani BSc III yr nursing student.

DAY -II : 17 -03 -2020(TUESDAY)

The session commenced with recapping of the previous day events by Mrs.A.Viji and followed by Prof.A.Viji Dept of OBG “Shoulder dystocia – Management”. Mrs. Megilin Bose continued the session with Management Protocol for Emergencies in Clinical Obstetrics which included the aims and objectives, management of cord prolapsed and presentation at clinical and community level protocol, post birth documentation, staff training support and how to fill the management form clearly taught . Mrs.Ushakiran begun her session with interesting Manoeuvres of Breech Delivery

An interactive **group activity** was conducted on “ **clinical emergencies** “ MSc (N) I and II yr students took active part.

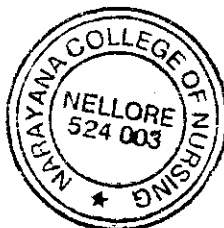
Ms. Revathi gave a detailed explanation on “Obstetrical shock “ **its types , managmen and complications.**

Floor was open, for queries and participants were encouraged to take active part in the forum, which was one of the lively session of enrichment. Post-test was conducted to assess the effectiveness enrichment programme.

Statistical Analysis & Interpretation Of Effectiveness Of Value added course on Emergencies in clinical obstetrics”

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Table1: Frequency and Percentage distribution of grades on emergencies in clinical obstetrics among students. (N=110)

GRADE	PRE-TEST		POST-TEST	
	F	%	F	%
A+	0	0	34	31
A	4	3	36	33
B+	6	5	24	22
B	10	9	16	14
C	25	23	0	0
D	65	60	0	0
TOTAL	110	100	110	100

The results showed that, among 110 participants, in pre-test, 4 (3%) had A grade , 6(5%) had B+ Grade, 10 (9%)had B grade , 25 (23%) had C Grade, and 65 (60%) had D Grade . Where as in post-test, 34(31%)had A+ Grade ,36(33%) had A Grade, 24 (22%) had B+ grade and 16(14%) had B grade. Hence, it was concluded that, value added course On “emergencies in clinical obstetrics” was effective in improving the participant’s level of knowledge on surfactant therapy

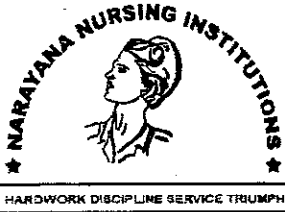
Table 2 : Distribution of students feedback analysis of the enrichment programme. (N=110).

GRADE	Frequency (F)	Percentage (%)
Excellent	77	70
Very Good	24	22
Good	9	8
Average	0	0
Poor	0	0
TOTAL	110	100

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Fig 2: Distribution of Student feedback analysis of the Value added course . (N=110)

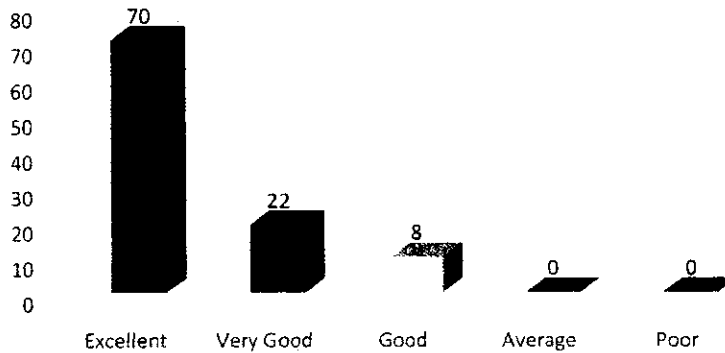


Fig 2: Percentage distribution of feedback among student

Feedback about the programme was taken from participants where 77 (70 %) felt that programme is excellent, 24 (22%) conveyed that programme is very good and 9(8 %) expressed that programme is good.

Mrs.Revathi ,D proposed a vote of thanks and the programme came to an end with the National Anthem



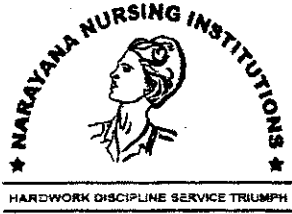
Figure 1 : Lamp Lighting by Faculties on Value Added Course

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Figure 2: Presentation by Mrs. Revathi ,Assistant Professor




Figure 3: Faculties and student participation on Value added course


Head of the department




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DEPARTMENT OF MENTAL HEALTH NURSING

VALUE ADDED COURSE ON

"INNOVATIONS IN PSYCHOTHERAPY"

Department of Mental Health Nursing has organized a **Value-Added course on "Innovations in psychotherapy"** from 5/02/2020 to 6/02/2020 in 3rd Floor, Auditorium at Narayana College of Nursing.

DAY 1: INAUGURATION (8AM-8.50AM)

At 8 Am-8.10 Am, Pre - test was conducted for all the participants who enrolled for the value-added course. The programme started at 8.11 am with the prayer song by Ms. Anjali monichan, Ms. Roselin, Ms. Sariga, III Year B.Sc(N) students and welcome song by Ms. Abiya.K.Biju, Ms. Arya, Ms. Shona III Year B.Sc (N) students. Welcome address was proposed by Mrs. Suchithra, Asst professor, Department of Mental Health Nursing, Narayana College of Nursing.

Dr. Indira S, Principal, Narayana College of Nursing, Dr. Rajeswari, HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, Mrs. Vanaja kumari, HOD, Department of Community Health Nursing, Mrs. A. Latha, HOD, Department of Medical and Surgical Nursing, Mrs. Viji, HOD, Department of Obstetrical and Gynecological Nursing, Ms. Ramya, Department of Child Health Nursing, Mrs. K. Kantha, HOD, Department of Nursing Research, and Ms. Elizabeth, Department of Fundamentals of Nursing, lightened the lamp and inaugurated the programme. A total of 138 participants including faculties and students got enrolled for the programme.

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DAY 1: (08:50 AM - 09:30 AM)

Dr. Rajeswari, Professor & HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, specified the Learning objectives of the Value-added course, introduced speakers and conveyed a brief picture on the value-added course.

INTRODUCTION: (09:30 AM - 10:00 AM)

Dr. Indira. S, Principal, Narayana College of Nursing, enlightened on meaning of psychotherapy, types of psychotherapy, Innovations in psychotherapy and its importance.

TEA BREAK (10:00 Am -10:15 Am)

SESSION I (10.16 AM-11.50 AM): INDIVIDUAL PSYCHOTHERAPY

Acceptance & Commitment, Attachment Psychotherapy (10:16- 10:35 am)

Mrs. T. Lalitha, Asst Professor, SNNC explained on Acceptance & Commitment psychotherapy, and Attachment psychotherapy. She focused on Acceptance of what is out of personal control, Commitment to taking action that enriches life and six core principles and techniques to help clients develop Psychological flexibility.

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Autogenic Psychotherapy (10:36 - 10:45 am)

Mrs. S. Syamala, 2nd year, M.Sc. (N), Narayana College of Nursing, discussed about the Autogenic psychotherapy and explained on relaxation techniques to desensitize the client like contextual influences, meditation and relaxation, health psychology and psychological management.

Compassion Focused, Dialectical Behavioral, Dyadic developmental Psychotherapy. (10:46 - 11:15 am)

Mrs. Anjani Devi.N, Asst. Professor, Narayana College of Nursing, delivered talk on Compassion focused psychotherapy, Dialectical behavior therapy (DBT) and Dyadic psychotherapy. In Compassion focused psychotherapy, she narrated on giving compassion to others including oneself by using balanced awareness, common humanity and self-kindness. In Dialectical behavior therapy, she explained about fundamentals, goals, components, skill training modules like core mindfulness (focusing skills), distress tolerance (crisis survival skills) emotion regulation (de-escalation skills) and interpersonal effectiveness ('people skills'). In Dyadic psychotherapy, she described about principles like attachment, developmental trauma, inter subjectivity and changing attitude by using technique P.L.A.C.E. (Playful, Loving, Accepting, Curious and Empathic way).

Emotion Focused, Eye Movement Desensitization and Reprocessing therapy (11:16 – 11:50 am)

Mrs. S. Suchitra, Assistant Professor, Narayana College of Nursing, spoke on Emotion Focused psychotherapy and Eye Movement Desensitization and Reprocessing (EMDR) Emotion Focused psychotherapy. In Emotion Focused psychotherapy, she mainly discussed on how EFT therapists help patients approach, accept and tolerate emotions rather than avoid them by using Greenberg six principles of emotion processing and steps, in EMDR, she focused on how to alleviate the distress associated with traumatic memories in 4 different phases includes, client history and treatment planning, preparation, assessment and desensitization.

Students participated actively in quiz on innovations in individual psychotherapy conducted by Mrs. Anjani devi, Assistant Professor, Narayana College of Nursing and winners were, Ms. Aswini, Ms. Elsa, Ms. Deepthi III B.Sc (N).

SESSION II (11.50 AM-1.00PM) BEHAVIOURAL THERAPY

Holotropic breath work therapy (11:50-12:00 pm)

Mrs. T.Chandana, 1st year M.Sc. (N), Narayana College of Nursing, she explained the process of Holotropic breath work and demonstrated the techniques.

Mindfulness based cognitive therapy, Core Process Psychotherapy (12:01 PM - 12:45 PM)

Mrs. P. M. Smitha, Professor, Narayana College of Nursing, narrated on Mindfulness based cognitive therapy and core process psychotherapy. Stimulated the students with the techniques like Breathing meditations, Sitting meditations, Body scan meditations – (get comfortable, take a few deep breaths, bring awareness to feet, breathe into the tension, scan

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entire body), Walking meditations, Yoga, Sitting with thoughts, Sitting with sounds and Mindfulness stretching. Videos were played related to mindfulness.

Mindfulness based Stress reduction psychotherapy (12:45 PM- 01:00 PM)

Ms. R.Mounika, 1st year M.Sc. (N), Narayana College of Nursing, explained about the mind and body awareness to reduce the physiological effects of stress, pain or illness and experiential exploration of experiences of stress and distress to develop less emotional reactivity in Mindfulness based Stress reduction psychotherapy.

01:00 - 02:00pm LUNCH BREAK

Motivational Enhancement Therapy and Relapse Prevention Therapy (2 PM-3 PM)

Mrs. B. Kalavathi, Assistant Professor, SreeNarayana Nursing Collegerecited on stages of motivation, indications, 3 phases and different strategies that helps to motivate for behavioral changes by Motivational Enhancement Therapy (MET). She also presented on relapse prevention therapy focusing on identification of three stages of relapse, situations that lead to relapse, triggers, Importance of Relapse Prevention in addictiongeneral principles & procedures of relapse prevention.

Stress Inoculation Therapy (3PM- 3.15 PM)

Ms. M. Jyothi, 2nd year M.Sc.(N), Narayana College of Nursing, described ontrain self to cope with stressful situations by learning more useful and positive behavior patterns, reducing distress and improving ability to cope with stress in different phases like conceptualization phase, skills Phase and application phase in Stress inoculation therapy. Videos were played related to stress inoculation.

Cognitive Behavior Therapy (03:16 PM- 03:45 PM)

Ms.Deepa, Asstprofessor, Narayana College of Nursing, discussed onCognitive Behavior Therapy (CBT)definition of, application of principles and procedures, historical perspectives, overt and covert behaviour, CBT techniques based on classical conditioning techniques like flooding, systematic desensitization, aversion therapy and operant conditioning techniqueslike token economies, contingency management, modelling, extinction.Basic concepts of cognition, cognitive vulnerability, cognitive distortions, cognitive models like cognitive model of depression, anxiety disorders, anger, distressed couple relationships and therapeutic goals also was discussed with examplescore process psychotherapy.

Logo Therapy, Gestalt therapy and Schema therapy (3.46 PM -5 PM)

Dr. Rajeswari. H, Professor& HOD, Department of Mental health nursing, vice principal, Narayana College of Nursing, enlightened on Logo therapy, Gestalt therapy and Schema therapy. In schema therapy Core needs of the child, types of negative experiences, types of schemas, coping styles schemas create, schema modes, goals of schema therapy and techniques of schema therapy. Meaning and techniques of logo therapy like dereflection, paradoxal intention and socratique dialogue are described. Techniques of gestalt therapy like words and language, empty chair, role play, body language, exaggeration, locating emotioncreative artswere exercised.

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Dr. Rajeswari H, Professor&HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing,rewinded the whole day programme.

DAY 2:

Day 1 topics were recalled by Dr. Rajeswari H. Professor&HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing,between 8.00 AM-8.05

SESSION:IIICOUUPLE THERAPY:

Collaborative couple therapy, Developmental model of couple therapy, Gottman method of couple therapy (8.05 – 8.30 am)

Mrs. B. Kalavathi, Assistant Professor, SreeNarayana Nursing College, spoke on 3 new therapies of Couple therapy. She explained how these couple therapies helps two people involved in a romantic relationship, gain insight into their relationship, resolve conflict and improve relationship satisfaction utilizing a variety of therapeutic interventions of Collaborative couple therapy and Gottman method of couple therapy. In Developmental model of couple therapy, she focuses on the growth and development of each partner individually in addition to the growth and development of the couple as a unit.

Imago Relation Couple Therapy, Relational Life Therapy, Relationship Enhancement Therapy. (8.31 AM -10.00 AM)

Dr. Rajeswari. H, Professor&HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, narrated on Imago relation couple therapy, Relational life therapy, Relationship enhancement therapy.In Imago relation couple therapy, she explained basic tenets and phases of the intentional dialogue process like mirroring, validation and empathy to examining the conflict itself, a couple can arrive at a satisfying solution, heal, and then grow together. Aims, process of Relational life therapy, three core skills, sessions, benefitsof Relationship enhancement therapy,limitations of Relationship enhancement therapy.

10:00 - 10:15am Tea Break

SESSION: IVFAMILY THERAPY (10.15-11.25 AM)

Family attachment, Family System, Filial therapy (10:15 - 10:50 AM)

Mrs. T.Lalitha Kumari, Assistant Professor, Sree Narayana Nursing College,discussed aboutassessment, goals, theory, research, understand the relevance of attachment theory to child protectionand interventions of the Family attachment, Family System, Filial therapy and Family system therapy,

Parent child interaction therapy (10:51 - 11:05 AM)

Ms. M. Jyothi, 2nd year M.Sc.(N), Narayana College of Nursing, presented on purposes, preparation, techniques like structural family therapy, milan therapy, strategic therapy of Parent child interaction therapy.

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Satire Transformation system therapy (11:06 - 11:25 AM)

Ms. K. Deepa, Assistant Professor, Narayana College of Nursing discussed on areas, process and 4 levels of training of Satire transformation system therapy (STST).

SESSION: V SHORT TERM PSYCHOTHERAPY

Coherence therapy, Intensive Short -Term dynamic psychotherapy, Interpersonal Psychotherapy and Solution Focused Brief therapy (11:26 AM- 12:25 PM)

Mrs. P.M. Smitha, Professor, Narayana College of Nursing, explained on advanced therapies on short term psychotherapies. steps of therapy process issues treated with Coherence therapy, goal and specific therapeutic interventions of Intensive short -term dynamic psychotherapy and techniques of Interpersonal psychotherapy and Solution focused brief therapy.

Trauma Focused Cognitive Behavioral Therapy (12:26 - 01:00PM)

Ms. R. Mounika 1st year M.Sc (N), Narayana College of Nursing discussed on common trauma related thoughts and feelings, components and sessions of Trauma focused cognitive behavioral therapy.

01:00 - 02:00 PM Lunch Break

SESSION- VI: LONG TERM PSYCHOTHERAPY

Affirmative therapy, Gender Awareness therapy, Feminist therapy (02:00 - 02:30PM)

Mrs.S. Suchitra, Assistant Professor., Narayana College of Nursing generated on terminologies, guidelines and tips for therapists, Principles, approaches, techniques and strategies of Gender awareness therapy and Feminist therapy also explained.

Multicultural therapy (02:31 - 02:45PM)

Mrs. T.Chandana, 1st year M.Sc. (N), Narayana College of Nursing presented on Multicultural therapy, mainly stressed on understanding different cultures and different dimensions of culturally competent counsellor.

Divorce counseling, Grief counseling and Sex therapy (02:46PM - 03:15PM)

Mrs.Anjani Devi.N, Assistant Professor, Narayana College of Nursing, discussed on pre divorce counseling, divorce counseling, post divorce counseling, and grief counseling.

Addiction counseling (03:16 - 03:30 PM)

Ms. Syamala. 2nd year M.Sc. (N), Narayana College of Nursing, presented purposes, aims, objectives, indications, process, advantages and disadvantages of Addiction counseling.

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VALEDICTORY (4.00PM-5.00PM)

The programme started at 4.00 PM with the prayer song by Ms. Denma, Ms. Alpha, Ms. Annmary, III Year B.Sc (N) students, and welcome song by Ms. Anjali Mohanan, Ms. Abiyamol, Ms. Rosemariya III Year B.Sc(N) students. Welcome address was proposed by Mrs. T. Lalithakumari, Assistant Professor, Sree Narayana Nursing College.

Dr. Indira S, Principal, Narayana College of Nursing, Dr. Rajeswari, HOD, Department of Mental Health Nursing, Vice Principal, Narayana College of Nursing, Mrs. Jaynathi Principal, Narayana College of Nursing, Mrs. Vanaja Kumari, HOD, Department of Nursing education, Mrs. A. Latha, HOD, Department of Medical and Surgical Nursing, Mrs. Viji, HOD, Department of Obstetrical and Gynecological Nursing, Ms. Ramya, HOD, Department of Child Health Nursing, Mrs. K. Kantha, HOD, Department of Nursing Research, and Ms. Elizabeth, HOD, Department of Fundamentals of Nursing, Mrs. Subhashini HOD, Department of Nursing Management, lightened the lamp.

Report of enrichment programme presented by Dr. Rajeswari, H, Professor & HOD, Narayana College of Nursing. Participants gave the feedback on Value added course. Prizes distributed to winners. Certificates were distributed to all the participants. Finally, the vote of thanks was delivered by Mrs. Smitha P.M, Professor, Narayana College of Nursing and the programme ended with National Anthem.

ANALYSIS:

Table 1: Frequency and Percentage distribution of Grades on Innovation in psychotherapy among participants (N=138)

GRADE	PRE TEST		POST TEST	
	F	%	F	%
A+	-	-	57	41
A	-	-	72	52
B+	3	2	9	7
B	-	-	-	-
C	16	12	-	-
D	119	86	-	-
TOTAL	138	100	138	100

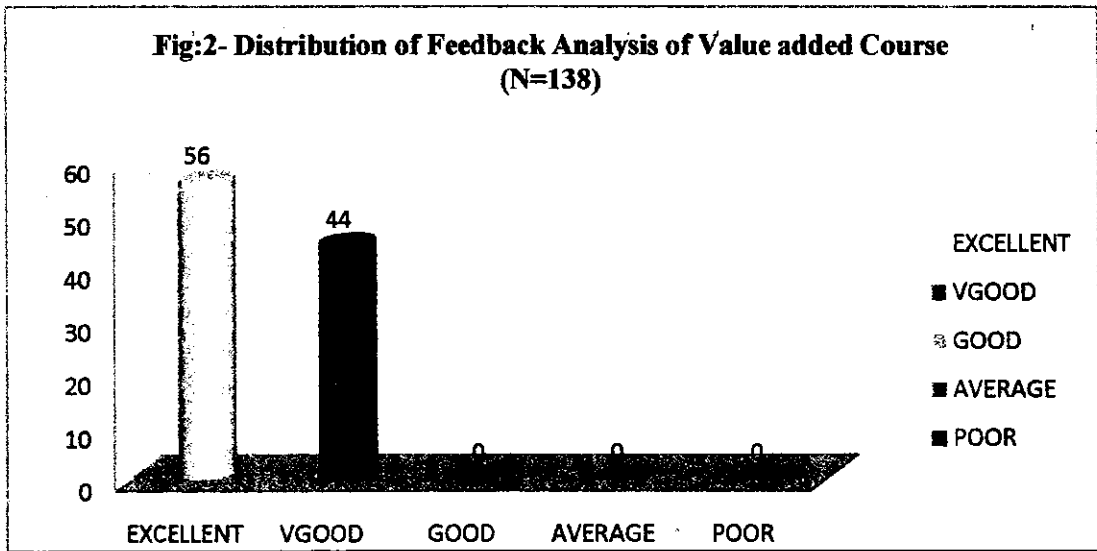
In relation to the grades on Innovation in psychotherapy among participants, the pretest results shows that 3 (2%) scored "B+" grade, 16 (12%) participants scored "C" grade, 119(86%) scored "D" grade and no participants scored A+, B and A while in the post test, the knowledge level improved as 57 (41%) participants scored "A+" grade, 72 (52%) scored "A" grade, and 9(7%) of participants scored "B+" grade, and there were no participants in B, C and D grades. The results indicate that participants level of knowledge on innovation in psychotherapy has increased and participants have benefited from the enrichment programme.

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**Fig:2- Distribution of Feedback Analysis of Value added Course
(N=138)**



Feedback about the programme was taken from participants where 77 (56%) felt that programme is excellent, and 61 (44 %) expressed that programme is very good.



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Signature of the HOD

HOD
Dept. of Mental Health Nursing/Psychiatric
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Principal

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Fig:1 Distribution of grades on Innovation in psychotherapy among participants (N=138)

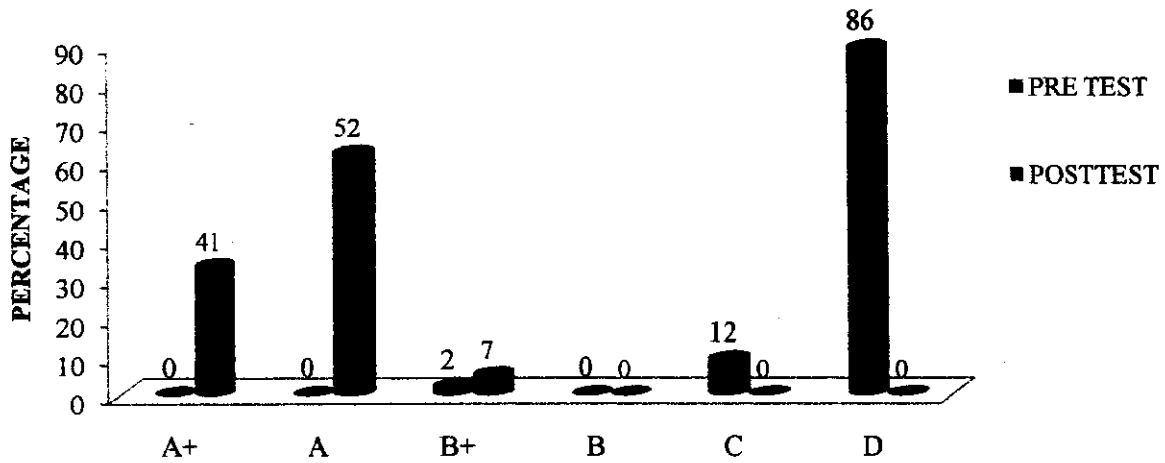


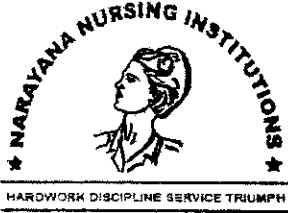
Table :2 Frequency and percentage distribution of Feedback grades on Innovation in psychotherapy among participants (N=138)

Feed back		
Poor	Frequency(f)	Percentage (%)
	0	0
Average	0	0
Good	0	0
Very Good	61	44
Excellent	77	56

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A. J. Reddy
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DEPARTMENT OF MENTAL HEALTH NURSING VALUE ADDED COURSE ON "INNOVATIONS IN PSYCHOTHERAPIES" FEEDBACK FORM

S.NO	CONTENT	5	4	3	2	1
1.	Objectives are well defined		✓			
2.	Organization of program	✓				
3.	Session of the resource persons a) Presentation b) Time management	✓				
4.	The content is communicated effectively and clearly by speaker	✓				
5.	Voice audibility		✓			
6.	The audio-visual aids were effective and creative		✓			
7.	Group interaction and involvement	✓				
8.	Learning resource materials are adequate	✓				
9.	Overall knowledge about the topic		✓			
10.	Overall opinion on Program		✓			

5-Excellent 4-Very good 3-Good 2-Average 1-Poor

Suggestions if any -----

Kavitha
Name of the Participant

[Signature]
Signature of the Participant



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**VALUE ADDED COURSE
PAIN MANAGEMENT IN LABOR (VAC-MHN4)
DATE:18.10.2019 TO 19.10.2019
REPORT**

Course Dates: October 18-19, 2019

Participants: 17 (I Post Basic B.Sc. Nursing)

Resource Person: Dr. Vasundhra R., Principal, Rich College of Nursing

Course Coordinator: Ms. Anjanidevi N.

Narayana College of Nursing successfully conducted a “Value-Added Course on Pain Management in Labor” on October 18-19, 2019, for 17 I Post Basic B.Sc. Nursing students. The course was led by Dr. Vasundhra R., Principal of Rich College of Nursing, and coordinated by Ms. Anjanidevi N.. The program aimed to equip participants with essential strategies for effectively managing pain during labor, a critical aspect of maternal care.

Key topics covered included **pharmacological and non-pharmacological techniques**, emphasizing the nurse's role in providing **patient-centered care**. Participants engaged in interactive sessions that fostered discussions and practical demonstrations, significantly enhancing their understanding of pain management techniques. This hands-on approach allowed students to apply theoretical knowledge in real-world scenarios, thereby boosting their confidence in clinical practice.

The effectiveness of the course was evident in the **pre and post-test results**, which showed a remarkable improvement in knowledge. The percentage of students achieving an “A” grade rose from **11.8% to 58.8%**, demonstrating the course's impact on learning outcomes. Additionally, feedback from participants was overwhelmingly positive, with **58.8%** rating the course as “Excellent.”

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Overall, the “Value-Added Course on Pain Management in Labor” proved to be a valuable educational experience, equipping students with crucial skills for effective pain management in labor situations. The collaborative efforts of the resource person and the course coordinator contributed to a successful program, laying a strong foundation for future learning in maternal healthcare.

ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Pain Management in Labor** among participants (N=17)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	2	11.8	10	58.8
B	5	29.4	4	23.5
C	8	47.1	3	17.7
Fail	2	11.8	0	0
TOTAL	17	100	17	100

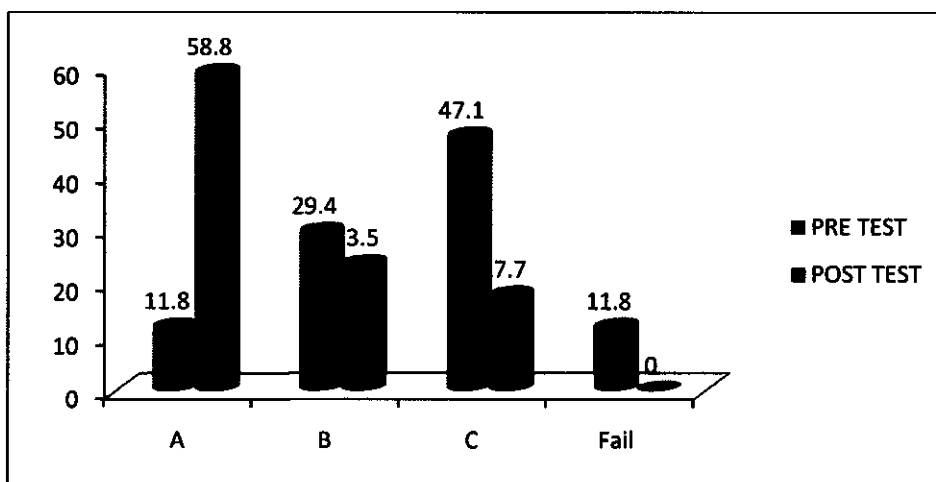


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS

Table 2: Frequency and percentage distribution of feedback analysis among participants (N=17)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	10	58.8
VERYGOOD	4	23.5
GOOD	2	11.8
AVERAGE	1	5.9
POOR	0	0
TOTAL	17	100

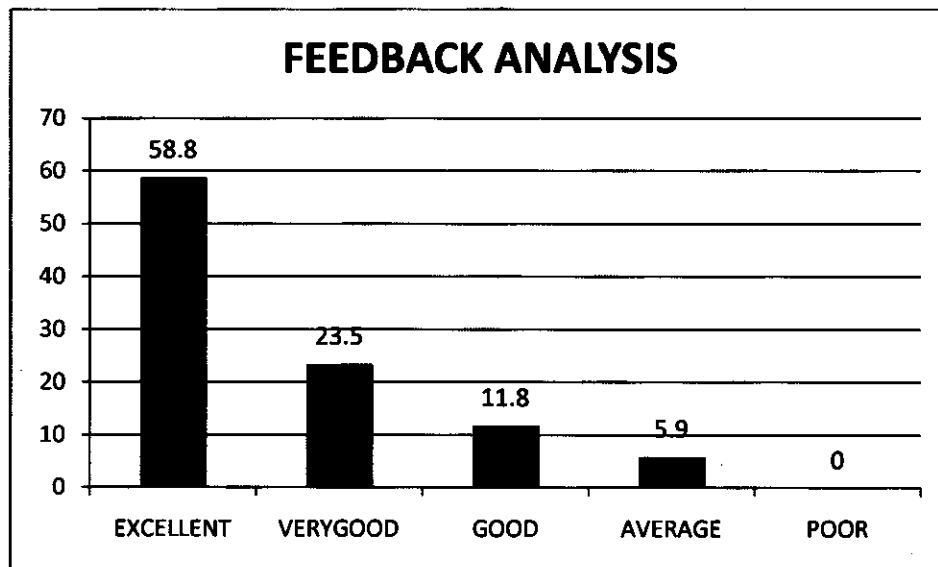


Fig No 3: Percentage distribution of feedback analysis among students

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"Lamp lighting ceremony on the eve of the value-added course in pain management in labor on October 19, 2019."

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Dr. R. Anurag
Principal
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VALUE ADDED COURSE

PAIN MANAGEMENT IN LABOR

FEEDBACK FORM

Date: 19.10.2019

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement			✓		
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Excellent

Akhira.S
Name of the Participant

Akhira
Signature of the Participant

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Dr. B. Chitra
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VALUE ADDED COURSE Etiquette in Nursing (VAC-MSN4) DATE:02.10.2019 TO 03.10.2019 REPORT

Participants: 60 (II B.Sc. Nursing)
Resource Person: Dr. S. Hemlatha, Assistant Professor, SVIMS College of Nursing
Course Coordinator: Mrs. Kanakalakshmi R.

Narayana College of Nursing successfully conducted a “Value-Added Course on Etiquette in Nursing” over two days, aimed at equipping nursing students with the essential principles and practices of **professional conduct** within the healthcare environment. The course was designed to enhance students' understanding of the **importance of etiquette** in providing compassionate and effective patient care.

Led by **Dr. S. Hemlatha**, the course covered various critical topics, including: Fundamentals of professional etiquette, Communication skills, Cultural competence and Significance of interpersonal relationships in nursing practice. Engaging discussions and interactive activities were integral parts of the course, allowing participants to explore **real-world scenarios** and practice appropriate responses.

Students actively participated in **role-playing exercises** and group discussions, which facilitated a deeper understanding of how etiquette impacts patient interactions and team dynamics. The **collaborative environment** encouraged students to share their experiences and learn from one another, enriching the overall learning experience.

The course received **positive feedback** from participants, who expressed appreciation for the valuable insights gained regarding professional behavior in nursing. **Certificates of completion** were awarded to all attendees, marking a successful educational endeavor. The course coordinator, **Mrs. Kanakalakshmi R.**, ensured the smooth execution of the program, and participant feedback will be reviewed to enhance future offerings.

Dr. B. S. Hemlatha
Principal

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ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Etiquette in Nursing** among participants (N=60)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	8	13.3	30	50
B	15	25	20	33.3
C	25	41.7	10	16.7
Fail	12	20	0	0
TOTAL	60	100	60	100

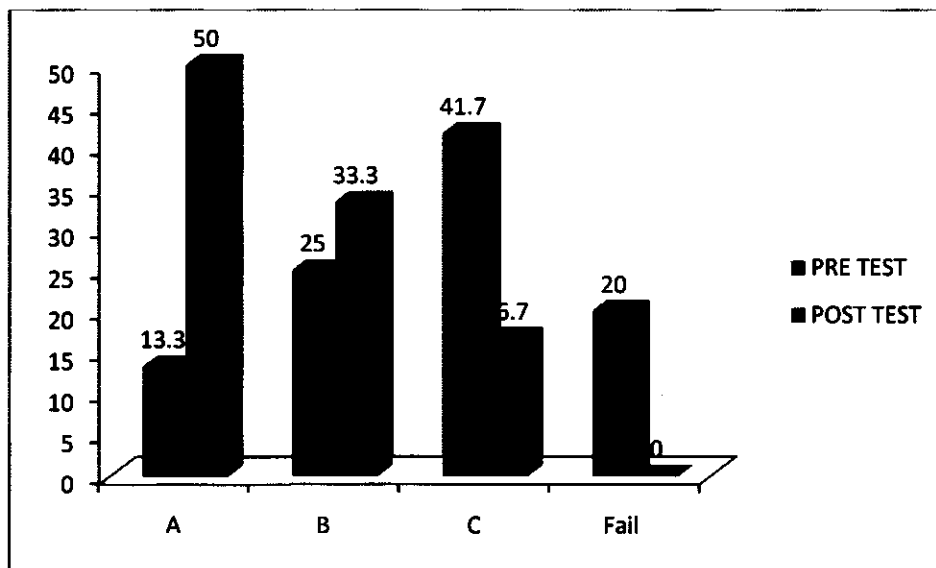


Fig No: 2. Percentage distribution of level of knowledge among participants

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FEEDBACK ANALYSIS:

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=60)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	30	50
VERYGOOD	20	33.3
GOOD	8	13.3
AVERAGE	2	3.4
POOR	0	0
TOTAL	60	100

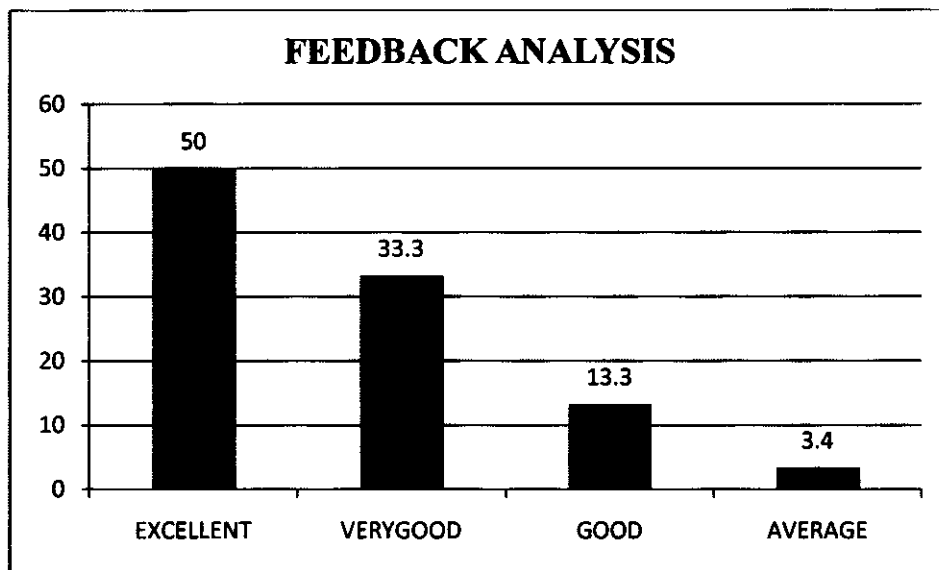


Fig No 3: Percentage distribution of feedback analysis among students

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VALUE ADDED COURSE

ETIQUETTE IN NURSING

FEEDBACK FORM

Date: 03.10.2019

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker		✓			
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative		✓			
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

Cranga S
Name of the Participant


Signature of the Participant

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VALUE ADDED COURSE DRUG ADMINISTRATION (VAC-CHN3) DATE: 06.09.2019 TO 7.09.2019 REPORT

Course Dates: September 6-7, 2019

Participants: 50 (I B.Sc. Nursing)

Resource Person: Mr. V. Bhopal Chandra, Associate Professor, NMCH


Course Coordinator: Ms. Jyothi Samhitha, Assistant Professor

Narayana College of Nursing successfully conducted a “**Value-Added Course on Drug Administration**” over two days, aimed at providing students with essential knowledge and skills related to safe and effective drug administration practices. The course was designed to equip participants with a comprehensive understanding of pharmacology and the nursing responsibilities involved in administering medications.

Led by Mr. V. **Bhopal Chandra**, the sessions covered critical topics, including the principles of pharmacology, dosage calculations, routes of administration, and the importance of patient safety during drug administration. Interactive discussions and practical demonstrations were integral parts of the course, enabling students to apply theoretical knowledge to real-world scenarios.

Participants engaged in hands-on exercises, enhancing their competence in medication administration and reinforcing the significance of adhering to safety protocols. The course fostered an interactive learning environment where students were encouraged to ask questions and share experiences.

Overall, the course was well-received, with participants expressing appreciation for the informative content and practical skills gained. Certificates of completion were awarded to all attendees, marking a successful educational experience. The course coordinator, **Ms. Jyothi Samhitha**, ensured smooth execution of the program, and feedback from participants will be analyzed to enhance future courses.


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ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on Drug Administration among participants (N=50)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	8	16	22	44
B	20	40	18	36
C	15	30	10	30
Fail	7	14	0	0
TOTAL	50	100	50	100

Table 2: Frequency and percentage distribution of feedback analysis among participants (N=50)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	25	50
VERYGOOD	15	30
GOOD	8	16
AVERAGE	2	4
POOR	0	0
TOTAL	50	100

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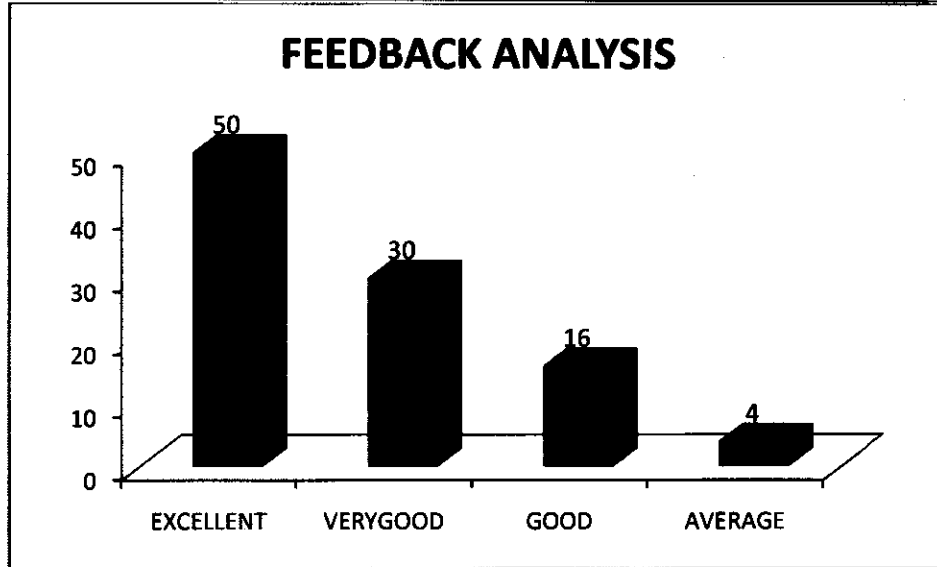
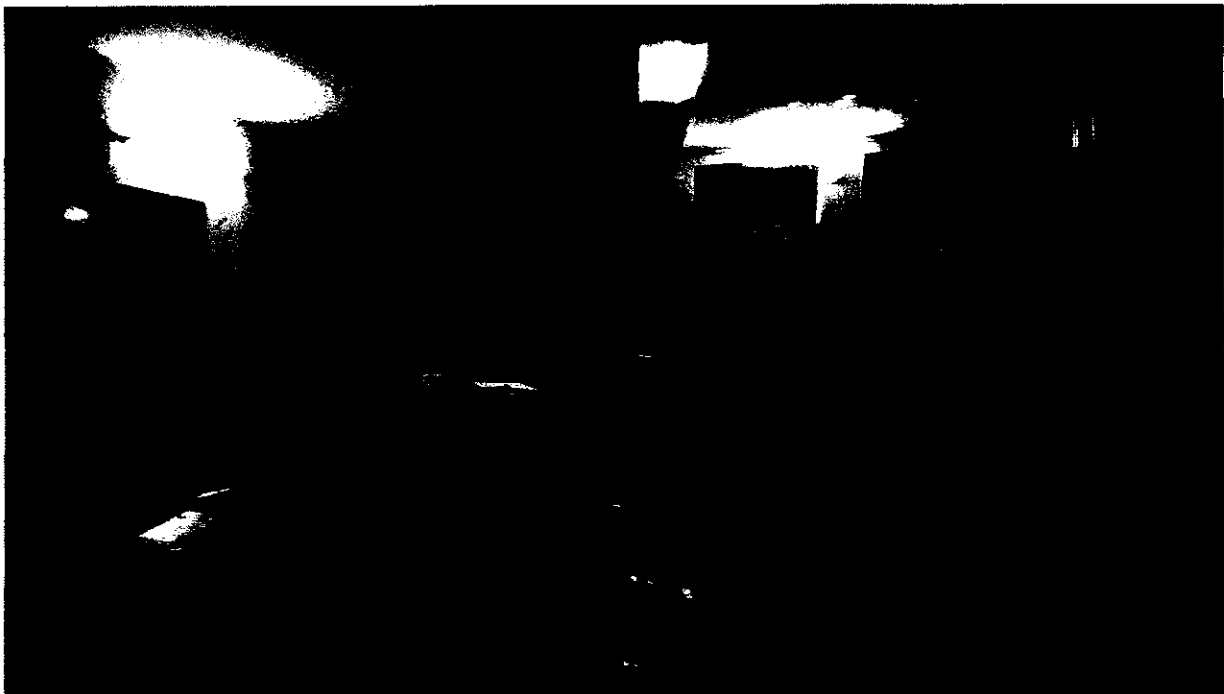


Fig No 3: Percentage distribution of feedback analysis among students



Mr. Bhopal Chandra presented topic in drug administration 07.09.2019

A. Indira

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VALUE ADDED COURSE

“DRUG ADMINISTRATION

FEEDBACK FORM

Date: 07.09.2019

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker			✓		
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Good

Josna Jose
Name of the Participant

Josna
Signature of the Participant

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VALUE ADDED COURSE

SELF AWARENESS AND WELLNESS PRACTICES (VAC-OBG4)

DATE: 26.08.2019 TO 27.08.2019

REPORT

Course Dates: August 26-27, 2019

Participants: 50 (I B.Sc. Nursing)

Resource Person: Mr. Deepak Suwalka M. Sc. Nursing (Mental Health Nursing) Rama College of Nursing

Course Coordinator: Ms. S. Elizabeth Jasmine

Narayana College of Nursing successfully conducted a “Value-Added Course on **Self-Awareness and Wellness Practices**” over two days, aimed at enhancing students' understanding of personal well-being and self-care strategies. The course was designed to equip participants with the knowledge and skills necessary to foster self-awareness and implement wellness practices in their lives and future nursing careers. Led by **Mr. Deepak Suwalka**, the sessions emphasized the significance of self-awareness in promoting emotional and mental health. Key topics included recognizing personal strengths and weaknesses, techniques for stress management, and strategies for maintaining overall wellness in a healthcare setting.

Participants engaged in interactive discussions and practical exercises, which facilitated a deeper understanding of the concepts presented. The course encouraged students to reflect on their personal wellness practices and share experiences relevant to their professional development. Overall, the course was well-received, with participants expressing appreciation for the valuable insights and practical skills acquired. Certificates of completion were awarded to all attendees, marking a successful educational experience. The course coordinator, Ms. S. Elizabeth Jasmine, ensured the smooth execution of the program, and feedback from participants will be analyzed to enhance future offerings.

ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on **Self-Awareness and Wellness Practices** among participants (N=50)

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GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	5	10	18	36
B	15	30	22	44
C	20	40	8	16
Fail	10	20	2	4
TOTAL	50	100	50	100

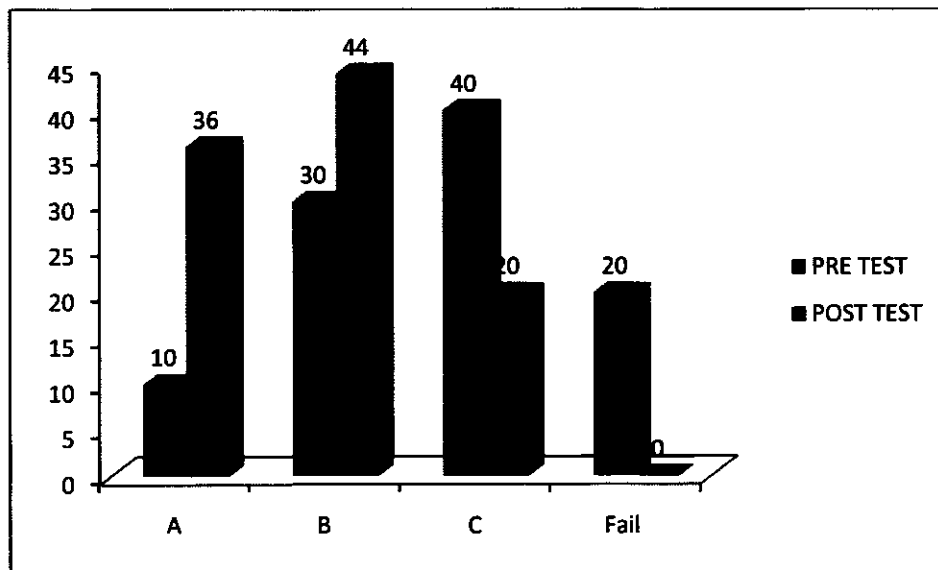


Fig No: 2. Percentage distribution of level of knowledge among participants

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Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=50)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	20	40
VERYGOOD	15	30
GOOD	10	20
AVERAGE	5	10
POOR	0	0
TOTAL	50	100

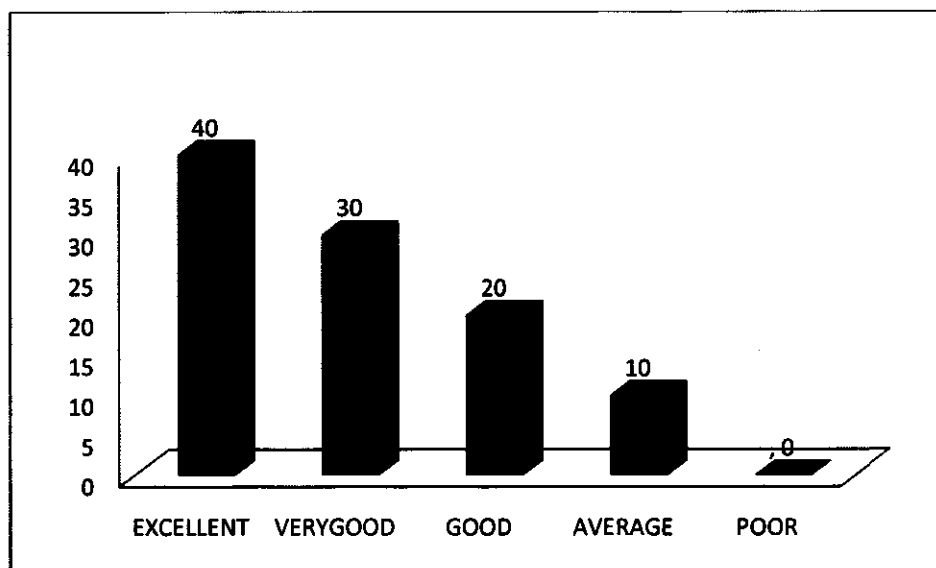


Fig No 3: Percentage distribution of feedback analysis among students

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VALUE ADDED COURSE "SELF AWARENESS AND WELLNESS PRACTICES" FEEDBACK FORM

Date: 27.08.2019

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility		✓			
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement			✓		
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

Very good

Blessy Benny
Name of the Participant

Blessy
Signature of the Participant

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VALUE ADDED COURSE EMOTIONAL AWARENESS (VAC-COHN4) DATE :12.07.2019 TO 13.07.2019 REPORT

Narayana College of Nursing conducted a value-added course on “Emotional Awareness” from July 12 to 13, 2019, aimed at enhancing the understanding of emotional intelligence among II B.Sc. Nursing students. Led by **Dr. L. Kullai Reddy, Professor** in the Department of Psychology at SV University, and coordinated by Mrs. J. Anusha, the course focused on the significance of emotional intelligence in healthcare, recognizing and managing emotions, and strategies for promoting emotional well-being. Participants engaged in interactive discussions and practical exercises that fostered their ability to apply these concepts in clinical settings. The course was attended by 34 students, all of whom received certificates upon completion, highlighting the successful integration of emotional awareness into their nursing education. Overall, the feedback was positive, reflecting the course's relevance to their future practice in nursing.

ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on “Emotional Awareness” among participants (N=34)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	4	11.8	12	35.3
B	10	29.4	14	41.2
C	15	44.1	6	17.6
Fail	5	14.7	2	5.9
TOTAL	34	100	34	100

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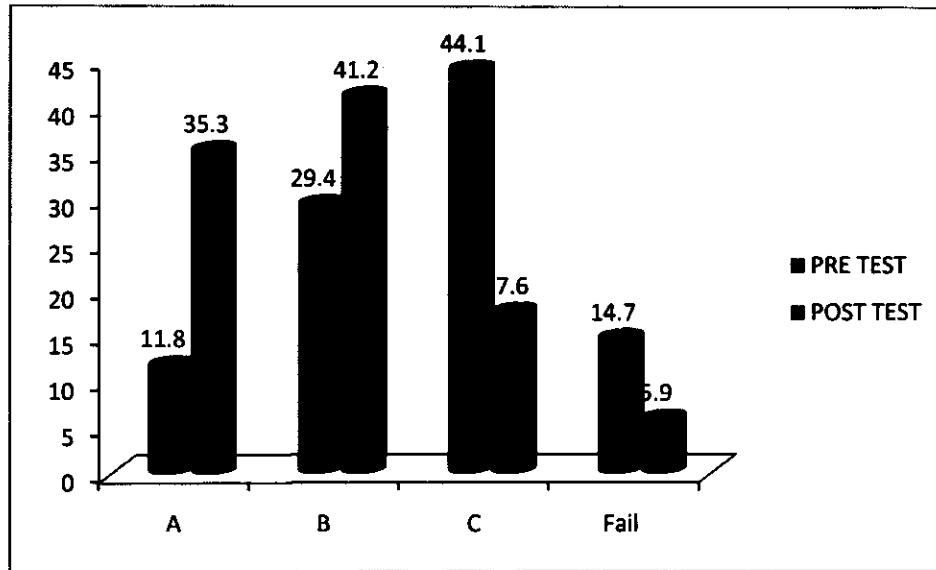


Fig No: 2. Percentage distribution of level of knowledge among participants

Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=34)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	15	44.1
VERYGOOD	10	29.4
GOOD	6	17.6
AVERAGE	2	5.9
POOR	1	2.9
TOTAL	34	100

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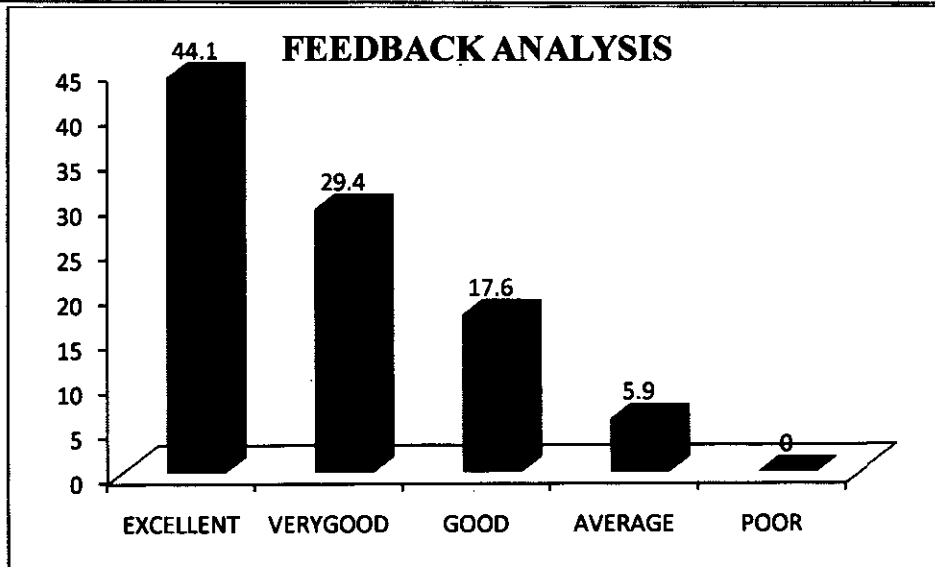


Fig No 3: Percentage distribution of feedback analysis among students



Dr. L. Kullai Reddy presented topic on Emotional Awareness” on 13.07.2019

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VALUE ADDED COURSE

“EMOTIONAL AWARENESS”

FEEDBACK FORM

Date: 13.07.2019


S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined		✓			
2	Organization of program		✓			
3	Session of the resource persons A) Presentation B) Time management	✓				
4	The content is communicated effectively and clearly by speaker			✓		
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement		✓			
8	Learning resource materials are adequate	✓				
9	Overall knowledge about the topic	✓				
10	Overall opinion on program		✓			

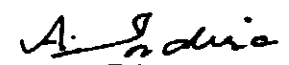
5- Excellent 4- Very Good 3- Good 2- Average 1-Poor


Suggestions if any

Excellent

Aleena Saby
Name of the Participant


Signature of the Participant


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VALUE ADDED COURSE

TRAUMA-INFORMED CARE (VAC-MSN3)

DATE: 14.06.2019 TO 15.06.2019

REPORT

Course Dates: June 14, 2019, to June 15, 2019

Participants: 12 (II M.Sc. Nursing: 8, II Post Basic B.Sc. Nursing: 2, III B.Sc. Nursing: 2)

Resource Person: Mr. Sathesh S, Emergency Medical Technician, NMCH

Course Coordinator: R.Kanaka lakshmi, Assistant professor

Narayana College of Nursing successfully conducted a “Value-Added Course on **Trauma-Informed Care**” over two days, focusing on the essential principles and practices that support individuals who have experienced trauma. The course aimed to equip students with the knowledge and skills necessary for providing compassionate and effective care. The sessions led by Mr. Sathesh S emphasized the significance of understanding trauma's impact on individuals and highlighted the importance of creating a supportive environment. Key topics included recognizing signs of trauma, effective communication strategies, and best practices for implementing trauma-informed care in various healthcare settings.

Participants engaged in interactive discussions and practical exercises, enhancing their understanding and application of trauma-informed care principles. The course fostered a collaborative atmosphere, encouraging students to share experiences and insights relevant to their fields. Overall, the course was well-received, and the participants expressed appreciation for the valuable information and practical skills gained. Certificates of completion were awarded to all attendees, marking a successful educational experience. The course coordinator, N. Subhashini, ensured the smooth execution of the program, and feedback from participants will be reviewed to enhance future courses.

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ANALYSIS:

Table 1: Frequency and percentage distribution of level of knowledge on Trauma-Informed Care among participants (N=12)

GRADE	PRE TEST		POST TEST	
	Frequency (F)	Percentage (%)	Frequency (F)	Percentage (%)
A	1	8.3	4	33.3
B	2	16.7	5	41.7
C	4	33.3	3	25
Fail	5	41.7	0	0
TOTAL	12	100	12	100

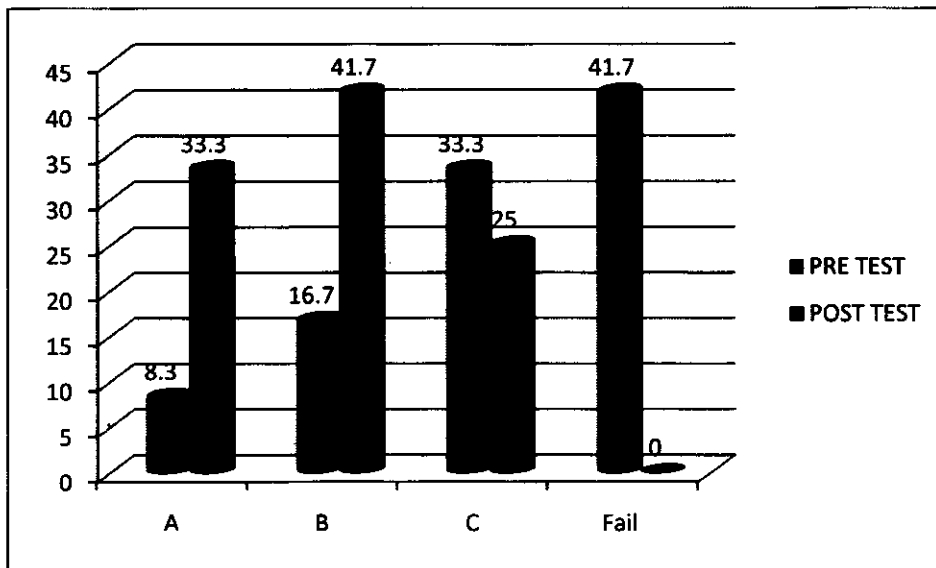


Fig No: 2. Percentage distribution of level of knowledge among participants

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Table: 2: Frequency and percentage distribution of feedback analysis among participants (N=12)

FEEDBACK ANALYSIS	PARTICIPANTS	
	FREQUENCY	PERCENTAGE
EXCELLENT	5	41.7
VERYGOOD	4	33.3
GOOD	2	16.7
AVERAGE	1	8.3
POOR	0	0
TOTAL	12	100

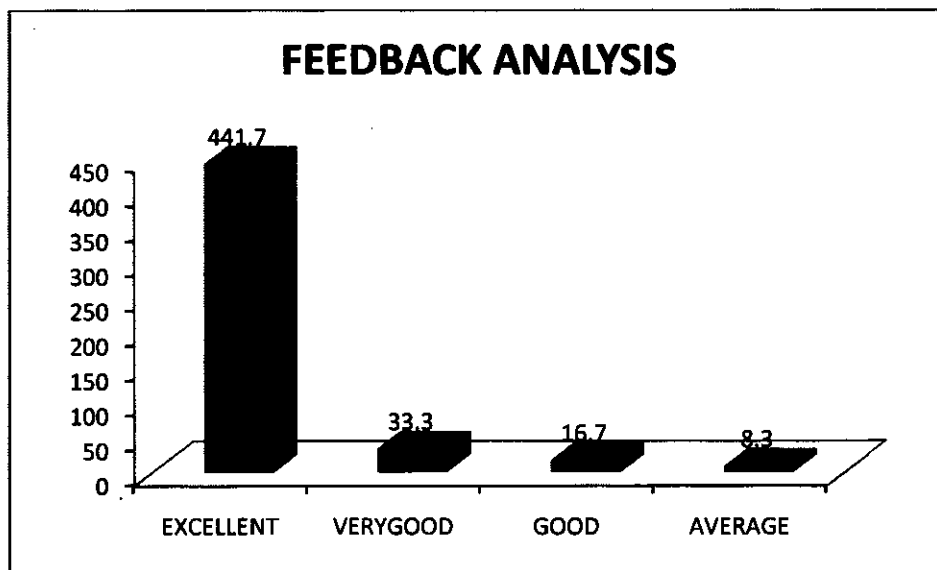


Fig No 3: Percentage distribution of feedback analysis among students

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VALUE ADDED COURSE TRAUMA-INFORMED CARE FEEDBACK FORM

Date: 15.06.2019

S.NO	CONTENT	5	4	3	2	1
1	Objectives are well defined	✓				
2	Organization of program	✓				
3	Session of the resource persons A) Presentation B) Time management		✓			
4	The content is communicated effectively and clearly by speaker	✓				
5	Voice audibility	✓				
6	The audio-visual aids were effective and creative	✓				
7	Group interaction and involvement	✓				
8	Learning resource materials are adequate		✓			
9	Overall knowledge about the topic		✓			
10	Overall opinion on program	✓				

5- Excellent 4- Very Good 3- Good 2- Average 1-Poor

Suggestions if any

D. Pravalika
Name of the Participant

D. Pravalika
Signature of the Participant

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